



University of Malta
Faculty of Theology

Masters of Arts in Spirituality

Masters of Arts in Spiritual Companionship



Courses opening academic year 2016-17

Master of Arts in Spirituality

Overview Description

Qualification:	second cycle (level 7)
Duration:	6 semesters of lectures and part research, last 2 semesters (third year) exclusively dedicated to dissertation.
Mode of Attendance:	part-time evening

Overview: In today's society there is a growing interest for a deeper understanding of spirituality. In trying to respond to the needs of such individuals, the Faculty of Theology is offering a course that helps students to acquire a holistic perception of life and of the human person, and to value the contribution of spirituality to the individual and human society.

In the second year of study, students will be able to choose whether to pursue their interests in General Spirituality (Stream A) or Carmelite Spirituality (Stream B).

The course intends to offer students: a) a solid grounding in the theology and tradition of Christian spirituality; b) the skills needed to become animators of other persons and communities in their process of Christian development; c) the ability to discern the signs of the times.

Target Audience: This course is being offered to any person holding an undergraduate degree who is: a) involved in formation within different religious Order and Christian communities; b) committed in ministry and catechesis; or c) intending to pursue ongoing personal formation.

Programme of Studies

First Year: Core Areas of Study

- Introduction to Spirituality
- Systematics of Spirituality
- Dynamics of Human Growth
- Biblical Spirituality
- Christian Spirituality Through the Ages

Second Year: Stream A (General Spirituality)

- Major Schools of Christian Spirituality
- Spirituality of the Christian States of Life
- Spirituality & Life Stages
- Gender Spirituality
- World Spiritualities
- Spirituality & Social Commitment

Second Year: Stream B (Carmelite Spirituality)

- Foundations of Carmelite Spirituality
- The Development of the Carmelite Spiritual Tradition
- St John of the Cross
- St Teresa of Jesus
- Major Themes in Carmelite Spirituality
- Mystical Texts

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Duration:	6 semesters of lectures and part research, last 2 semesters (third year) exclusively dedicated to dissertation.
Mode of Attendance:	part-time evening

Overview: In response to the growing need for spiritual guidance and companionship, the Faculty of Theology is offering a programme of studies to committed members of the Christian community to empower those interested in discovering and practising the art and profession of Spiritual Companionship.

This course also intends to respond to the need of ongoing formation of School Religious Counsellors.

The content and structure of this programme of studies satisfy the requirements established by Modes of Regulation on Catholic Religious Instruction and Education in State Schools (16 November 1989).

Target Audience: This course is addressed to any person holding an undergraduate degree who, after an aptitude assessment, demonstrates the background and attitudes necessary for the profession.

Programme of Studies

First Year

- Introduction to Spirituality
- Systematics of Spirituality
- Dynamics of Human Growth
- Biblical Spirituality
- Christian Spirituality Through the Ages

Second Year

- Practicum in Spiritual Companionship
- Child & Adolescent Spirituality
- Foundations of Spiritual Companionship
- Pastoral Care in Schools
- Helping Skills in Spiritual Companionship
- Supervision in Spiritual Companionship
- Ethical Issues of Spiritual Companionship

Requirements for Admission

- (1) The Course shall be open to applicants in possession of:
 - (a) a Bachelor degree in any area of study obtained with at least Second Class Honours or with at least Category II; or
 - (b) a Bachelor degree obtained with Third Class Honours, if they are also in possession of other qualifications obtained following the first cycle degree.
- (2) In exceptional cases the Admissions Board, on the recommendation of the Board, may admit into the Course applicants not in possession of a Bachelor degree, provided that it is satisfied that such applicants are in possession of other academic or professional qualifications and experience that together are deemed to be comparable to the level of a first degree.

Exit Awards

Those who opt not to continue for an MA will be awarded:

- a Post-graduate Certificate in Spirituality after obtaining 30 ECTS credits
- a Post-graduate Diploma in (General or Carmelite) Spirituality or
- a Post-graduate Diploma in Spiritual Companionship after obtaining 60 ECTS credits depending on the programme followed

Cooperating Partners

The programme of studies is being offered in collaboration with

- Pastoral Formation Institute
- Carmelite Institute Malta

Contact Us

Tel. 2340 2767

Email: theology@um.edu.mt

Website: www.um.edu.mt/theology/cf/postgraduate

Applications are being received online at: www.um.edu.mt/apply - Deadline: 21 July 2016