Malta Hope Barometer 2015

The Centre for Resilience and Socio-Emotional Health at the University of Malta, in collaboration with a leading Maltese newspaper, is launching a study on the Maltese people’s hopes, wishes and expectations for 2015. This is part of an international study led by the University of St. Gallen in Switzerland and Swissfuture, and which includes Austria, Czech Republic, France, Norway and Switzerland, besides Malta. Hope plays a central role in people’s happiness and satisfaction, helping to foster a sense of wellbeing in spite of economic and societal threats. The objective of this project is indeed to spread hope and consequently wellbeing in society. The study explores the hopes of individuals across various aspects of their life, including family and relationships, work, the economy, national politics, religion and spirituality, and climate and the environment. An online questionnaire in English is available to anyone who wishes to participate in the project and is completed anonymously. The questionnaire may be completed during the month of November 2014, and the findings will be published in a leading Maltese newspaper during the Christmas and New Year period, a time when hopes and aspirations are high and resolutions made for the coming year.

We are therefore encouraging you to contribute to the Hope Barometer of the Maltese people by completing the questionnaire online at http://www.hope2015.ch/ by 30th November 2014. The data will be collected and presented anonymously and used only for scientific purposes.