



## **Certificate in Safeguarding of Children and Young People**

### **Course overview:**

The Certificate in Safeguarding of Children and Young People was created in view of the reality of the abuse of minors. This problem is to be investigated and tackled on different levels of society.

The aim of this one-year course is to introduce you to the standards and main areas of concern regarding safeguarding of children and young people. It will equip you with the basic knowledge and skills to promote the welfare of children and young people, recognise and respond effectively the signs and indicators of abuse, and understand the depth of traumas caused by abuse. The course will also present you with the key principles of self-care and the fundamental ethical and legal obligations for when working with children and young people.

The Certificate in Safeguarding of Children and Young People consists of six compulsory study-units and a practicum that will follow a combination of learning experiences through observation, fact finding and reflection.

### **Course Objectives**

The programme fits within the scope of the cooperating Departments and Faculties in:

1. Reading and responding to the signs of the times;
2. Reaching out to the needs of the community through a multi-disciplinary approach in line with the vision of the University of Malta;
3. Promoting best practices at work; and
4. Equipping persons engaged with children and young people with those abilities and skills needed to uphold safeguarding.

**This programme is offered as an interfaculty programme of the Faculty of Theology and the Faculty for Social Wellbeing.**

**Learning outcomes:**

By the end of this programme of study, you will be able to:

1. Conceptualise and grasp key features and dynamics related to sexual abuse;
2. Recall key elements of legislation and norms related to safeguarding;
3. Assess the possible risk factors for sexual abuse;
4. Inspect and implement protective factors in their own environment;
5. Apply the general principles of self-care by way of prevention;
6. Operate in a timely manner when confronted with a case of sexual abuse;
7. Recognise the signs and symptoms that suggest the possibility of abuse; and
8. Detect the red flags that could be indicative of a potential offender.