



**L-Università  
ta' Malta**

## **Bachelor of Arts (Honours) in Social Wellbeing Studies (Top-Up Degree)**

### **Course overview:**

The concept behind this top-up degree is that you are free to “design” your own programme by registering for a number of elective study-units (timetable permitting) on offer by the various departments within the Faculty for Social Wellbeing. These would be study-units which you consider most suitable for your academic interest and career plans alongside a number of compulsory core units. A list of the elective study-units on offer during the course is available [here](#).

During this course, you will be exposed to a wide range of key facts, concepts, principles and explanatory frameworks which bring together opportunities for conceptual achievement as well as active engagement in society. Focusing on wellbeing, you will benefit from exposure to issues and trends on social inclusion across the life-course. Personal, professional and social skills will also be addressed. To further address empowerment and the implementation of skills learnt, you are challenged to take responsibility for your learning and to pursue areas of particular interest to you. You will be encouraged to appreciate uncertainty and diversity and to search for meaning and purpose; to take responsibility for your own learning; to be an autonomous thinker; and to develop an integrated understanding of wellbeing.

If you are a student in possession of the Higher Diploma in Access to the Community for persons with Disability, then you shall be allowed to transfer 72 ECTS credits from the Higher Diploma to the programme for the degree of Bachelor of Arts (Honours) in Social Wellbeing Studies. You shall be required to complete 118 ECTS credits over three years of part-time study as indicated in the programme of study below.

In order to satisfy the requirements for the award of the degree as outlined in the General Regulations for University Undergraduate Awards, you must ensure that your choice of elective study-units when added to the study-units transferred from the Higher Diploma, comply with the following requirements:

Level 0: Not more than 4 ECTS

Level 1: Not less than 56 and not more than 68 ECTS

Level 2 and 3: Not less than 108 ECTS credits more or less divided equally, of which not less than 56 ECTS credits must be at Level 3.

**Learning outcomes:**

This course is designed to develop a number of important skills, including:

- Intellectual skills: critical thought, analysis and synthesis, creative thinking, problem-solving. These will be fostered through lectures, assessment, supervision and project work.
- Personal skills: reflexivity, communication, assertiveness, time management, stress management, decision-making, ethics and values. These skills will be taught directly in a number of units, but will also be developed in the context of lectures, workshops, seminars and interaction with tutors and peers.
- Research skills: basic skills of independent library and internet research; critical analysis; quantitative and qualitative research design and methods.
- Organisational skills: the capacity to set goals and to organise oneself to reach them. These will be strengthened through choosing and planning one's degree, participating in independent or group work, and working on one's dissertation.

Other skills relevant to employability and personal development

This programme will provide skills that are traditionally of great relevance to your future employability, including initiative and self-motivation; professional integrity and the capacity to adhere to standards and procedures; resilience and stress tolerance; verbal and written communication; teamwork and interpersonal sensitivity; analysis and investigation; planning and organisation; creativity; and problem-solving.