



**L-Università
ta' Malta**

Master in Family Therapy and Systemic Practice

Course overview:

The Master in Family Therapy and Systemic Practice is a professional training course where you will acquire the necessary knowledge and skills to become qualified family and systemic therapists. It enables you to develop reflective practice in their clinical work, as well as explores specialized issues and current theoretical debates in family therapy and systemic consultation and supervision.

The programme of studies extends over a period of four years of part-time study which involves taught units as well as yearly core practicals (which may be held during the day and/or evenings) undertaken in different local therapeutic contexts providing the basis for the development of systemic skills and practice. Individuals who already hold a recognized Postgraduate Diploma in Family Therapy and who fulfil the necessary criteria for eligibility, may be considered for admission to the third year. The course also includes a research component involving the writing of a dissertation.

The programme aims to train you to:

- learn and apply a range of therapeutic approaches based on systemic principles, with families, couples and individuals.
- learn about models for conceptualizing presenting problems, and specific skills for conducting systemic psychotherapy.
- learn the core topics and concepts in systemic thinking.

Learning outcomes:

By the end of this course, you will be able to:

- acquire an understanding of the entire family therapeutic process from referral to termination.
- understand in greater depth the areas of gender, culture, sexual orientation and how these impact the therapeutic process.
- apply their systemic skills to a variety of work settings within the public sector in their work with families, couples and individuals.
- be able to offer systemic consultations to organizations.
- possess the necessary research skills to plan, conduct and report on a piece of quantitative or qualitative research.
- critically review a range of published research studies, and to reflect on the way research findings can be utilized in their clinical work.
- apply your learning to your work contexts.
- work as family therapists.
- work well in a reflexive manner.
- develop an awareness of how your own experiences affect your work with clients.