The Institute for PE and Sport, University of Malta,
in collaboration with
The Directorate for Quality Standards in Education
Curriculum Management and eLearning Department

‘The Role of physical activity and sport in society’

12th - 13th November 2010

The Radisson BLU Resort, St. Julians Malta

CONFERENCE PROGRAMME

Friday 12th November 2010

8:15 – 9:00  Registration and Welcome coffee
9:00 – 9:30  Introduction

Mr. Andrew Decelis, Director, Institute for Physical Education and Sport
Dr. Stephen Spiteri, Parliamentary Assistant, Ministry of Education, Culture, Youth and Sport

9:30 – 10:30  Keynote Lecture:
              Physical Activity, Health and Prevention
              Prof. Paolo Parisi,
              Rector, University of Rome ‘Foro Italico’ (IUSM)

Chair: Mr. Andrew Decelis

10:30 – 11:10  Coffee Break
              Poster Presentations

11:15 – 12:00  Parallel Sessions (see list of presentations below)

12:15 – 13:00  Keynote Lecture:
               In the Service of What? Physical Education and Images of the Nation
               Dr. Gary Armstrong,
               Researcher, School of Sport and Education, Brunel University, London  Chair: Mr. Ivan Riolo
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>13:00 – 13:10</td>
<td>Movement</td>
<td>Mr. Johann Bellizzi</td>
</tr>
<tr>
<td>13:10 – 14:00</td>
<td>Plenary Sessions</td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>Good Practice in PE and Sport in a Church Secondary School</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>David Azzopardi</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>Physical Activity levels in Physical Education lessons</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Stephen Grima</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><em>A holistic approach to promoting physical activity</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Marianne Massa</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chair: Mr. Ivan Riolo</td>
<td></td>
</tr>
<tr>
<td>14:00 – 14:10</td>
<td>Conclusions</td>
<td>Dr. Karl Attard</td>
</tr>
<tr>
<td></td>
<td>Presentation of the ‘Dr. Michael Aquilina Award’</td>
<td></td>
</tr>
<tr>
<td>14:15</td>
<td>Lunch: <em>Kontiki Restaurant</em></td>
<td></td>
</tr>
</tbody>
</table>
Saturday 13th November 2010

8:15 – 9:00 Registration and Welcome coffee
9:00 – 9:30 Introduction.
Mr. Andrew Decelis, Director, Institute for PE and Sport
9:30 – 10:30 Keynote Lecture:

Parental Influence on Children’s Physical Activity
Dr. Russ Jago
Senior Lecturer in Exercise, Nutrition and Health Sciences,
University of Bristol
Chair: Mr. Andrew Decelis

10:30 – 11:10 Coffee Break
Poster Presentations
11:15 – 12:00 Parallel Sessions (see list of presentations below)
12:15 – 13:00 Keynote Lecture:

Rhythm and Instinct: Location and Utility
Dr. Gary Armstrong
Researcher, School of Sport and Education, Brunel University,
London
Chair: Dr. Karl Attard
13:00 – 13:50 Plenary Sessions

Preventing obesity in Maltese children
Mariella Borg Buontempo
The role of Kunsill Malti ghall-iSport in Maltese Sport and Physical Activity
Bernard Vassallo
An investigation into the development of, and priorities for, sport policy in Malta
Kevin Casaru
Chair: Dr. Karl Attard
13:50 – 14:00 Conclusions
Mr. Ivan Riolo
14:00 Lunch: Kontiki Restaurant
Friday 12th November (11:15 – 12:00)

Parallel Sessions

Group 1  Carlson - 5th Floor   - Chair: Mr. John Falzon

Physical Education and Academic Achievement: A school’s experience

Ralph Mifsud

The Social Status of the Physical Education Teacher: an Insight

Nadia Gosney

Group 2  Clermont – Reception floor level - Chair: Ms. Natasha Galea

Differences in Physical Activity of Maltese 12 year olds by gender, weight status and time of the day

Andrew Decelis

A Study on the Fundamental Motor Skills of Form 1 Students in Malta

Renzo Kerr-Cumbo, Karl Grech

Group 3  Marie Louise 1 - 7th Floor - Chair: Mr. Alan Grima

Stratification of content knowledge of rules of physical activities/sport for 16+ examined PE

Josef Mifsud, Steven Vella

Students’ Behaviour in Maltese Secondary Physical Education Classes

Angie Mangion

Group 4  Marie Louise 2 - 7th Floor - Chair: Mr. Ronald Zammit

Physical Education and Left Handed Students: Experiences and Perceptions

Anatoly Gatt

The Inclusion of Students with Physical Impairment in Physical Education in Boys' Secondary Schools

Nigel Farrugia, Mauro D'Amato
Saturday 13th November (11:15 – 12:00)

Parallel Sessions

**Group 1** Carlson - 5th Floor  Chair: Mr. Andrew Darmanin

*Leader Interaction Patterns in the Fields of Mini-Soccer and Mini-Basketball. A Local Study*

**Joselle Cardona**

*The Role of People Management in a Performance Management Framework for Sport and Recreation Services*

**Andrew Triganza Scott, Mark Abela, Marcelle Gatt, Martin Bayliss**

**Group 2** Clermont – Reception floor level - Chair: Mr. Andrew Decelis

*Is screen time displacing physical activity in Maltese 13 year old boys?*

**Andrew Decelis, Stephen Mercieca**

*A Retrospective Study on the Development of Elite Maltese Soccer Players*

**Ivan Woods, Andrew Decelis**

**Group 3** Marie Louise 1 - 7th Floor. Chair: Ms. Adele Muscat

*Exercise Prescription: the role of exercise in disease management*

**Kirill Micallef Stafrace**

*Athletes' Nutritional Practices - A Local Study*

**Davina Mangion**

**Group 4** Marie Louise 2 - 7th Floor - Chair: Mr. Ralph Mifsud

*Swimming Schools: A Maltese Perspective. An Evaluation of swimming schools as seen by the various stakeholders*

**Alfred Cachia**

*Wheelchair Dance has a positive role in society*

**Pippa Roberts**
Poster Presentations – *Ballroom Hall*

*Physical Activity in Mental Health*
Pauline Zammit

*The effect of a specific training programme on the incidence of injuries during a 222 hour volleyball marathon*
Lucienne Attard

*Biomechanics of the Tennis Serve*
Jean Paul Scerri, Andrea Spiteri, Denise Camilleri

*Structure of the Shoulder Joint*
Andy Grech, Chanel Galea

*Scoliosis*
Yanika Agius, Maria Mizzi, Francesca Scicluna