HOPEs project is funded by the European Commission under the ERASMUS+ program KA2 - Cooperation for Innovation and the Exchange of Good Practices (Strategic Partnerships for school education). The project was launched in September 2016 with 24 months duration and is implemented in five EU countries (Cyprus, Greece, Ireland, Malta and Portugal). The newly developed strategic partnership was created based on extensive expertise of all members of the consortium in topics related to Positive Psychology, Educational Psychology and Character development.

Strengthening teachers’ ability to positively interact and influence students’ behaviour and competences will result in more effective and meaningful education in schools. An innovative educational program will be developed during the two years of the project’s implementation that will be based on the theoretical framework of positive psychology and character education. Trained teachers will become more motivated to improve their teaching methods and to guide their students in issues related to self-awareness, psychological resilience, happiness and positivity.

First stage is to demonstrate primary teachers’ current needs in relation to wellbeing, resilience, depression, anxiety, stress and Values. To accomplish that, adaptation and administration of 3 psychometric tools will be accomplished in all 6 participating countries to 120 primary teachers in total.

At a later stage, national reports will be developed including all partners’ analyses of the research findings for further analysis.

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