



## ACTION FOR FAMILY AND CONSUMER WELLBEING HOME ECONOMICS LITERACY BRINGING SKILLS TO LIFE

Valletta Campus, University of Malta

19 – 21 March 2015

## Conference Programme



INTERNATIONAL FEDERATION  
FOR HOME ECONOMICS



UNIVERSITY OF MALTA  
L-Università ta' Malta



# ACTION FOR FAMILY AND CONSUMER WELLBEING

HOME ECONOMICS LITERACY BRINGING SKILLS TO LIFE

19 - 21 March 2015

Valletta - Malta

## FINAL PROGRAMME

PRE-CONFERENCE			
<b>Wed 18 March</b>		Afternoon	Cultural tour
<b>Thu 19 March</b>		Morning	Eco tour
		Afternoon	Cultural tour (sponsored by Malta Tourism Authority)
CONFERENCE			
<b>Thu 19 March</b>	<b>Day 1</b>	<b>1800-1830</b>	Registration
		<b>1830-2000</b>	Welcome Reception (University of Malta, Valletta Campus)
<b>Fri 20 March</b>	<b>Day 2</b>	<b>0830-0900</b>	Registration
		<b>0900-0930</b> Aula Magna	<b>Plenary - Welcome speeches</b> <b>Dr Suzanne Piscopo</b> , University of Malta, Conference Co-chair <b>Prof Valerie Sollars</b> , Dean Faculty of Education, University of Malta <b>Prof Mary Anne Lauri</b> , Pro-rector, University of Malta <b>Carol Warren</b> , IFHE President <b>Her Excellency Marie-Louise Coleiro Preca</b> , President of Malta
		<b>0930-1030</b> Aula Magna	<b>Prof Donna Pendergast</b> , Griffith University, Australia <i>Home Economics Literacy: A Vision for the Field</i> <b>Prof Kaija Turkki</b> , University of Helsinki, Finland <i>Home Economics Literacy: Generating Resources for Sustainable Wellbeing</i>
		<b>1030-1100</b>	<b>Coffee break</b>
		<b>1100-1145</b> Aula Magna	<b>Prof Angela Abela</b> , University of Malta, Malta <i>The Notion of Wellbeing in the Field of Family Studies: Stories of a Young Department in the Making</i> <b>Stephen C. Vella</b> , LEAP Project Leader, Malta <i>From Social Capital to Social Mobility</i>

CONFERENCE			
<b>Fri 20 March</b>	<b>Day 2 cont.</b>	<b>1145-1300</b>	<p><b>Concurrent sessions</b></p> <p><b><i>Oral communications</i></b></p> <p><b>HOME ECONOMICS EDUCATION AND PEDAGOGIES</b></p> <p>D. Mager <i>Competency Development for the Practice of Home Economics in Manitoba</i></p> <p>M. Erjavšek and F. Lovšin Kozina <i>Differences in Competence Perceptions between Home Economics Teachers and Other Teachers Who Teach Home Economics</i></p> <p>E. Pace, P. Aiello and M. Sibilio <i>The Theory of Simplexity in Home Economics Education as an Enabling Lifelong Learning Strategy to Face Complexity</i></p> <p>S.N. Lemchi <i>Enhancing Creativity Among Home Economics Students in Higher Education Institutions to Foster Self-Reliance</i></p> <p>K. Alexander and R. Godfrey <i>Using Technology in Teacher Preparation to Develop Home Economics Literacy</i></p> <p><b>Meeting Room</b></p> <p><b>FOOD AND NUTRITION LITERACY</b></p> <p>S. Wahlen and G. Casimir <i>Family Meals and Competences for Healthy Eating: A Life Course Perspective</i></p> <p>T. W. Lai-Yeung <i>Do TV Food Shows Helps Transmit Cooking Skills and Sustain Traditional Food Culture? Analysis of TV Cooking Shows in Hong Kong</i></p> <p>N. Aktas <i>Nutrition Literacy: A Study on Undergraduates at Selçuk University, Turkey</i></p> <p>D. Mc Dowell, U. Mc Mahon-Beattie and A. Burns <i>Using Technology to Bring Food Skills to Life</i></p> <p>E. Scicluna <i>In-Store Community Nutrition Education: Focus on the 'Silent Disease' of Osteoporosis</i></p>

CONFERENCE			
<b>Fri 20 March</b>	<b>Day 2 cont.</b>	<b>1145-1300</b>	<p><b>Concurrent sessions cont.</b></p> <p><b><i>Oral communications</i></b></p> <p><b>SUSTAINABILITY LITERACY IN THE HOME</b></p> <p>P. Turner <i>Healthy Homes: Using Social Media to Educate Parents about How to Improve Indoor Air Quality and Reduce Contaminants</i></p> <p>F. M. K. Lotfy <i>Training Programme for Developing Family Members' Skills for Recycling Household Waste and Using It in Home Interior Design</i></p> <p>R. Stamminger <i>Best Practices for Daily Housework</i></p> <p>S. Bichler, S. Gorniyand and R. Stamminger <i>How to Increase Consumer Awareness of Energy Saving Potentials by Using ECO Programmes in the Framework of Automatic Dishwashing</i></p> <p>K. Abeliotis, C. Candan, C. Amberg, A. Ferri, M. Osset, J. Owens and R. Stamminger <i>European Consumers' Perception of Water Hardness Impact on Laundry Results</i></p> <p><b>FOOD AND NUTRITION KNOWLEDGE, SKILLS AND EDUCATION</b></p> <p>L. Palovaara Søberg and S. Thuv <i>Clarification of the Concept of Food</i></p> <p>W. Oldewage-Theron, A. Egal and T. Maroka <i>Nutrition Knowledge and Dietary Intake of Adolescents in Cofimvaba, Eastern Cape, South Africa</i></p> <p>I.F. Jensen <i>Interested in the Subject Food and Health?</i></p> <p>N. Arai <i>Lesson Study in Home Economics Education: Food Learning Programme Focusing on Reflective Thought and Practical Reasoning</i></p> <p>C. Stenbak Larsen <i>Acquiring Taste in Home Economics?</i></p>
		Lecture Room 1	
		Lecture Room 2	

CONFERENCE			
<b>Fri 20 March</b>	<b>Day 2 cont.</b>	<b>1145-1300</b>	<b>Concurrent sessions cont.</b>  <b><i>Oral communications</i></b>  <b>FINANCIAL LITERACY AND ENTREPRENEURSHIP</b>  J. Koonce <i>The Marketplace Exchanges of the Affordable Care Act (MEACA) Project</i>  E. M. Kembe and L. Okonkwo <i>Financial Behaviour and Social Adjustment of School Going Adolescents in Benue State, Nigeria</i>  J. Autio, E. Kykkilahti and M. Autio <i>Consumer and Pet Wellbeing: Financial and Medical Safety</i>  C. C. Anowai <i>Assessment of the School-On-Wheels Scheme for Skill Development Among Women in Anambra State, Nigeria</i>  A.S. Ask and I. Aarek <i>Entrepreneurship in Food and Health in Teacher Education</i>
		<b>1300-1400</b>	<b>Lunch break</b>
		<b>1400-1530</b>	<b>Workshops</b>
		Aula Magna	<b>Shirley Pulis Xerxen</b> , University of Malta, Malta <i>Instilling Everyday Creativity</i>
		Meeting Room	<b>Helen McGuire</b> , St Angela's College, Ireland, and <b>Miriam O'Donoghue</b> , CDETB Curriculum Development Unit, Ireland <i>Active Teaching and Learning in HE: A Toolkit of Ideas and Approaches for Teachers</i>
		Boardroom	<b>Geoffrey Bezzina</b> , Malta Financial Services Authority <i>Education for Personal and Family Finance</i>
		Lecture Room 1	<b>Odette Vella</b> , Malta Competition and Consumer Affairs Authority, Information, Education and Research Directorate <i>Common Consumer Problems: Safeguarding Our Consumer Rights</i>
		Lecture Room 2	<b>Stefania Calleja</b> , Home Economics Teacher and Entrepreneur, Malta <i>Ancient Yet Lesser Known Grains in the Modern Diet</i>

CONFERENCE			
<b>Fri 20 March</b>	<b>Day 2 cont.</b>	<b>Coffee breaks or 1400-1530</b> Display Area	<p><b>Poster Thematic tours (<i>self guided</i>)</b></p> <p>SUGGESTED TOUR 1 - FOOD, NUTRITION AND HEALTH</p> <p>S. N. Lemchi  <i>Nutritional Assessment of Nursery School Children in Urban and Rural Areas of Owerri North, Imo State, Nigeria</i></p> <p>P. Mbah, O. Azubuike and O. Busari  <i>Development and Assessment of a Breadfruit and Groundnut Diet as a Complementary Weaning Diet in Umuahia, Nigeria</i></p> <p>A.L. Kosonen  <i>Experiences of Transitioning to a Vegan Diet</i></p> <p>A. Shetewy  <i>Feeding With Parsley Extracts and Immunity</i></p> <p>M. Attard Mintoff  <i>A Short-Term Impact Assessment of a Pilot Nutrition Education Intervention Promoting the Mediterranean Diet Among Maltese Adults</i></p> <p>SUGGESTED TOUR 2 - SUSTAINABILITY IN THE HOME AND COMMUNITY</p> <p>P. Farrugia  <i>From Disconnection to Reconnection: Sowing the Seeds for a Community Food-Based System</i></p> <p>K. Abeliotis  <i>The Carbon and Water Footprint of Greek Traditional Breakfast Foods</i></p> <p>R. Stamminger  <i>Board for Washing Excellence (BWE): Optimising the Household Laundry Washing Process</i></p> <p>SUGGESTED TOUR 3 - FAMILY WELLBEING</p> <p>L. Savisalo  <i>Home Economics as a Tool for Families to Settle into a New Culture</i></p> <p>M. Otake and H. Jung  <i>Differences in Japanese and Korean Efforts to Educate Students on the Lifestyle Issues of Internationally Mixed Couples</i></p> <p>J. Chang and J. Jun  <i>The Effects of Family Leisure Activities on Family Cohesion and Communication</i></p> <p>J. Hokkanen and A.L. Kosonen  <i>Case Study on Medicine Education in Finnish Families</i></p>

CONFERENCE			
<b>Fri 20 March</b>	<b>Day 2 cont.</b>	<b>Coffee breaks or 1400-1530 Display Area</b>	<p><b>Poster Thematic tours (<i>self guided</i>) cont.</b></p> <p>SUGGESTED TOUR 4 - HOME ECONOMICS EDUCATION AND TEACHER TRAINING</p> <p>L. Maric <i>Home Economics and Active Learning: Proactive Inclusion within Further and Higher Education</i></p> <p>A. Kinnarinen, E. Pesonen-Leinonen and I. Haapala <i>Using Socio-Constructivist Learning Projects in Home Economics Teacher Training</i></p> <p>H. Maguire and A. McCloat <i>Initial Teacher Education: Pedagogies and Practices for Sustainable and Responsible Living</i></p> <p>J. Chang and J. Jun <i>Relationships Between Self-Efficacy and Socialisation of Upper Elementary Students and their Press Corps Activities</i></p>
		<b>1530-1550</b>	<b>Coffee break</b>
		<b>1550-1640</b> Aula Magna	<p><b>Dr Joao Breda</b>, Division of NCD &amp; Life-course, WHO Regional Office Europe <i>Prevention and Control of Noncommunicable Diseases in the WHO European region: Policy Developments in Nutrition and Physical Activity</i></p> <p><b>Dr Joyce Mok</b>, National Institute of Education, Singapore <i>Food policies, food behaviours and dietary guidelines</i></p>
		<b>1640-1645</b> Aula Magna	Plenary - Closing
		<b>1930-2300</b>	<b>Gala Dinner (optional)</b>

## Let's Celebrate **World Home Economics Day** Together!

The theme for 2015 is 'Home Economics Literacy: Skills for Families and Consumers - Food Literacy and Environmental Literacy'.

Join 4th Year Nutrition, Family & Consumer Studies student-teachers at their

### **EAT RIGHT, BE BRIGHT**

special public event at Republic Street, Valletta (near the Law Courts)  
on Saturday, 21st March 2015.

Be there at 13.00 for a celebratory toast and group photo!

CONFERENCE			
Sat 21 March	Day 3 cont.	0830-0900	Registration
		0900-0915 Aula Magna	<b>Plenary – Welcome</b> <b>Dr Suzanne Piscopo</b> , University of Malta
		0915-1000 Aula Magna	<b>Prof Isobel Contento</b> , Teachers College, Columbia University, New York <i>Developing and Evaluating Nutrition Education for Schools and Communities</i>
		1000-1045 Aula Magna	<b>Prof Victoria Thoresen</b> , Hamar College, Norway <i>Developing Telescopic Vision and Integrated Insights: A New Challenge for Home Economics</i>
		1045-1115	<b>Coffee break</b>
		1115-1245	<b>Concurrent sessions</b>
		1115-1200 Aula Magna	<b>Jane Sherman</b> and <b>Dr Ramani Wijesinha-Bettoni</b> , Food and Agriculture Organisation, Rome <i>FAO ENACT project in Africa: Professional Capacity Building in Nutrition Education and the Promotion of Healthy Diets</i>
		1200-1245 Aula Magna	<b>Dr Sandra Fordyce-Voorham</b> , Victoria, Australia <i>'Food Literacy' versus 'Food Skills'... What Exactly is the Sameness?</i>
		1115-1245 Meeting Room	<b>Oral communications</b> <b>FOOD AND NUTRITION KNOWLEDGE, SKILLS AND INTERVENTIONS</b>  A.Egal, W. Oldewage-Theron and T. Maroka <i>Socio-Economic Determinants of Nutrition Knowledge, Health and Consumption Choices of Adolescents in Cofimvaba, Eastern Cape</i>  T. Borg Mifsud <i>Maltese Adolescents' Barriers and Motivators to Healthy Eating: A Constructivist Grounded Theory</i>  T. Worsley, M. Burton and W. Wang <i>Living Off a Budget: Consumers' Views of Economical Ways to Provide Food for Families.</i>  S. Kostanjevec and V. Koch <i>The Role of Home Economics Teachers in Organising School Food in Slovene Elementary Schools</i>  D. Bales and C. Wallinga <i>Early Childhood Teachers and Families Working Together: Lessons Learned from the Eat Healthy, Be Active Family Backpack Project</i>  R. Jakobovich and E. M. Berry <i>Kindergarten Children Can Be Agents for Change in Nutrition at Home through Developing their Logical and Mathematical Language</i>

CONFERENCE			
<b>Sat 21 March</b>	<b>Day 3 cont.</b>	<b>1115-1245</b>	<b>Concurrent sessions cont.</b>
		Boardroom	<p><b>Oral communications</b></p> <p><b>AGRICULTURAL PRACTICES, LIFESTYLES AND EDUCATION</b></p> <p>R. Rossier  <i>Home Making: It Takes Time! A Time Use Survey in Swiss Agricultural Households</i></p> <p>N.M. Trendov and L. Vasa  <i>The Role of Rural Women in Agro-Food Production SMEs: Case Study in the Republic of Macedonia</i></p> <p>T. Kalna-Dubinyuk and L. Sokol  <i>Agriculture Food Safety and Its Possibility in Ukraine</i></p> <p>E. Kylkilahti, A. Kuismin and M. Autio  <i>Farm Animal Welfare in Consumer Evaluation: Crispy Bacon, Natural Life and Happy Pigs</i></p> <p>E.C. Igba and A.T. Onaga  <i>Strategies for Environmental Protection Against Food Packaging Wastes in Enugu State, Nigeria</i></p> <p>V. Browning-Keen and T. Sosebee  <i>Food Biotechnology and Disaster Management Planning for the Food Supply: The Development of an On-Line Course</i></p>
		Lecture Room 2	<p><b>TEXTILES CULTURE, SKILLS AND EDUCATION</b></p> <p>M.Y. Son  <i>The Analysis of Research Trend about Well-Being Concepts: Focusing on Clothing and Textile Sector in Korea</i></p> <p>D. Agbo  <i>Dress Culture Awareness: A Case Study of Idoma Cultural Fabric</i></p> <p>D. Mohd Rubi, N. Badrul Hisham and N. A. Sulaiman  <i>Teenagers' Acceptance of the Incorporation of Batik Elements in Contemporary Wedding Dress Design</i></p> <p>H. Maguire and U. O'Shea  <i>Partnerships for Wellbeing: Bringing Sewing Skills to Life</i></p> <p>J. Obunadike  <i>Students' Perception of the Junior Secondary Clothing and Textiles Curriculum Objectives and Content for Entrepreneurial Skills</i></p> <p>P. Ezema and S. N. Lemchi  <i>Safety Practices Required in Clothing Construction Laboratories in Nigeria Colleges of Education</i></p>

CONFERENCE			
<b>Sat 21 March</b>	<b>Day 3 cont.</b>	<b>1115-1245</b>	<b>Concurrent sessions cont.</b>  <b><i>Oral communications</i></b>  FOOD, SOCIAL AND ENVIRONMENTAL SCIENCE FOR WELLBEING  M. Autio and E. Kylkilahti <i>Storied Science: First Year Consumer Economics Students' Understanding of the Nature of Scientific Knowledge</i>  P. E. Mbah and O. C. Azubuike <i>Skills Needed by Home Makers in Selecting Family Goods and Services in Abia State, Nigeria</i>  H. Parviainen, I. Haapala-Biggs and A.L. Kosonen <i>Choosing a Special Diet in Adolescence: A Population Based Study in 1999-2013</i>  E. Idialu <i>Food Taboos and Their Nutritional Effects on Pregnant Women in Nigeria</i>  J. Geppert and R. Stamminger <i>Food Preparation in Private Homes and Its Impact on Energy Consumption and Consumer Satisfaction</i>  R. Imoto <i>Home Economics Education: Making Soap from Cooking Oil Recycled from School Lunch Programmes</i>
		<b>1245-1345</b>	<b>Lunch break</b>
		<b>1345-1515</b>	<b>Workshops</b>
		Aula Magna	<b>Dr Margaret Mangion</b> , University of Malta, Malta <i>Instilling Everyday Creativity (repeat)</i>
		Meeting Room	<b>Roy Ballam</b> , British Nutrition Foundation, UK <i>Food and Nutrition Education: Partnerships in Action</i>
		Lecture Room 1	<b>Dr Vince Caruana and Cynthia Caruana</b> , University of Malta, Malta <i>Pedagogical Approaches to Sustainable Consumption for Families and Communities</i>
		Boardroom	<b>Joyce Callus</b> , Educator and Counsellor, Malta <i>Adolescence: A Challenging Phase – How Can Home Economics Teachers Help?</i>
		Lecture Room 2	<b>Stefania Calleja</b> , Home Economics Teacher and Entrepreneur, Malta <i>Ancient Yet Lesser Known Grains in the Modern Diet (repeat)</i>

CONFERENCE			
Sat 21 March	Day 3 cont.	Coffee breaks or <b>1345-1515</b> Display Area	<b>Poster Thematic tours (<i>self guided</i>)</b>
			<p><b>SUGGESTED TOUR 5 - SOCIO-CULTURAL AND HEALTH FACTORS IN FOOD BEHAVIOURS</b></p> <p>M. Farrugia <i>Food Under Siege: A Historical Sociology Exploration into Food and Hunger during World War II and its Effect on the Maltese Population</i></p> <p>S. Muscat <i>Food Choices in Transition: Newly Weds' Negotiations of a Joint Food System</i></p> <p>S. Wahlen <i>Food Poverty: A Home Economics Perspective</i></p> <p>Y. Suzuki <i>Learning from School Lunch in Japan: Focus on Food Culture</i></p> <p>A. Barros <i>Healthy Choice Fundraiser Partnership Influences Consumption Choices and Healthy Behaviours in Schools</i></p>
			<p><b>SUGGESTED TOUR 6 - CAREERS, ENTREPRENEURSHIP AND HOME ECONOMICS EDUCATION</b></p> <p>E. C. Igba and M. Nwoge <i>Human Capital Development: A Panacea for Entrepreneurial Growth in Ebonyi State</i></p> <p>S. M. Basbrin <i>Factors Affecting Home Economics Graduates While Establishing Entrepreneurship</i></p> <p>D. Agbo <i>Improving Students' Interest in a Clothing Career: Implications for Home Economics Wellbeing.</i></p>
			<p><b>SUGGESTED TOUR 7 - CONSUMER LITERACY AND EDUCATION</b></p> <p>P. Daub <i>Economy360: A Management Information Tool for Consumers</i></p> <p>V. Mulenga and X.Q. Zhang <i>Influence of Individual Characteristics on Consumer Understanding and Usage of the Nutrition Fact Panel: Case of China and Zambia</i></p> <p>A. Banguning and B. Freytag-Leyer <i>Consumer Understanding of Nutrition Information on Food Labels: Case Study in Semarang, Java, Indonesia</i></p> <p>H. Steyn and F. Van Tonder <i>The Consumer Studies Olympiad in South Africa</i></p>

CONFERENCE			
<b>Sat 21 March</b>	<b>Day 3 cont.</b>	<b>1515-1535</b>	<b>Coffee break</b>
		<b>1535-1635</b> Aula Magna	<b>Dr Karen Mugliett</b> , University of Malta, Malta and <b>Joyce Callus</b> , Educator and Counsellor, Malta <i>Giving Adolescents a Voice</i>
		<b>1635-1700</b> Aula Magna	<b>Plenary – Closing</b> <b>Dr Suzanne Piscopo</b> , University of Malta, Conference Co-chair <b>Gerda Casimir</b> , EAHE President <b>Carol Warren</b> , IFHE President <b>Hon. Chris Agius MP</b> , Parliamentary Secretary for Research, Innovation, Youth and Sport
		<b>1930-2230</b>	<b>Farewell Dinner (optional)</b>
POST-CONFERENCE			
<b>March Sun 22</b>		Day	Cultural tour

## NOTES

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