



ACTION FOR FAMILY AND CONSUMER WELLBEING HOME ECONOMICS LITERACY BRINGING SKILLS TO LIFE

Valletta Campus, University of Malta

19 – 21 March 2015

Conference Programme



INTERNATIONAL FEDERATION
FOR HOME ECONOMICS



UNIVERSITY OF MALTA
L-Università ta' Malta



ACTION FOR FAMILY AND CONSUMER WELLBEING

HOME ECONOMICS LITERACY BRINGING SKILLS TO LIFE

19 - 21 March 2015

Valletta - Malta

FINAL PROGRAMME

PRE-CONFERENCE			
Wed 18 March		Afternoon	Cultural tour
Thu 19 March		Morning	Eco tour
		Afternoon	Cultural tour (sponsored by Malta Tourism Authority)
CONFERENCE			
Thu 19 March	Day 1	1800-1830	Registration
		1830-2000	Welcome Reception (University of Malta, Valletta Campus)
Fri 20 March	Day 2	0830-0900	Registration
		0900-0930 Aula Magna	Plenary - Welcome speeches Dr Suzanne Piscopo , University of Malta, Conference Co-chair Prof Valerie Sollars , Dean Faculty of Education, University of Malta Prof Mary Anne Lauri , Pro-rector, University of Malta Carol Warren , IFHE President Her Excellency Marie-Louise Coleiro Preca , President of Malta
		0930-1030 Aula Magna	Prof Donna Pendergast , Griffith University, Australia <i>Home Economics Literacy: A Vision for the Field</i> Prof Kaija Turkki , University of Helsinki, Finland <i>Home Economics Literacy: Generating Resources for Sustainable Wellbeing</i>
		1030-1100	Coffee break
		1100-1145 Aula Magna	Prof Angela Abela , University of Malta, Malta <i>The Notion of Wellbeing in the Field of Family Studies: Stories of a Young Department in the Making</i> Stephen C. Vella , LEAP Project Leader, Malta <i>From Social Capital to Social Mobility</i>

CONFERENCE			
Fri 20 March	Day 2 cont.	1145-1300	Concurrent sessions cont. <i>Oral communications</i>
		Lecture Room 1	SUSTAINABILITY LITERACY IN THE HOME P. Turner <i>Healthy Homes: Using Social Media to Educate Parents about How to Improve Indoor Air Quality and Reduce Contaminants</i> F. M. K. Lotfy <i>Training Programme for Developing Family Members' Skills for Recycling Household Waste and Using It in Home Interior Design</i> R. Stamminger <i>Best Practices for Daily Housework</i> S. Bichler, S. Gornyand and R. Stamminger <i>How to Increase Consumer Awareness of Energy Saving Potentials by Using ECO Programmes in the Framework of Automatic Dishwashing</i> K. Abeliotis, C. Candan, C. Amberg, A. Ferri, M. Osset, J. Owens and R. Stamminger <i>European Consumers' Perception of Water Hardness Impact on Laundry Results</i>
		Lecture Room 2	FOOD AND NUTRITION KNOWLEDGE, SKILLS AND EDUCATION L. Palovaara Sørberg and S.Thuv <i>Clarification of the Concept of Food</i> W. Oldewage-Theron, A. Egal and T. Maroka <i>Nutrition Knowledge and Dietary Intake of Adolescents in Cofimvaba, Eastern Cape, South Africa</i> I.F. Jensen <i>Interested in the Subject Food and Health?</i> N. Arai <i>Lesson Study in Home Economics Education: Food Learning Programme Focusing on Reflective Thought and Practical Reasoning</i> C. Stenbak Larsen <i>Acquiring Taste in Home Economics?</i>

CONFERENCE			
Fri 20 March	Day 2 cont.	1145-1300	Concurrent sessions cont. Oral communications FINANCIAL LITERACY AND ENTREPRENEURSHIP J. Koonce <i>The Marketplace Exchanges of the Affordable Care Act (MEACA) Project</i> E. M. Kembe and L. Okonkwo <i>Financial Behaviour and Social Adjustment of School Going Adolescents in Benue State, Nigeria</i> J. Autio, E. Kylkilahti and M. Autio <i>Consumer and Pet Wellbeing: Financial and Medical Safety</i> C. C. Anowai <i>Assessment of the School-On-Wheels Scheme for Skill Development Among Women in Anambra State, Nigeria</i> A.S. Ask and I. Aarek <i>Entrepreneurship in Food and Health in Teacher Education</i>
		1300-1400	Lunch break
		1400-1530	Workshops Aula Magna Shirley Pulis Xerxen , University of Malta, Malta <i>Instilling Everyday Creativity</i> Meeting Room Helen McGuire , St Angela's College, Ireland, and Miriam O'Donoghue , CDET B Curriculum Development Unit, Ireland <i>Active Teaching and Learning in HE: A Toolkit of Ideas and Approaches for Teachers</i> Boardroom Geoffrey Bezzina , Malta Financial Services Authority <i>Education for Personal and Family Finance</i> Lecture Room 1 Odette Vella , Malta Competition and Consumer Affairs Authority, Information, Education and Research Directorate <i>Common Consumer Problems: Safeguarding Our Consumer Rights</i> Lecture Room 2 Stefania Calleja , Home Economics Teacher and Entrepreneur, Malta <i>Ancient Yet Lesser Known Grains in the Modern Diet</i>

CONFERENCE			
Fri 20 March	Day 2 cont.	Coffee breaks or 1400-1530 Display Area	<p>Poster Thematic tours (<i>self guided</i>)</p> <p>SUGGESTED TOUR 1 - FOOD, NUTRITION AND HEALTH</p> <p>S. N. Lemchi <i>Nutritional Assessment of Nursery School Children in Urban and Rural Areas of Owerri North, Imo State, Nigeria</i></p> <p>P. Mbah, O. Azubuike and O. Busari <i>Development and Assessment of a Breadfruit and Groundnut Diet as a Complementary Weaning Diet in Umuahia, Nigeria</i></p> <p>A.L. Kosonen <i>Experiences of Transitioning to a Vegan Diet</i></p> <p>A. Shetewy <i>Feeding With Parsley Extracts and Immunity</i></p> <p>M. Attard Mintoff <i>A Short-Term Impact Assessment of a Pilot Nutrition Education Intervention Promoting the Mediterranean Diet Among Maltese Adults</i></p> <p>SUGGESTED TOUR 2 - SUSTAINABILITY IN THE HOME AND COMMUNITY</p> <p>P. Farrugia <i>From Disconnection to Reconnection: Sowing the Seeds for a Community Food-Based System</i></p> <p>K. Abeliotis <i>The Carbon and Water Footprint of Greek Traditional Breakfast Foods</i></p> <p>R. Stamminger <i>Board for Washing Excellence (BWE): Optimising the Household Laundry Washing Process</i></p> <p>SUGGESTED TOUR 3 - FAMILY WELLBEING</p> <p>L. Savisalo <i>Home Economics as a Tool for Families to Settle into a New Culture</i></p> <p>M. Otake and H. Jung <i>Differences in Japanese and Korean Efforts to Educate Students on the Lifestyle Issues of Internationally Mixed Couples</i></p> <p>J. Chang and J. Jun <i>The Effects of Family Leisure Activities on Family Cohesion and Communication</i></p> <p>J. Hokkanen and A.L. Kosonen <i>Case Study on Medicine Education in Finnish Families</i></p>

CONFERENCE			
Fri 20 March	Day 2 cont.	Coffee breaks or 1400-1530 Display Area	Poster Thematic tours (self guided) cont. SUGGESTED TOUR 4 - HOME ECONOMICS EDUCATION AND TEACHER TRAINING L. Maric <i>Home Economics and Active Learning: Proactive Inclusion within Further and Higher Education</i> A.Kinnarinen, E. Pesonen-Leinonen and I. Haapala <i>Using Socio-Constructivist Learning Projects in Home Economics Teacher Training</i> H. Maguire and A. McCloat <i>Initial Teacher Education: Pedagogies and Practices for Sustainable and Responsible Living</i> J. Chang and J. Jun <i>Relationships Between Self-Efficacy and Socialisation of Upper Elementary Students and their Press Corps Activities</i>
		1530-1550	Coffee break
		1550-1640 Aula Magna	Dr Joao Breda , Division of NCD & Life-course, WHO Regional Office Europe <i>Prevention and Control of Noncommunicable Diseases in the WHO European region: Policy Developments in Nutrition and Physical Activity</i> Dr Joyce Mok , National Institute of Education, Singapore <i>Food policies, food behaviours and dietary guidelines</i>
		1640-1645 Aula Magna	Plenary - Closing
		1930-2300	Gala Dinner (optional)

Let's Celebrate World Home Economics Day Together!

The theme for 2015 is 'Home Economics Literacy: Skills for Families and Consumers - Food Literacy and Environmental Literacy'.

Join 4th Year Nutrition, Family & Consumer Studies student-teachers at their

EAT RIGHT, BE BRIGHT

special public event at Republic Street, Valletta (near the Law Courts)
on Saturday, 21st March 2015.

Be there at 13.00 for a celebratory toast and group photo!

CONFERENCE			
Sat 21 March	Day 3 cont.	0830-0900	Registration
		0900-0915 Aula Magna	Plenary – Welcome Dr Suzanne Piscopo , University of Malta
		0915-1000 Aula Magna	Prof Isobel Contento , Teachers College, Columbia University, New York <i>Developing and Evaluating Nutrition Education for Schools and Communities</i>
		1000-1045 Aula Magna	Prof Victoria Thoresen , Hamar College, Norway <i>Developing Telescopic Vision and Integrated Insights: A New Challenge for Home Economics</i>
		1045-1115	Coffee break
		1115-1245	Concurrent sessions
		1115-1200 Aula Magna	Jane Sherman and Dr Ramani Wijesinha-Bettoni , Food and Agriculture Organisation, Rome <i>FAO ENACT project in Africa: Professional Capacity Building in Nutrition Education and the Promotion of Healthy Diets</i>
		1200-1245 Aula Magna	Dr Sandra Fordyce-Voorham , Victoria, Australia <i>‘Food Literacy’ versus ‘Food Skills’... What Exactly is the Sameness?</i>
		----- 1115-1245	-----
		Meeting Room	Oral communications FOOD AND NUTRITION KNOWLEDGE, SKILLS AND INTERVENTIONS A.Egal, W. Oldewage-Theron and T. Maroka <i>Socio-Economic Determinants of Nutrition Knowledge, Health and Consumption Choices of Adolescents in Cofimvaba, Eastern Cape</i> T. Borg Mifsud <i>Maltese Adolescents’ Barriers and Motivators to Healthy Eating: A Constructivist Grounded Theory</i> T. Worsley, M. Burton and W. Wang <i>Living Off a Budget: Consumers’ Views of Economical Ways to Provide Food for Families.</i> S. Kostanjevec and V. Koch <i>The Role of Home Economics Teachers in Organising School Food in Slovene Elementary Schools</i> D. Bales and C. Wallinga <i>Early Childhood Teachers and Families Working Together: Lessons Learned from the Eat Healthy, Be Active Family Backpack Project</i> R. Jakobovich and E. M. Berry <i>Kindergarten Children Can Be Agents for Change in Nutrition at Home through Developing their Logical and Mathematical Language</i>

CONFERENCE			
Sat 21 March	Day 3 cont.	1115-1245	Concurrent sessions cont. <i>Oral communications</i>
		Boardroom	AGRICULTURAL PRACTICES, LIFESTYLES AND EDUCATION R. Rossier <i>Home Making: It Takes Time! A Time Use Survey in Swiss Agricultural Households</i> N.M. Trendov and L. Vasa <i>The Role of Rural Women in Agro-Food Production SMEs: Case Study in the Republic of Macedonia</i> T. Kalna-Dubinyuk and L. Sokol <i>Agriculture Food Safety and Its Possibility in Ukraine</i> E. Kylkilahti, A. Kuismin and M. Autio <i>Farm Animal Welfare in Consumer Evaluation: Crispy Bacon, Natural Life and Happy Pigs</i> E.C. Igba and A.T. Onaga <i>Strategies for Environmental Protection Against Food Packaging Wastes in Enugu State, Nigeria</i> V. Browning-Keen and T. Sosebee <i>Food Biotechnology and Disaster Management Planning for the Food Supply: The Development of an On-Line Course</i>
		Lecture Room 2	TEXTILES CULTURE, SKILLS AND EDUCATION M.Y. Son <i>The Analysis of Research Trend about Well-Being Concepts: Focusing on Clothing and Textile Sector in Korea</i> D. Agbo <i>Dress Culture Awareness: A Case Study of Idoma Cultural Fabric</i> D. Mohd Rubi, N. Badrul Hisham and N. A. Sulaiman <i>Teenagers' Acceptance of the Incorporation of Batik Elements in Contemporary Wedding Dress Design</i> H. Maguire and U. O'Shea <i>Partnerships for Wellbeing: Bringing Sewing Skills to Life</i> J. Obunadike <i>Students' Perception of the Junior Secondary Clothing and Textiles Curriculum Objectives and Content for Entrepreneurial Skills</i> P. Ezema and S. N. Lemchi <i>Safety Practices Required in Clothing Construction Laboratories in Nigeria Colleges of Education</i>

CONFERENCE			
Sat 21 March	Day 3 cont.	1115-1245	Concurrent sessions cont. Oral communications FOOD, SOCIAL AND ENVIRONMENTAL SCIENCE FOR WELLBEING M. Autio and E. Kylkilahti <i>Storied Science: First Year Consumer Economics Students' Understanding of the Nature of Scientific Knowledge</i> P. E. Mbah and O. C. Azubuike <i>Skills Needed by Home Makers in Selecting Family Goods and Services in Abia State, Nigeria</i> H. Parviainen, I. Haapala-Biggs and A.L. Kosonen <i>Choosing a Special Diet in Adolescence: A Population Based Study in 1999-2013</i> E. Idialu <i>Food Taboos and Their Nutritional Effects on Pregnant Women in Nigeria</i> J. Geppert and R. Stamminger <i>Food Preparation in Private Homes and Its Impact on Energy Consumption and Consumer Satisfaction</i> R. Imoto <i>Home Economics Education: Making Soap from Cooking Oil Recycled from School Lunch Programmes</i>
		1245-1345	Lunch break
		1345-1515	Workshops
		Aula Magna	Dr Margaret Mangion , University of Malta, Malta <i>Instilling Everyday Creativity (repeat)</i>
		Meeting Room	Roy Ballam , British Nutrition Foundation, UK <i>Food and Nutrition Education: Partnerships in Action</i>
		Lecture Room 1	Dr Vince Caruana and Cynthia Caruana , University of Malta, Malta <i>Pedagogical Approaches to Sustainable Consumption for Families and Communities</i>
		Boardroom	Joyce Callus , Educator and Counsellor, Malta <i>Adolescence: A Challenging Phase – How Can Home Economics Teachers Help?</i>
		Lecture Room 2	Stefania Calleja , Home Economics Teacher and Entrepreneur, Malta <i>Ancient Yet Lesser Known Grains in the Modern Diet (repeat)</i>

CONFERENCE			
Sat 21 March	Day 3 cont.	Coffee breaks or 1345-1515 Display Area	<p>Poster Thematic tours (self guided)</p> <p>SUGGESTED TOUR 5 - SOCIO-CULTURAL AND HEALTH FACTORS IN FOOD BEHAVIOURS</p> <p>M. Farrugia <i>Food Under Siege: A Historical Sociology Exploration into Food and Hunger during World War II and its Effect on the Maltese Population</i></p> <p>S. Muscat <i>Food Choices in Transition: Newly Weds' Negotiations of a Joint Food System</i></p> <p>S. Wahlen <i>Food Poverty: A Home Economics Perspective</i></p> <p>Y. Suzuki <i>Learning from School Lunch in Japan: Focus on Food Culture</i></p> <p>A. Barros <i>Healthy Choice Fundraiser Partnership Influences Consumption Choices and Healthy Behaviours in Schools</i></p> <p>SUGGESTED TOUR 6 - CAREERS, ENTREPRENEURSHIP AND HOME ECONOMICS EDUCATION</p> <p>E. C. Igba and M. Nwoge <i>Human Capital Development: A Panacea for Entrepreneurial Growth in Ebonyi State</i></p> <p>S. M. Basbrin <i>Factors Affecting Home Economics Graduates While Establishing Entrepreneurship</i></p> <p>D. Agbo <i>Improving Students' Interest in a Clothing Career: Implications for Home Economics Wellbeing.</i></p> <p>SUGGESTED TOUR 7 - CONSUMER LITERACY AND EDUCATION</p> <p>P. Daub <i>Economy360: A Management Information Tool for Consumers</i></p> <p>V. Mulenga and X.Q. Zhang <i>Influence of Individual Characteristics on Consumer Understanding and Usage of the Nutrition Fact Panel: Case of China and Zambia</i></p> <p>A. Banguning and B. Freytag-Leyer <i>Consumer Understanding of Nutrition Information on Food Labels: Case Study in Semarang, Java, Indonesia</i></p> <p>H. Steyn and F. Van Tonder <i>The Consumer Studies Olympiad in South Africa</i></p>

CONFERENCE			
Sat 21 March	Day 3 cont.	1515-1535	Coffee break
		1535-1635 Aula Magna	Dr Karen Mugliett, University of Malta, Malta and Joyce Callus, Educator and Counsellor, Malta <i>Giving Adolescents a Voice</i>
		1635-1700 Aula Magna	Plenary – Closing Dr Suzanne Piscopo, University of Malta, Conference Co- chair Gerda Casimir, EAHE President Carol Warren, IFHE President Hon. Chris Agius MP, Parliamentary Secretary for Research, Innovation, Youth and Sport
		1930-2230	Farewell Dinner (optional)
POST-CONFERENCE			
March Sun 22		Day	Cultural tour

NOTES
