



L-Università ta' Malta
Faculty for Social Wellbeing

UNITY⁷

Department of **Counselling**

2023

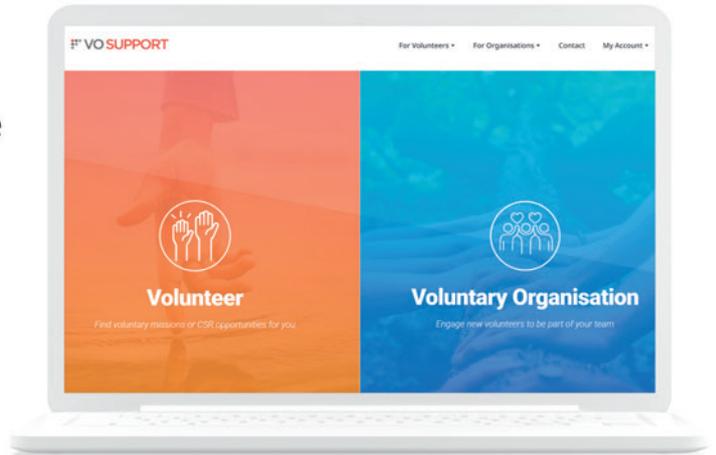
FREE

ISSN NUMBER: 2522-378X

Volunteer Support

Discover the volunteering opportunities in Malta and beyond

Check out different opportunities on website volunteers.mt



Volunteer Recruitment
Training & Mentoring Service
Civil Society Fund (CSF)

Small Initiatives Support Scheme (SIS)
Training Initiative Scheme (TIS)

NGO co-financing Fund
Voluntary Organisations Projects Scheme (VOPS)
Volunteer Support Centres

Youth Voluntary Service - Local
Youth Voluntary Service - Overseas
Voluntary Service
Voluntiera Malta
EU Mobility

Voluntary Organisation Support

Discover funding, training and volunteer recruitment opportunities



Malta Council for the
VOLUNTARY SECTOR



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181, Triq Melita, Valletta



“My hope is that the shortcomings our generation was responsible for will be remedied by this up and coming generation of young people. Our Faculty is blessed with so many conscientious young people who will most certainly steer the ship in the right direction.”



PROF. ANDREW AZZOPARDI
Dean

H.G. Wells poignantly says that “human history in essence is the history of ideas”, and yours are what we seek to grace the walls of the great hall of human knowledge - knowledge not only for its own sake but of the kind that impacts our existence to improve it.



That for me is the reason we exist as a Faculty - to make lives better. Perhaps you think that your ideas may be judged as far-fetched, impossible to execute, useless, unachievable, trivial, laughable, insignificant or a waste of time. But all great ideas, those whose immense contribution to our planet is now irrefutable, were once considered such. Be brave. Follow your ideas. And come to our assistance. Help us hold the banner of a Faculty that really strives to be for Social Wellbeing always higher to assist all those weighed down by suffering and hardship.

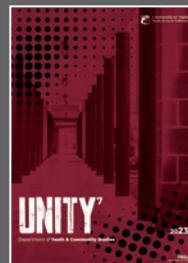
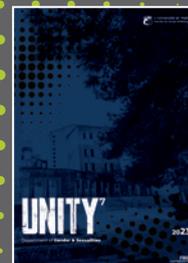
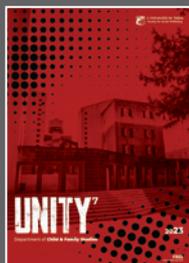
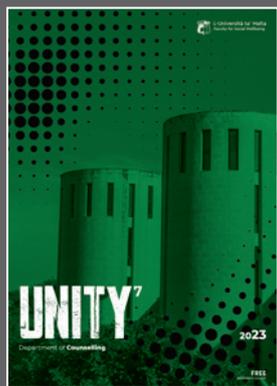
DR ROBERTA ATTARD
Head of Department

“Whenever we locate injustices in our communities the Faculty, together with its stakeholders, attempt to provide not only a voice but solutions to the problems.”



CHARLENE FABRI
Editor

UNITY⁷
2023



All the content of this magazine was written by Prof. Andrew Azzopardi and Charlene Fabri unless indicated otherwise.

Disclaimer: The views and opinions expressed in the Faculty for Social Wellbeing Unity 7 magazine do not necessarily reflect the official policy or position of the Faculty.

Contact us on: socialwellbeing@um.edu.mt

COVER STORY

This year's art work concept focuses on the notion of intersectionality and connectedness together with a sense of vision. Moving into our 12th year since the setting up of the Faculty in 2012, this colour palette helps us blend uniqueness and individuality of disciplines and areas of study and yet identify as one organisation with a corporate outlook. The innovative design of having a number of mini-mags, for the first time a magazine completely dedicated to children and packed in a unique way to convey the message of freshness, compactness and a drive to go forward. The personalized and interactive element of the magazine combines well with the theme of **UNITY** of this year, namely that of, 'What does the Faculty mean to you?'



From left to right: Dr Christian Borg Xuereb, Sara Zingariello & Dr Claire Azzopardi Lane

Sara Zingariello
Alumnus, Master in Counselling

Sara dedicates all her time and energy to be of service to persons experiencing crisis, most especially displaced adults and adolescent migrants. She has turned compassion and humanity into a super-power and has provided assistance and deep understanding to all that have had the fortune to cross their paths with hers. She is a counsellor by profession, working with the Jesuit Refugee Service, and with Victim Support Malta and has supported displaced migrants for many years.

**Social Commitment
Awardee**

Dr Jacqueline Azzopardi
**Social Engagement
Awardee**



From left to right: Dr Gottfried Catania, Carmen Galea & Dr Ingrid Grech Lanfranco

Carmen Galea

Carmen is one of the pioneers in the profession of Counselling in Malta. She has been instrumental in instituting and providing professional counselling services in schools, most especially in those hosting a large number of children with a multicultural background, quite a number of whom experiencing significant social disadvantage and poverty.

The Department of Counselling believes in the right of all to a life worth living and free from unnecessary suffering. We work to advance the development of counsellor education as a key way of helping people improve their lives and mental wellbeing. Our staff and collaborators strive to provide courses and hands-on training that equip future counsellors with the necessary skills and capabilities to become excellent ethical and competent professionals who advocate for human rights and inclusive, sustainable environments in which people can thrive. Our mission is also to contribute to the development of the counselling profession through research and continued professional development training initiatives.

Department of
Counselling

Faculty for **Social Wellbeing**

Master in Counselling (Gozo)

Part-time (evening)/ 4 years

Master in Counselling

Part-time (evening)/ 4 years

Master of Arts in Transcultural Counselling

Full-time/ 2 years

Postgraduate Certificate in Adlerian Counselling

Part-time (evening)/ 1.5 years

Postgraduate Certificate in Counselling Supervision

Part-time (evening)/ 1year

Foundation Course in Counselling Studies

(1 Semester)

M.Phil./Ph.D.

Disclaimer: Not all courses listed are offered every academic year

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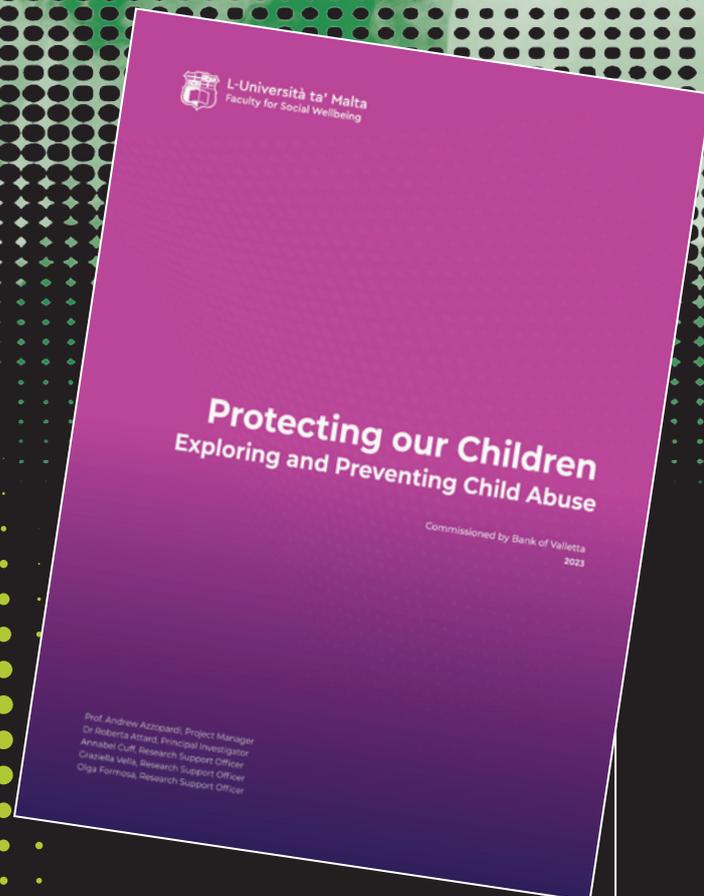
SOMETHING QUITE TRANSFORMATIONAL HAPPENED ALONG THE WAY: DEVELOPMENTAL NARRATIVES OF SYSTEMIC SUPERVISORS

This research will explore the stories of experienced systemic supervisors as they recount their development as supervisors. It is a qualitative study that will use a narrative approach to uncover the processes that supported the supervisors to learn about being effective supervisors.

It will address a research gap in that, whilst a lot has been written about the development of supervisees, much less is known about supervisors and their processes. As supervision is now regarded as a competence in its own regard, this research aims to provide an evidence-based perspective on the role of a systemic supervisor.

ROBERTA FARRUGIA DEBONO

M.Phil./Ph.D. Candidate



“73% of the adult respondents who experienced child abuse in one of its forms did not seek any help.”

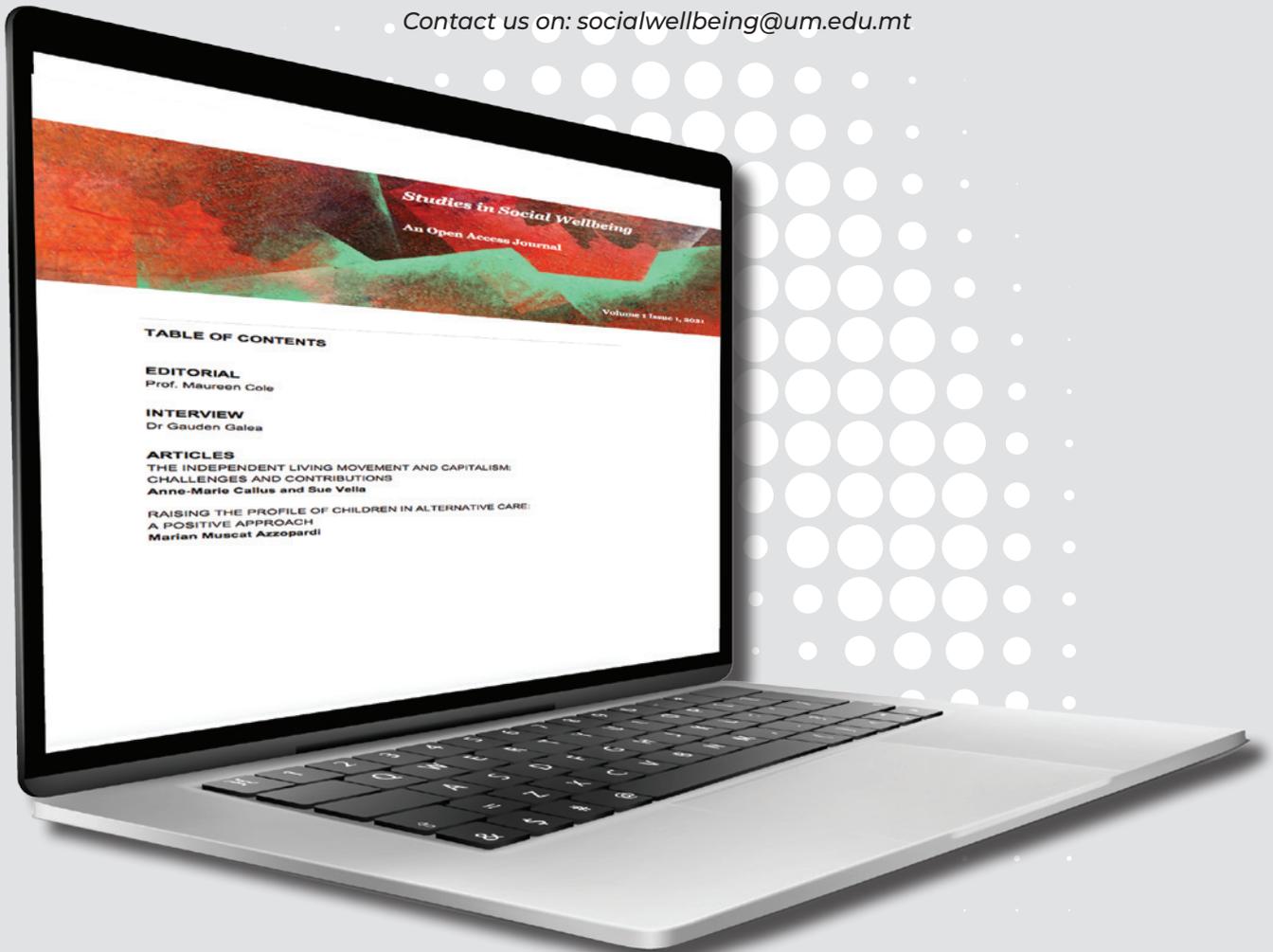
Protecting our Children: Exploring and Preventing Child Abuse – Commissioned by Bank of Valletta (2023)

The full report can be accessed from
<https://www.um.edu.mt/socialwellbeing/ourresearch/researchprojects/>

Faculty Journal **Studies in Social Wellbeing**

Academics from the Faculty for Social Wellbeing have set up a peer-reviewed, online, international and open-access journal, *Studies in Social Wellbeing*, which will provide a space for scholars and practitioners to publish work related to social wellbeing.

Contact us on: socialwellbeing@um.edu.mt



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I studied with the Faculty for Social Wellbeing for both my undergraduate and postgraduate studies and I would have it no other way! The Faculty has given me insight on the awareness of human beings, working with minorities and civil society and ultimately to work with people in a therapeutic environment. It has been hard work but also an incredible achievement and experience!

REB XIBERRAS

Master in Counselling



I am a senior nurse by profession and I have always been interested in providing psychological support and this has helped me psychologically in my profession as a nurse. I now feel I am better equipped and have more skills.

ODETTE MICALLEF ENGERER

Master in Counselling



“Our mission is to make active mobility safer and more accessible”

We strive to promote policies and practices that prioritise the well-being of all road users, particularly vulnerable groups such as pedestrians and cyclists. By advocating for inclusive infrastructure, legislation, and education, we aim to create livable cities and villages where active mobility is a viable, safe and enjoyable choice for all people.

Scan the QR Code below to support us!



Why did the death of Kacey have such an impact on our communities?

Kacey Sciberras' tragic demise was met with a collective outpouring of grief, with social media and news portals spewing pictures and videos of Kacey in her ITS uniform, descriptions of her local feast involvement, and hundreds of RIPs from devastated persons.

Yet, all this very quickly sank into oblivion, as people went about their lives, with only the yellow billboard at the site of the accident to remind people of the tragedy. The mayor's emotional outburst was a cry in the desert, and met with intense helplessness, coming from the certainty that nothing will change. The State's seamless inactivity and silence are deafening. Like the proliferation of suicides, the islands have seen in recent years, Kacey's death is a symptom of a sick society that prioritizes wealth for a few persons over care for its people. Keeping Kacey in mind would entail remembering that we are helpless monkeys in a circus, going about our familiar moves and controlled by a whip-yielding master. We thus avoid mourning and silence death, not realizing that our minds are already deadened.

DR MARLENE CAUCHI

Academic

Deaths of loved ones made public, stir up feelings of sadness and grief for many people.

A society leaning strongly towards individualisation resorts through the most available and personalised channel which is available, social media. The use of social media may be cathartic if used by the immediate family but the sharing excessively by third parties including media does hinder and prolong the grieving process. Constantly being reminded about the event, the "eternal" lasting of articles and posts, and lack of social ethics often expressed in the Maltese social scenario, leaves the significant members with an anger that they cannot express.

MAURO FARRUGIA

Stakeholder



Upon Kacey Sciberras' tragic death last May, there was a public uproar blaming the Government for not having traffic cameras in place. Of course, we would want speed cameras; we want to know where the monitoring is so that we would know where it is not to be able to bypass it.

The Government's responsibility goes beyond installing speed cameras and implementing harsher traffic penalties. The Government must take a more active role in motivating us to develop a better sense of responsibility where we do the right thing, even when there is no speed camera to catch us. Next time you pick up your phone as you are driving, next time you overtake negligently, next time you run a red light because there is no traffic camera think of Kacey and all those whose lives were cut short due to traffic negligence. We all think it will never happen to us. Until it does.

DEBORAH FRANCALANZA

Alumnus



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joining our team?**

send us your cv on
opportunities@pbs.com.mt

**FOUNDATION FOR
SOCIAL WELFARE
SERVICES**

Here for you



“ I am Jareth Grima

Social Worker at Prevention Services,
FSWS (Aġenzija Sedqqa)

fsws.gov.mt

Professorial Lecture Series

The Professorial Lecture Series is a forum which hosts lectures delivered by newly promoted Professors within our Faculty. The objective of the Professorial Lecture Series is for all the Professors to inform their colleagues, students and the general public about their current research and its impact on our communities.

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