

Transposable Elements in Human Cancer

ABSTRACT

Transposable elements are repetitive DNA sequences consisting of RNA transposons, DNA transposons, and endogenous retroviruses. Repetitive sequences cover more than two-thirds of the genome in humans and transposable elements comprise the majority of the repetitive sequences (approximately 50% of the human genome).

Transposable elements can transpose (i.e. can jump) and cause havoc. Indeed, research is showing that their deregulation impinges on the stability of the genome and on the regulation of transcription and that of non-coding RNA. This leads to carcinogenesis and to cancer progression. These insights are furthering their research to discover novel targets for theranostic applications in cancer.

INTRODUCTION

A 'transposable element' (TE) is a DNA sequence that can move and change its position (transpose) within the same chromosome or from one chromosome to another. These mobile DNA sequences are also called 'mobile elements'. It was the geneticist Barbara McClintock back in 1948 that discovered these elements in her seminal work on the mosaic colouration in maize. Her theory met a lot of scepticism in the field, and had to wait years before her work was recognized. Indeed, it was in 1983 when she was awarded the Nobel prize in Physiology/Medicine. Since then, similar mobile elements have been discovered in mammalian genomes, including that of humans. Moreover, they have also been found in almost all living species, including bacteria. The presence of active mobile DNAs in humans was only appreciated in 1988, when research showed that a TE was responsible for Haemophilia A. Since then, several genetic diseases have been discovered to be mediated by TEs.

DNA transposons and retrotransposons (also called retro-elements) are the two main classes of transposable elements. This classification is based on whether an RNA

intermediate is involved during transposition. DNA TE hop by a "cut-and-paste" mechanism, while retrotransposons replicate via a "copy-and-paste" mechanism. This essay will focus on retrotransposons and specifically, on LINE-1 (long interspersed nuclear element-1, also called L1), which are the most well-studied retrotransposons.

The human genome harbours over 500,000 copies of LINE-1 elements and it is estimated that they represent 18% of the genetic code. In the human somatic cell, the majority of LINE-1 elements are not active. In fact, it has been estimated that there are only 80 to 100 LINE-1 elements that are 'hot', so defined because they are capable of propagation ('retrotransposon competent' L1). Scientists call these subsets of LINE-1 elements as 'genetic parasites'.¹

STRUCTURE OF LINE-1 ELEMENTS



Figure 1. Structure of LINE-1. 5'UTR (five prime untranslated region); ORF1 (open reading frame 1); EN (endonuclease segment); ORF2 (open reading frame 2); RT (reverse transcriptase segment); C (carboxy-terminal segment); 3'UTR (three prime untranslated region).

LINE-1 elements are approximately 6-7 kilobases (kb) in length. Simplistically, a LINE-1 element consists of the following parts:

- (i) a 5'-UTR (five prime untranslated region) which is rich in cytosine-phosphate-guanine (CpG) - this region has two internal promoters, one is sense and the other is antisense;
- (ii) two open reading frames (ORFs) which do not overlap, with ORF1 being 1 kb long and ORF2 being 3.8 kb long;
- (iii) a 3'-UTR (206 nucleotides) with a poly(A) tail.

THE PROCESS OF L-1 RETROTRANSPPOSITION

Briefly, the process of L-1 retrotransposition consists of the following stages:

- (i) A cycle starts in the nucleus with the disassembly of the nucleosomal and remodeling deacetylase (NuRD) multiprotein complex from the L1 promoter. NuRD is a repressor complex, which together with epigenetic repressor marks (e.g. histone-3 lysine-9 trimethylations (H3K9me3) and histone-3 lysine-20 trimethylations (H3K20me3)) cause L1 promoter to be in a heterochromatic state, the latter being a compact condensed state of the DNA making it inaccessible for transcription. Thus, removal of NuRD and the epigenetic repressor marks, shifts the L1 promoter from its heterochromatic state to a euchromatic one, which is open and uncompacted chromatin, allowing transcription.
- (ii) The L-1 DNA sequence is transcribed by RNA polymerase II into the L1 mRNA. The RNA polymerase binds to the sense promoter and starts transcription in a 5' to 3' manner.
- (iii) L1 mRNA exports to the cytoplasm.
- (iv) In the cytoplasm, L1 mRNA is translated. ORF1 frame encodes ORF1 protein (ORF1p) which is 40kDa and has an RNA recognition motif. ORF2 frame encodes ORF2 protein (ORF2p) which is 150kDa and has endonuclease and reverse transcriptase activities.
- (v) In the majority of cases ORF1p and ORF2p proteins preferentially assemble with their own L-1 transcript forming L1 ribonucleoprotein complex (L1 RNP). This preference binding is called *cis* preference. However, a minority of them show *trans*-preference. Indeed, they can bind to SINEs (short interspersed nuclear elements) and other mRNAs to form RNPs.
- (vi) From the cytoplasm the L1 RNP complex imports into the nucleus.
- (vii) Reverse transcription of the L1 mRNA occurs producing the L1 complementary DNA (L1 cDNA). The endonuclease activity of ORFp targets a DNA sequence (5'-TTTTAA-3'), nicks it and the L1 element is inserted. This process is called 'target-site primed reverse transcription' (TPRT).²

MECHANISMS THAT SILENCE TEs

It is obvious that L1 elements like other TEs can cause havoc when unleashed. That is why the host response to limit the harmful effects of these TEs is a multilayered one directed at the various stages of their life cycle. Below are some of the known processes that the mammalian somatic cell has developed to repress their activity. Many of the processes 'cross talk' with each other and form complicated networks involving several stages and molecules. These repressive mechanisms have been found to be deregulated in cancer cells or in cells that are exposed to environmental carcinogens, thus allowing L1 retrotransposition and propagation.

One of the somatic mechanisms that the host cell uses to inhibit the expression of L1 and its transposition is 'epigenetic repression'. Epigenetics refers to reversible chemical mechanisms that affect gene expression without altering the DNA sequence. Some of these epigenetic mechanisms affect the L1 5'UTR and notably include DNA hypermethylation, repressive histone modifications (H3K9me3, H3K20me3) and recruitment of the nucleosome remodeling and deacetylase (NuRD) complex. These changes cause the chromatin structure to condense into the 'inaccessible' heterochromatin and so transcription cannot occur. Another epigenetic repressive mechanism is that by micro-RNAs. Micro-RNA-induced L1 silencing is mediated by the micro-RNA binding directly to the L1 mRNA, which is then degraded. Specifically one such micro-RNA is microRNA-128.³

Besides micro-RNAs, L1 mRNA is also degraded or suppressed by small interfering RNAs (siRNAs) and piwi-interacting RNAs (piRNAs).⁴

Another system that is triggered when L1 is activated is that involving the Apolipoprotein B (apo B)-editing catalytic (APOBEC) gene family. Its action is to catalyse the deamination of cytosine to uracil in L1 mRNA.⁵ These cytosine-to-uracil point mutations are then recognized and L1 mRNA is degraded by endonucleases or RNA degrading enzymes.

Another mechanism is the preferential insertions of L1 sequences to gene-poor regions like those found in chromosome 13.⁶ Chromosome 13 (like chromosome 18, 21, and Y) is a gene-poor chromosome. Thus, new insertions of L1s will unlikely disrupt any gene loci.

L1 mRNA and its proteins can also be sequestered into storage centres called stress granules (SG). These granules are cytosolic membraneless compartments where stalled translation complexes are stored. Being thus sequestered, the RNP is prevented from entering into the nucleus and complete the retrotransposition cycle.⁷ Subsequently, the L1 mRNA and its proteins are degraded in cytoplasmic membraneless P-bodies (PB) or autophagosomes. PBs and SGs then 'dock' and shuttle the L1 mRNA and its proteins.^{8,9}

If by any chance the above mechanisms fail and L1 RNP manages to enter into the nucleus, other inhibitory mechanisms come into play. An important one involves the highly conserved ERCC1/XPF complex (excision repair cross-complementation group 1/xeroderma pigmentosum complementation group F), which has endonuclease activity and is involved in various DNA repair pathways to keep the genome stable. Specifically, here, during the TPRT process the complex recognizes the cDNA and removes it, restoring the DNA sequence.¹⁰

LINE-1 MOBILISATION AND TUMORIGENESIS

Transposable elements shaped and still are shaping our genome. However, their jumping around can cause genomic instability and cause disease, including cancer.

Several mechanisms have been proposed for the role of L1 in tumorigenesis. L1 can be involved directly or indirectly. Briefly, when they insert their sequence through retrotransposition, L1 directly can disrupt or dysregulate the structure and function of genes by the following mechanisms (Table 1).

Mechanism	Reference
Introduction of an early stop codon	(11)
Polyadenylation	(12)
Deletions	(13)
DNA CpG island and histone methylation	(14)
Aberrant splicing	(15)
Insertion of new promoter sequences	(16)
Alteration in gene regulatory networks	(17)

Table 1. Mechanisms relating to the disruption or dysregulation of genes.

Indirectly, L1 mRNAs and its proteins can be used in cellular functions other than those used for the retrotransposition, favouring tumour growth. Table 2 shows some of the mechanisms involved.

Mechanism	Reference
L1 chimeric transcripts	(18)
L1 miRNA sequestering miRNA by competing with cellular endogenous RNAs (ceRNA)	(19)
L1 mediation in Epithelial-to-Mesenchymal Transition (EMT)	(20)

Table 2. Role of L1 mRNAs and its proteins in tumour growth.

LINE-1 AS BIOMARKERS IN CANCER

A biomarker is of benefit if it can provide useful information in the diagnosis (especially early detection) and/or prognosis and/or monitoring of the effect of treatment. It can also help in the stratification of patients and hence in their tailored treatment. The extensive accumulating research on L1 is showing that it has the potential to be such a biomarker in cancer. Specifically, the following are being proposed as L1 biomarkers: L1-ORF1, L1-ORF2, L1-mRNA, L1-methylation status and L1-DNA.

Various cancers release cancer cells into the circulation. Circulating L1-DNA from these circulating cancer cells has been proposed by Sunami et al.²¹ as a biomarker in breast cancer. They found that L1-DNA was higher in breast cancer patients and could be useful in detecting early-stage breast cancer. Also, they observed a correlation between L1-DNA copy number and tumour size. Another study²² also showed that circulating L1-DNA level was associated with tumour size.

Other feasible L1-biomarkers are L1-mRNA and its proteins (L1-ORF1 and L1-ORF2). L1-mRNA can be profiled

in tumours. More importantly, using tissue specific markers, L1-mRNA can be traced back to the tissue releasing L1,²³ thus serving as an indirect approach to determine the tissue of origin. Over-expression of L1-ORF2 protein was reported in colon, lung, breast and prostate cancer of epithelial phenotypes.²⁴ Similarly, expression of L1-ORF1 protein was found in several invasive tumours²⁵ and was associated with a poor prognosis.

It has been shown that L1-hypomethylation is linked with a poor prognosis. For example L1-hypomethylation in tissue samples of ovarian cancer,²⁶ colon cancer,²⁷ glioblastoma multiforme²⁸ and hepatocellular carcinoma²⁹ was associated with a lower 5-year survival rate. L1-hypomethylation can also be used to stratify patients to treatment.³⁰

LINE-1 AS A POTENTIAL THERAPEUTIC TARGET IN CANCER

L1 life cycle offers a plethora of molecules that can be targeted to inhibit its propagation and thus inhibit L1-mediated mutagenesis.

Line-1's ORF2 reading frame encodes the protein ORF2p which has endonuclease and reverse transcriptase activities. L-1 inhibition by reverse transcriptase inhibitors can thus be a potential treatment in cancer by targeting reverse transcriptase activity.

In 2005, Sciamana et al.³¹ used two reverse transcriptase inhibitors (nevirapine and efavirenz) to slow down the growth proliferation of cells in cell lines of prostatic carcinoma and malignant melanoma.

In 2010, Carini et al.³² also showed the effectiveness of another reverse transcriptase inhibitor, abacavir, on the proliferative growth of prostatic cancer.

In 2014, the FAVE clinical study³³ showed the efficacy of efavirenz in metastatic castration-resistant cancer of the prostate. In a follow-up phase 1 clinical trial (Identifier: NCT01878890) called ESCALE, efavirenz was tested on patients with solid tumours and Non-Hodgkin lymphoma in higher doses than those used in the FAVE study. This was done to test doses above 600mg daily in order to establish the maximum tolerated therapeutic dose.

Translational medical researchers have always looked into photochemicals for their therapeutic use. This is because they function in numerous biological pathways and besides, these usually have a low toxic profile. Nishikawa et al.³⁴ screened various phytochemicals and found that capsaicin has reverse transcriptase inhibition properties and it suppresses L1 retrotransposition. They thus propose that one way in which capsaicin may defeat the progression of tumorigenesis is by inhibiting L1-mediated mutagenesis. They also propose further studies to investigate capsaicin and related compounds called capsaicinoids in the quest to prevent and treat cancer.

RNA-based treatments are also gaining momentum. Another pathway of treating cancer based on L1 silencing might be the use of micro-RNA mimics. It has already been

pointed out that miR-128 represses L1 activity. Idica et al.³⁵ found that miR-128 binds directly to L1 ORF2 RNA thus repressing its transposition.

CONCLUSION

The ubiquitous transposable elements have been underappreciated because they have been labelled as unimportant and also, because of their sheer high number of copies and variants, created technical challenges.

These obstacles have now been overturned. Unfaltering research and new methodical platforms are showing that dysregulated expression of TE is a characteristic of cancer and possibly plays an important role in tumour initiation and progression. As more ongoing translational research on TEs unfolds, one hopes that it will soon be applied in oncology clinical practice in the field of diagnostic and prognostic biomarkers and also, as potential therapeutic targets.

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