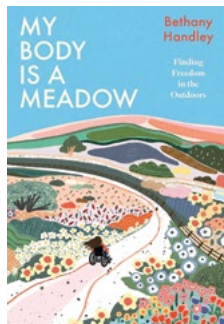


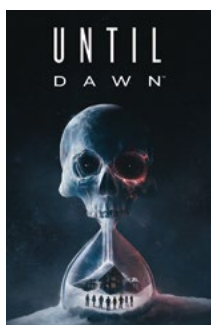
book



My Body is a Meadow by **Bethany Handley**

Handley's striking debut combines her personal experience of chronic illness with broader questions about social marginalisation, biodiversity loss, and access to green and blue spaces. She calls for a rethinking of how we live with nature and each other.

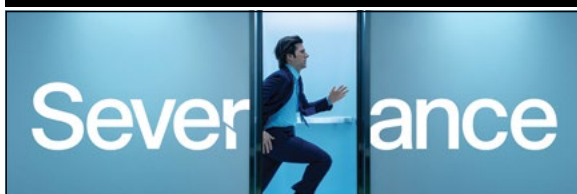
videogame



Until Dawn by **Supermassive Games**

Until Dawn is an interactive survival horror game following eight friends trapped on a remote, snow-covered mountain. Hunted by a malicious presence, your split-second decisions and 'butterfly effect' choices dictate the branching narrative, determining who survives the night and who dies.

tv



Severance by **Dan Erickson**

In this dystopian thriller series, Lumon Industries employees undergo a surgical procedure to separate their workplace memories from their personal lives. But when a mysterious colleague appears in the outside world, the sinister truths about their reality begin to unravel.

podcast



The Urbanist by **Monocle**

Hosted by **Andrew Tuck**, The Urbanist is a sleek, global guide to making better, more liveable cities. Eschewing a single-country lens, international architects and planners are interviewed to explore how everything from Tokyo's transit networks to European public spaces invisibly dictates our daily lives.



Brian's Corner

Crossword Puzzle

Across

6. Celebrating a discovery; 'I have found it!'
7. Illegal market manipulation by creating and cancelling large orders
8. A tube that carries blood around the body

Down

1. Use your brain
2. Something handed down from one generation to the next
3. A place for spiritual worship and prayer
4. An attachment to streamline and reduce drag
5. The immaterial essence of a human

