REFERENCE

- Forgacs I, Loganayagam A. Overprescribing proton pump inhibitors. BMJ 2008; 336(7634):2-3.
- Yang Y-X. Chronic PPI Therapy and Calcium Metabolism. Current gastroenterology reports 2012; 14(6):473-479.
- Zhou B, Huang Y, Li H, Sun W, Liu J. Proton-pump inhibitors and risk of fractures: an update meta-analysis. Osteoporos Int 2016; 27:339-347.
- US Food and Drug Administration (FDA). FDA Drug Safety Communication. Available from: http://www.fda.gov/Drugs/default.htm.
- Ito T, Jensen RT. Association of Long-term Proton Pump Inhibitor Therapy with Bone Fractures and effects on Absorption of Calcium, Vitamin B12, Iron, and Magnesium. Current gastroenterology reports 2010; 12(6):448-457.
- Sharma V, Brannon M, Carloss E. Effect of omeprazole on oral iron replacement in patients with iron deficiency anemia. South Med J 2004; 97:887–889.
- Sarzynski E, Puttarajappa C, Xie Y, Grover M, Laird-Fick H. Association between proton pump inhibitor use and anemia: a retrospective cohort study. Dig Dis Sci 2011; 56:2349.
- Hutchinson C, Geissler C, Powell J, Bomford A. Proton pump inhibitors suppress absorption of dietary non-haem iron in hereditary haemochromatosis. Gut 2007; 56:1291–1295.
- Koop H, Bachem MG. Serum iron, ferritin, and vitamin B12 during prolonged omeprazole therapy. J Clin Gastroenterol 1992; 14(4):288-92.
- Tempel M, Chawla A, Messina C, Çeliker MY. Effects of Omeprazole on Iron Absorption: Preliminary Study. Turkish Journal of Hematology 2013;30(3):307-310.
- Stewart C, Termanini B, Sutliff V, et al. Iron absorption in patients with Zollinger–Ellison syndrome treated with long-term gastric acid antisecretory therapy. Aliment Pharmacol Ther 1998;12:83-98.
- Eusebi LH, Rabitti S, Artesiani ML, et al. Pump Inhibitors: Risk of Longterm Use. Journal of Gastroenterology and Hepatology. 2017. (Epub

- ahead of print).
- Lam JR, Schneider JL, Zhao W, Corley DA. Proton Pump Inhibitor and Histamine 2 Receptor Antagonist Use and Vitamin B12 Deficiency. JAMA 2013; 310(22):2435-2422.
- Den Elzen WP, Groeneveld Y, De Ruijter W, et al. Long-term use of proton pump inhibitors and vitamin B12 status in elderly individuals. Alimentary Pharmacology & Therapeutics 2008; 27:491–497.
- 15. Jackson MA, Goodrick JK, Maxan ME, et al. Proton pump inhibitors alter the composition of the gut microbiota. Gut 2016; 65:749–56.
- Kwok CS, Arthur AK, Anibueze CI, Singh S, Cavallazzi R, Loke YK. Risk of Clostridium difficile infection with acid suppressing drugs and antibiotics: meta-analysis. American Journal of Gastroenterology 2012; 107(7):1011-1019.
- Bavishi C, DuPont HL. Systematic review: the use of proton pump inhibitors and increased susceptibility to enteric infection. Alimentary Pharmacology & Therapeutics 2011; 34:1269–1281.
- Lambert AA, Lam JO, Paik JJ, Ugarte-Gil C, Drummond MB, Crowell TA. Risk of Community-Acquired Pneumonia with Outpatient Proton-Pump Inhibitor Therapy: A Systematic Review and Meta-Analysis. PLoS ONE 2015; 10(6):e0128004.
- Filion KB, Chateau D, Targownik LE, et al. Proton pump inhibitors and the risk of hospitalisation for community-acquired pneumonia: replicated cohort studies with meta-analysis. Gut 2014; 63(4):552-558.
- Moledina DG, Perazella MA. PPIs and kidney disease: from AIN to CKD. J Nephrol 2016; 29:611.
- Arora P, Gupta A, Golzy M, et al. Proton pump inhibitors are associated with increased risk of development of chronic kidney disease. BMC Nephrology 2016; 17:112.
- Batchelor R, Gilmartin JF, Kemp W, Hoppler I, Liew D. Dementia, cognitive impairment and proton pump inhibitor therapy - a systematic review. J Gastroenterol Hepatol 2017 Jan 27. (Epub ahead of print).

RESEARCH

WASP (WRITE A SCIENTIFIC PAPER) AGAIN IN MALTA AND LONDON

VICTOR GRECH

The ability to write up research in a paper that can withstand peerreview is a crucial and critical requisite for all academics, not only to disseminate their work, but also to further their careers. The skills required are manifold and are usually acquired piecemeal. WASP (Write a Scientific Paper) is an intensive and comprehensive 3-day course that covers all requisite paper-writing skills.

Core subjects include: literature appraisal, proposals, ethics and data protection, seeking materials for publication, preparing a compelling abstract, an attractive poster and a captivating presentation, how to lay out a paper, which journals to target (and why), editors' viewpoints, tackling editors, the difference between a paper and a thesis, and statistics. Almost a third of WASP includes statistical analysis using the familiar Microsoft Excel environment. The WASP faculty comprises experienced researchers and journal editors. WASP's purpose is to impart the lecturers' collective experience to the delegates in this crucial aspect of career progress.

WASP courses include soft copies of all talks, all papers discussed as examples, all spreadsheets including actual data

used in published papers, as well as spreadsheets that extend Excel's native capabilities. WASP also has a half day of statistics exercises using Microsoft Excel. The author is well suited to impart the statistics lectures, having co-written the statistics chapter in *The Science of Paediatrics: MRCPCH Mastercourse.*¹

WASP has been held in Malta almost annually since 2010. After each iteration, feedback has been used for fine-tuning WASP. The course was held in London, for the first time, at the Royal College of Paediatrics and Child Health at the end of January 2017. This is a unique course worldwide and feedback has been excellent (table 1). The modus operandi for WASP has also been published.²

This event is suitable for all individuals in the sciences field who wish to enhance their paper writing skills by acquiring sound competences in academic writing. WASP will once again be held in Malta (2-4/10/2017) and in London (23-25/10/2017). The WASP faculty looks forward to meeting you. Registration is available at www.ithams.com/wasp.

REFERENCE

- 1. Fine-Golden M, Grech V. Statistics. In: Lissauer T, Carrol W (eds). The Science of Paediatrics MRCPCH Mastercourse (1st edition). London: Elsevier, 2016. (p. 723-738).
- 2. Grech V. WASP Write a Scientific Paper course: Why and how. J Vis Comm Med in press.