Abstract. This commentary addresses issues related to the scarcity of water in the Maltese Islands and its main causes. Some basic metrics related to the abstraction of freshwater, contamination of groundwater by nitrate and the limitations and challenges of the water sources in the Maltese Islands are highlighted. Hereafter, the relation between water scarcity, rainfall and population density, as well as the resultant effects on the sustainability of the freshwater sources of the Maltese Islands are presented. The current focus is on the production of good quality water based on a number of Reverse Osmosis (RO) plants that are found around the Maltese Islands. The significant energy requirements of this technology are compared with those for groundwater and wastewater treatment production. Current practices in the Maltese Islands regarding the treatment and use of sewage effluent by Sewage Treatment Plants (STPs) are described. The use of treated sewage effluent as an alternative source of water to RO water and of groundwater for second class uses is discussed. This paper concludes that the technology needed to employ treated effluents for unrestricted agricultural use and also for aquifer recharge is now in existence.

Keywords: water, reverse osmosis, sewage effluent, aquifer

1 Water Sources in the Maltese Islands

Due to the geographic and climatic conditions of the Maltese Islands, freshwater is a very scarce resource. It is reported that 70% of the country is facing water stress due to both water scarcity and deterioration (Eurostat, 2014). Malta has no surface water that can be commercially exploited (Mangion, Micallef & Attard, 2005). In fact, almost all of Malta's natural freshwater reserves are stored in groundwater aquifers (Eurostat, 2014). These aquifers are only replenished when rainwater is absorbed into the ground and slowly percolates into them, making them a finite resource. On average, it is reported that only about 23 million m³ of groundwater are available for human use through extraction (Malta Business Bureau, 2014). According to the European Union (EU)'s Statistics Office, Malta has only 188 m³ of freshwater per inhabitant, which ranks among the lowest levels in Europe, placing Malta in the top ten water scarce countries (Eurostat, 2014). Low annual rainfall of about 553.1 mm (National Statistics Office, Malta (NSO), 2013), a high population density (approximately 1322.2 per km² in 2011 (UN Data, 2014)), together with an intensive tourism sector, cause a huge strain on the freshwater sources of the Maltese Islands. It is estimated that a total of 34 million m³ of freshwater are extracted annually, which is 11 million m³ more than the local aquifers can handle (Malta Resources Authority, 2004; NSO, 2013, 2014). Thus, due to lack of enforcement, the authorities have failed to successfully control water uptake from illegal boreholes, severely straining the availability of groundwater for the present and future generations.

Extracting more than the aquifer can handle will displace freshwater with seawater, bringing about an increase in the salinity of the groundwater. Furthermore, overuse of fertilisers has led to excessive nitrates coming into contact with Malta’s groundwater. It has been estimated that the average nitrogen content per hectare is between 151.7kgN/ha and 227.8kgN/ha per annum, despite the Nitrate Directive of the EU stipulating the value of 170kgN/ha (Malta Resources Authority, 2004). This has resulted in 90% of all the extracted groundwater not meeting the EU standards for safe drinking, due to the exceedance of nitrate levels as stipulated in the Drinking Water Directive (Malta Resources Authority, 2004; Malta Environment and Planning Authority, 2014). There is a total of 16 groundwater sources in the Maltese Islands, with 15 of these listed as being at risk for contamination (Malta Environment and Planning Authority, 2014) (see Figure 1).

2 Production of Quality Water

In order to produce good quality water while also meeting the required demands, a number of Reverse Osmosis (RO) plants have been constructed across the Maltese Islands. In Malta, these RO plants are located in Ħal Far, Ħorga, and Pembroke. A Groundwater Polishing Plant is found in Ta’ Ċenċ, Gozo. RO is a process through which filtered seawater is forced under very high pressure through permeable membranes. These membranes are able to filter out most molecules, including salts, ions and bacteria, purifying the source to potable standards. Unfortunately, this process is energy-intensive. Up to 4.6 kWh of electricity are consumed for every cubic metre of water produced, resulting in approximately 4% of all of the Maltese Islands’ electricity going towards the generation of freshwater from seawater (NSO, 2014). This is significantly lower than the specific energy consumption...
in the mid-1990s, which was approximately 7.0 kWh/m\(^3\), due to the greater amount of water produced to meet the demand. In comparison, the specific energy consumption for groundwater is 0.8 kWh/m\(^3\). For the production of treated effluent from municipal wastewater, the Sant’Antnin treatment plant in Marsascala, Malta, uses 1.3 kWh/m\(^3\) (NSO, 2014). Figure 2 shows the electricity consumption of water production sources, with a lower trend emerging as investment in energy-efficient technologies, particularly in RO, proved successful.

Therefore, it can be concluded that although RO plants are indispensable in meeting the potable water demand of the country, they cause a huge strain on the Maltese economy, while also increasing the national carbon footprint. Thus it is important to investigate the possibility of meeting part of the country’s water demand through less energy-intensive alternatives.

### 3 Water Management in Malta

Between 2004 and 2013, 55.7% of all water utilised in Malta was produced by RO plants, while the other 44.3% came from groundwater sources (NSO, 2014). Over the years, governments have been trying to investigate trends in water consumption. In order to further illustrate water use in Malta, a report published by the Malta Resources Authority in 2004 indicated that the annual billed consumption was at 18 million m\(^3\) of water. However, the Water Services Corporation reported that the annual consumption exceeded 38 million m\(^3\) of water annually (Malta Resources Authority, 2004). This shows a huge discrepancy of 20 million m\(^3\). There is currently no evidence on how this amount of water is utilised.

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### 4 Operation of Sewage Treatment Plants (STPs) in the Maltese Islands

As explained above, a number of STPs are found around the Maltese Islands. The Gozo STP, found in the limits of Mqarr ix-Xini, was built in 2007. During 2009, it treated approximately 4,000 m\(^3\) of sewage per day. The North STP, located in the limits of Mellieha, started operations in 2008. It treats up to 8,200 m\(^3\) of raw sewage a day, before this is released into the sea through the marine sewage outfall. The Ta’ Barkat STP is capable of treating up to 60,000 m\(^3\) per day and treats around 80% of all the sewage produced in the Maltese Islands (United Nations Environment Programme, 2008; Water Services Corporation, 2009). This STP was the last to be built and utilises three main processes for water treatment, as described below.

#### 4.1 Processing by a Sewage Treatment Plant (STP)

Mechanical filtration is important to remove all the solid waste that may be found in the crude sewage. The heavier and bulkier solid waste is removed by mechanical grits, which resemble cages, in order for the solids to be removed and processed separately. The remaining fine particles, such as sand, are passed on to a secondary process, where a rotating machine removes the remainder of the particles. This is the part where the sewage is treated chemically in order to further bind any solid particles still present. The water is first treated with pH-stabilising chemicals in order to allow the sewage to become stable at around 7.5 to 8.5, in order to prevent the re-dissolving of certain precipitates, while also precipitating hydroxides of dissolved heavy metals. Next, ferric or aluminium (III) salts, followed by other synthetic polymer coagulants, are added in order to bind to the solid particles, which thus become heavier and sink to the bottom. This occurs in settling tanks, with the remaining solid material then treated as sludge. The sludge is treated separately and is used to produce 1 MW of power, which is in turn used to run the STP. The remaining water is passed on for biological treatment. As part of the secondary treatment, water
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is allowed to settle in anaerobic conditions, where anaerobes act upon the nutrients found in the water and remove them by means of denitrification. Nitrogen gas is removed and then released in the environment. Following this process, water is passed into other tanks where blowers ‘foam’ it up, allowing aerobes to continue removing any organic waste. The STP then releases the treated effluent into the marine environment by means of underwater pipes beneath the thermocline.

5 Conclusions

The Maltese Islands have always suffered from water scarcity and particularly during the last century, when the increasing population, irrigated agriculture and tourism placed enormous demands on the country’s limited resources. Although public water agencies have invested heavily in improving water production and distribution, exploitation of groundwater resources still reaches unprecedented levels. To date, treated sewage effluent has been under-utilised, despite the fact that the country has invested in treatment plants to treat all sewage. Technologies to make treated effluent useable are currently available on the market and may be considered as a means to produce polished effluent for agricultural use and for increasing recharge of the aquifers.

6 Funding

This work was supported by a Malta Government Scholarship Scheme grant awarded to David Spiteri and by the University of Malta Research Fund (Grant DES/192/2014/46).

7 Conflicts of Interest

The authors report no conflicts of interest.

References


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