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Foreword

The advent and impact of the COVID-19 pandemic has resulted in a difficult and painful time for people across the world. While here in Malta we have been successful in managing and mitigating the effects of the pandemic; nonetheless, are all too aware of how it has impacted on the lives of our families, friends, and communities; how it caused hardship, distress and uncertainty.

However, the crisis has also provided an opportunity for young people to contribute to community and social solidarity through their creativity and innovation. Agenzija Zghazagh saw the opportunities as well as the challenges resulting from the crisis and took steps to support young people and youth organisations in exploring and developing new ways, particularly through digitalisation and social media, of furthering social and inter-generational solidarity.

New services and opportunities for young people have been introduced by Agenzija Żghażagh, while others have been adapted to meet the changing circumstances. As a result of social distancing and isolation, reassuring and supporting young people through listening to their voices, experiences, emotions and concerns in these challenging times has taken on a new meaning and urgency.

One of the initiatives undertaken by Agenzija Żghażagh, was Youth in Gozo, which focused on providing an online platform for young people in Gozo who are pursued a wide range of cultural and artistic activities during the partial lockdown, involving dance, singing, musical instruments and crafts.

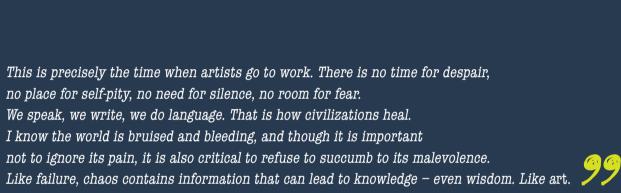
This publication is both a recognition and a celebration of young people in Gozo and how they dealt with the challenges of the partial lockdown and the resulting social distancing and isolation. It is also a historical record of the lives of young people during a pandemic.

The picture that emerges of our young people in Gozo during a time of Covid, is one of fortitude and resilience and a quiet confidence and assurance in themselves, their community and their future.

Dr Clifton Grima

Parliamentary Secretary for Youth, Sport and Voluntary Organisations





Toni Morrison

no place for self-pity, no need for silence, no room for fear.

We speak, we write, we do language. That is how civilizations heal.



CREATIVE PURSUITS OF YOUNG PEOPLE IN GOZO



IN A TIME OF COVID-19 CREATIVE PURSUITS OF YOUNG PEOPLE IN GOZO

Introduction

The impact of the COVID-19 pandemic has been felt across the world. For young people, as well as for everyone, it has resulted in a more restrictive lifestyle, limited access to education, work and services, and self-isolation and social distancing.

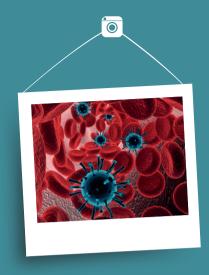
While regular youth services, programmes and initiatives in Malta, as elsewhere across Europe, were adversely impacted by the partial lockdown, it also provided us with a unique opportunity for working with and reaching out to young people online and through social media. At Agenzija Żghażagh, we continued to work and provide support and encouragement to young people during the partial lockdown while further developing and expanding our capacity for digital youth work. We also continued to digitalize our services and supported youth organisations to re-design and adjust their programmes and projects.

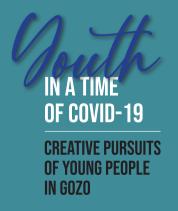
Despite social distancing and isolation, social media opened up new ways for young people and youth workers to engage with each other. Numerous online sessions were conducted that provide safe spaces for young people, enabling them to discuss topical issues, engage in online activities and socialise with their peers, assisted by professional youth workers. Many of the sessions have enabled young people from different social backgrounds to establish new relationships and share and discuss their values, ideas, aspirations and concerns.

Agenzija Żghażagh also undertook specific initiatives during the pandemic in support of young people. Stories from young people during Corona-virus, was a campaign that encouraged young people to share online their everyday experiences of life under the partial lockdown; from keeping fit, to preparing meals, talking with friends and engaging in cultural and artistic pursuits as well as voicing their feeling and emotions.

The Give Back Award was a project that invited young people to use their creativity and innovation to give something back to their communities to support and encourage them. Young people were asked to submit a solidarity proposal to be implemented during the pandemic. The best proposal which was called 'The Sea of Time' received a financial award following its implementation while a number of other interesting proposals were assigned a youth worker to coach them on how to further develop and promote their proposal.

Youth of Gozo was another project that focused on providing an online platform for





young people on the island of Gozo who were pursuing a wide range of cultural and artistic activities during the partial lockdown we had in Malta, involving dance, singing, musical instruments and crafts.

This publication, Youth in a time of Covid-19 - Creative pursuits of young people in Gozo, is a visual record and commentary, in their own words, of how young people participating in the project responded to the challenges as well as the opportunities of lockdown. The campaign sought to support and encouraged young people to further develop their creative skills by providing them with an online platform where they could not only demonstrate and share their talents and skills with others, but also share their emotions, concerns and hopes for the future.

In all, 68 young people participated in the campaign and were featured on the Facebook page of Agenzija Żghażagh's Gozo Youth Service between March and June 2020. Their ages ranged from 12 to 35; they were pursuing a wide range of creative activities and different career paths.

What they all have in common however, in addition to their being from Gozo, is youth and vigour, initiative and creativity, self-worth and communal solidarity, and common humanity.

What this publication also demonstrates is the positive power of youth work through social media and how it can enhance and strengthen the voices of young people and help them shape and determine their own future.

I want to thank the young people of Gozo for sharing their lives and experiences with us during the partial lockdown, the youth worker Jennifer Cauchi who managed the project and Isabelle Mallia (The Gozo Youth Service Manager) for facilitating this. As with everyone else, these past months have been a challenging time for Aġenzija Żghażagh; but it has also been a time of innovation, creativity, renewal and reinvention. Learning from negative events in life can often be more fruitful than learning from positive ones.

Miriam Teuma

Chief Executive Officer Aģenzija Żgħażagħ





Name: Jennifer Cauchi Age: 30 Location: Ghajnsielem Short Bio: I am passionate about youth work, Gozo and the Church. I have always been active with different church entities and youth groups and am also a member of Kummissjoni Djocesana Żgħażagħ Għawdex. It was this voluntary work that led me to choose my career path as a youth worker. I work with Agenzija Żghażagh and am privileged to do this through the Youth Service in Gozo. When I am not studying or working I'm usually (mentally or physically) wandering around Rome's cobblestone streets with a gelato in hand, lost in the magical world of Harry Potter or seeking refuge at Ta' Pinu. Pope Francis' document Christus Vivit is my source of regeneration when I need to rise from the ashes.





Name: Luke Vella Age: 13 Location: Ghajnsielem Short Bio: I am a Form 3 student at the Gozo College Secondary School. I am very active and enjoy hands on activities. My favourite subject is Design and Technology. I like learning by experimenting and trying out new things, especially with electrical materials. At home I spend time watching tutorials on YouTube and trying out experiments. I am always discovering new things and I hope that when I grow up I become an electrician. I also enjoy riding my bike and watching television.





Name: Michael Cutajar Zahra Age: 30 Location: Victoria

Short Bio: From a young age, I was fascinated with the works of art which my father, Joseph Cutajar Zahra produced in his studio. I am a full-time selfemployed sculptor in my studio in Kerċem. I have made lots of sculptures, especially for private commission, and statues in clay (terra-cotta), papiermache and bronze. I worked on several festa-related decoration artworks which can be seen all over our islands during festa period. At present, I am working on three-dimensional pieces, accepting commissioned work for private residences. I aspire not only to continue in this line which my father had built, but also to undertake important art





Michael Joe Cini Żebbuġ I have been producing music for the last 8 years. I mainly produce electronic dance music but lately I have been exploring other genres as well. Weirdly enough, I wasn't into music before I started producing. It all started when I heard about Avicii and I heard his music. I instantly wanted to find out how

he was making his songs and before

well. I learnt everything at home by

where we can learn a lot of things

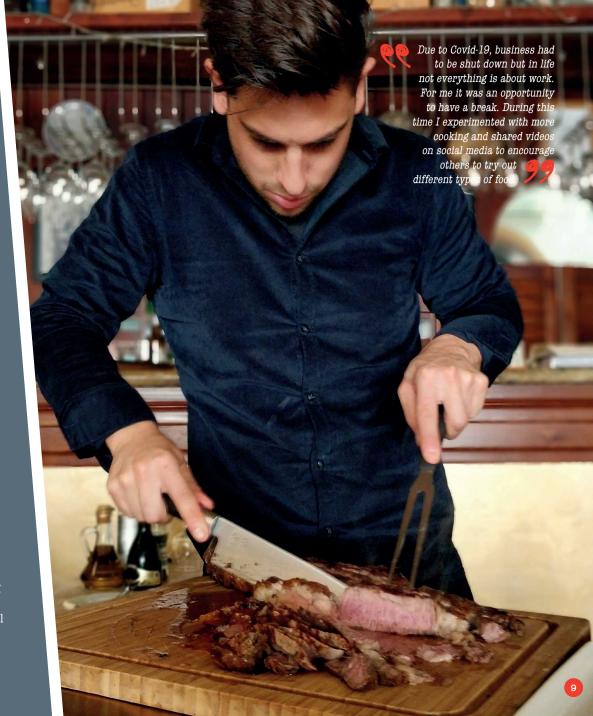
alone at home.

I knew it, I ended up producing as





Brian Refalo Xaghra I am the owner of 2 restaurants. Oleander in Xaghra and La Trattoria. Marsalforn Gozo. I have a passion for food and we do our best to provide our customers with the best dining experience. I also enjoy music and used to play the drums. I took part in the 2007 and 2008 Eurovision song contest with Klinsmann Coleiro which was an enjoyable experience. Right now because of business I do not have much time to practise, however during Covid-19 I assembled my drums again and had a go after a very long time. I believe it's going to require time, practice and patience to reach the desired level of playing.





Name: Tyler Grech Age: 23

Location: Ghajnsielem

Short Bio: Upon graduating from University, I left Malta for Ireland 6 months prior to the Covid-19 outbreak to work in Business Development. My move could be explained as a mix of adventure seeking coupled with the existential crisis that sometimes hits when one graduates from University and is faced with a disorienting overload of choices. When I was younger, I used to dabble on the guitar. I wasn't any good, but I enjoyed it nonetheless. I sold my guitar and after a while began to regret that decision every time I would hear a good guitar melody. Last year I bought my second guitar, mainly as a way to procrastinate and avoid doing schoolwork and grew an attachment to it. I returned to Malta due to the pandemic. During the 2 weeks I spent in quarantine, I rediscovered the pleasure of plucking chords on my guitar.





Name: Angie Said Age: 16

Location: Sannat

Short Bio: From a young age I used to love reading lots of books, especially in Maltese. Around 2 years ago, I discovered the beauty of writing and started writing poems and short stories which included a lesson or message. I do not write frequently, it is not something that I do when I have to but only when I am in the mood.





Name: Albert-Lauren Agius Age: 14

Location: Ghajnsielem

Short Bio: Singing is my passion. I like to make others happy while I sing. I have been vocally coached since the age of 4. I took part in various singing festivals. Locally I won a TV show called 'Anke Jien Ghandi x'Nuri' and also Sanremo Junior Malta, where I won the right to represent Malta at Sanremo Junior in Italy. This was a dream come true since I sang with the Sanremo Orchestra on the Ariston stage and won 'Il Primo Premio Internazionale di Sanremo'. I was also a finalist of 'The Entertainers Singing Challenge' and in 2018 I was a finalist of the Malta Junior Eurovision. I sing during Holy Masses and I am part of a band, in which I sing and play the base guitar. I play and study the piano and sit for the Trinity Guildhall College of London piano exams.





Name: Charles Buttigieg
Age: 20

Location: Ghainsielem Short Bio: I started singing from a very young age. In 2011 I joined Chorus Urbanus under Mro. John Galea. I sang under the auspices of the President of Malta, for the Patrons of the 'BOV Joseph Calleja Foundation', at Teatru Manoel, and with the Malta Youth Orchestra. I've sung abroad in Caltagirone, La Bohème in Gela and Agrigento, in New York in the presence of the Chairman of the Metropolitan, at the Curtis Institute of Music, and the Curtis Gala. In 2019, I debuted at the Opera Philadelphia, having attained a leading role at 20 years of age as the youngest baritone of all time. My vocal studies started under Juliette Bisazza and I am currently studying at the Curtis Institute of

Music under Mro Jack LiVigni.





Name: Felicienne Mercieca Age: 30 Location: Xaghra

my desired results.

Short Bio: From a young age I have always been involved in sports. I used to practise basketball and football for several years. Six years ago I took up running as a sport. I had a coach who was a triatlete and he used to encourage me to start this sport. Being a triathlete requires lots of hours of practice as it includes 3 different disciplines which are swimming, cycling and running. I love this sport as it keeps me motivated to continuously give my best to achieve





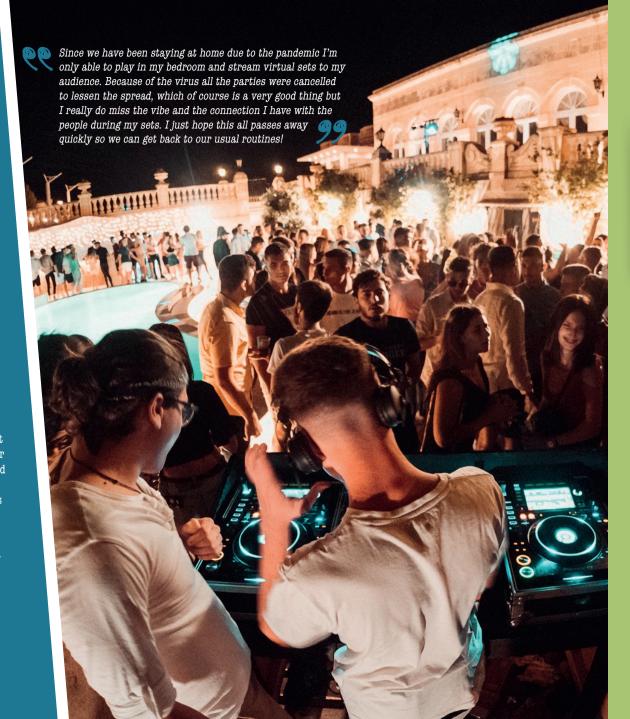
Name: Benjamin Attard Age: 11 **Location:** Victoria Short Bio: I started my first piano lessons in January 2017 and afterwards I started singing lessons in August of the same year. I practise every day and it involves lots of determination. I participated in various local song festivals and activities. In November 2018 I was chosen to represent Malta in an international festival which was held in Budapest, Hungary. My best opportunity by far, was when I took part in the first edition of 'Kanta Maghna' festival with the D Capitals Big Band, where I was placed 2nd in my category and was also awarded the Distinct Talent Award . My dream is that in the near future, I take part in The Voice or X-Factor Malta.





Name: Damjan Zahra Age: 16 Location: Victoria

Short Bio: I am a student at Sir MA Refalo Sixth Form in Gozo. I am currently studying to enter the International Relations Sector. Becoming a DJ had been a dream since I was young as I always loved dance music. My brother who at that time had just started his djing career inspired me to give it a go. At the end of 2018 I decided to take DJing to the next level. Building on the basics of what my brother had taught me earlier on, I started to progress and get better. My first gig then came around in February 2019 kicking off my DJ career.





Name: Jonathan Vella Age: 28 Location: Nadur

Short Bio: In 2005, I started music theory at the local band club starting with the very basics such as beats and time signatures. After a year I started the clarinet which I played for 4 years. In 2009 I decided to switch to brass. It was a huge leap for me as they are very different instruments and required more studying and practice. I did not give up and practised as much as I could at home. I have now been playing for 15 years and do my best to keep improving. The most important thing is that when you practise a new piece you have to take it bit by bit until you perfect it all. This commitment to music requires that you love what you do so you do it from the heart, feel better and enjoy it!





Name: Martha Grima Age: 29

Location: Kercem

Short Bio: It has taken years of hard work, studying and sleepless nights, but I will soon be a specialist in family medicine, after graduating as a Doctor in 2014. I've also been dancing ballet since I was seven, and last December I successfully passed the Advanced level exam. As an art, ballet has helped me in various ways; it has been a means of relaxation during stressful times, an opportunity to meet great friends and a space to learn about the world. Apart from my profession and dancing ballet, I design handmade cards. I also try to make time to appreciate the company of loved ones. Last but not least, prayer has always been an important part of my life and I thank God for being my shepherd and guide throughout my daily challenges.





Name: Joseph Attard Age: 34 Location: Ghajnsielem Short Bio: I started taking electric guitar lessons at the age of thirteen. I really liked to listen to rock music especially heavy metal at that time. Once I mastered the guitar basics, I started experimenting on my own. In fact, later I bought a bass guitar, two violins, a synthesizer piano and a harmonica. I really feel the music and like to play the music I like most, ranging from classical music to rock music. Through music, I relax especially after a day at work.





Name: Christian Debono Age: 30 Location: Victoria

Short Bio: I was drawn to the art of gilding when I started frequenting "il-Mahżen", our local village feast enthusiasts' hangout. Afterwhich I attended a course at Ghajnsielem School of Art. From there I learnt different methods of gilding, using aluminium leaf, gold leaf and gilding with bole. I do lots of voluntary gilding work in honour of our patron - St. George. This involves gilding with gold leaf on our statues as well as gilding pedestal decorations. The latter are usually covered with layers of aluminium leaf, before a final coat of shellac is added. I have also gilded a number of miniature statues, pedestals, clocks, frames and candle holders for private collections. If I had to pinpoint the job closest to my heart, it would definitely be the processional statue of St. Joseph in St. George's Basilica, Victoria. This was gilded with bole.





Name: Ruth Portelli Age: 31 Location: Qala Short Bio: I started singing at a relatively young age, and the first time I stepped onto the stage was during Primary School. From then onwards, there were several who encouraged and helped me to take part in festivals in Gozo. I started singing in the Parish Choir, and enrolled in singing lessons. Today, my manager acts as my moral compass and guide in music, apart from also looking after my social media presence. Whenever I need to practice, I shut myself up in a quiet room, in order to have maximum concentration. I am a bit of a perfectionist so it does take a while to convince myself that a song is good!





Name: Amy Rapa Age: 24

Location: Ghajnsielem

Short Bio: I started studying the piano at the age of six, with Ms. Jennifer Grech. I obtained the ATCL Diploma in Piano Performance in 2012 and perform as a pianist with orchestras and ensembles, and also accompany various singers, choirs and instrumentalists. I have also played in various musical productions, most recently in Joseph and the Amazing Technicolor Dreamcoat at Teatru Astra and Sound of Music at the Oratory Don Bosco. I am currently the resident pianist of the local band – Brasstubes and also the director of the Xewkija Parish Children's Choir - Kor Ulied il-Battista. In 2018 I graduated as a Mechanical Engineer from the University of Malta.





Name: Maria Mifsud Age: 25 Location: Kercem

Short Bio: I feel blessed to have graduated with a Masters Degree in Scoring for Film. Television and Video Games from Berklee College of Music (Valencia). As a pianist and violinist I have performed both at a national and international level and as a composer I have received awards in international competitions. I feel honoured to have conducted and professionally recorded my compositions with film orchestras at AIR Studios, Palau de les Arts and East Connection. Complementing my music background, I am a holder of a Masters Degree in Teaching and Learning Music, BA(Hons) in Music, PG(Cert) in Online and Distance Education, LMusLCM. ATCL and AMusTCL.





Name: Pierre Louis Attard
Age: 26
Location: Victoria
Short Bio: I graduated as an Ian
Tomlin scholar with first-class
honours from Edinburgh Napier
University, also receiving the
Hebberts Prize for strings. As a BOV
Joseph Calleja Foundation scholar,
I recently graduated with a Master
of Music degree with Distinction in
violin performance at the Royal Welsh

College of Music.

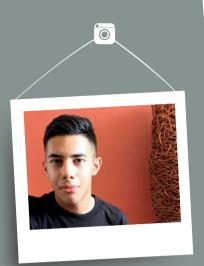
In 2010, I made my foreign debut and in 2012, I debuted as solo violinist with the Malta Philarmonic Orchestra, of which I am also a member. I also used to be a member of the Mediterranean Youth Orchestra, a leader of the Malta Youth Orchestra and the Royal Welsh Chamber Orchestra. I currently teach the violin at the Gozo Visual and Performing Arts School.





Name: Andrew Portelli
Age: 27
Location: Victoria
Short Bio: I graduated in Fine
Arts from Malta College of Arts,
Science and Technology. I have
been involved in many artistic
ventures since my teens. I love
designing and constructing stage
sets which range from opera to
party props. I was also obsessed
by street decorations since I
was of a very young age. Mr
Joseph Cauchi was the one who
introduced me to the marbling
technique, and since then I have
been producing works for the
village feasts around Malta and
Gozo.

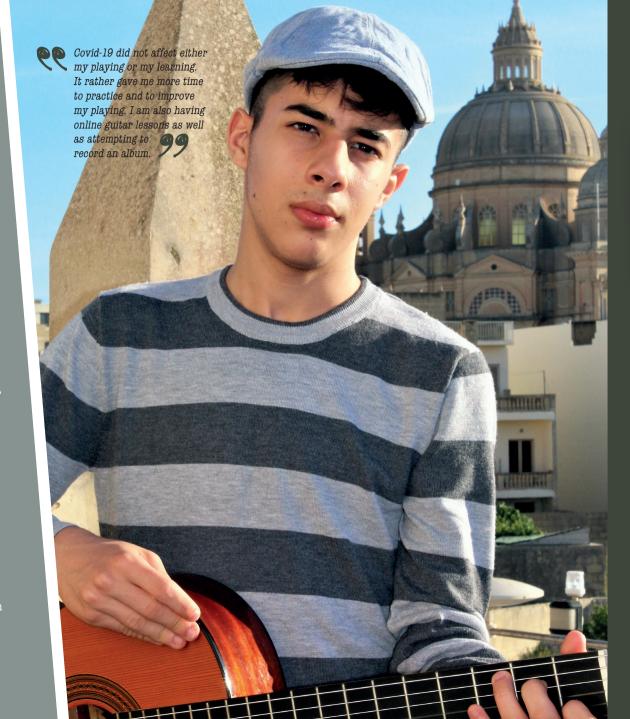




Name: Amadeo John Cassar Age: 15

Location: Xewkija

Short Bio: I am currently learning how to play different types of string instruments including ukulele, bass and guitar. I am taking formal guitar lessons with Joseph Azzopardi. Whenever I find the time, I practise on my instruments. My favourite musicians are Rob Scallon, Flea, Brian May and Jaco Pastorius. For me music was not really the path I wanted to choose. It just somehow came out of the blue and now it fulfils my life. I also hope to learn other lesser-known instruments like the kalimba and the theremin. My message to all other young people is to heed that little voice inside their head because it could be calling upon them to open up a new road in their future careers.





Name: Steve Buttigieg
Age: 16

Location: Nadur

Short Bio: I started learning the piano at the age of 7 with Ms Maureen Zerafa. I admit that throughout the years there were several times when I almost gave up and wanted to stop, but thanks to my mother's support and with God's help I continued with my piano studies. I am very happy with the progress I have made so far. I am also determined to pursue my music studies at University. Currently I am waiting to sit for the first Piano Diploma exam which was postponed due to Covid-19.





Name: Fr Mario Curmi Age: 30 Location: Xaghra

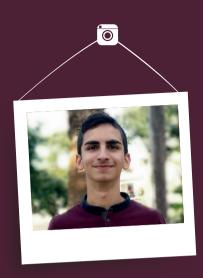
Short Bio: After 7 years of studying at the Sacred Heart Major Seminary in Gozo I was ordained priest on 20th May 2016. I continued my studies in the city of Salamanca in Spain where I obatined the Licentiate of Sacred Scripture. After those 2 years I started a new adventure as a missionary in Guatemala, Central America. I have been serving at the parish in Izabal for 2 years, where together with another Gozitan priest, I take care of children and youth groups, the children's choir and a music school. The parish is spread over a jungle where I visit around 28 more villages to celebrate mass and other sacraments as well as to visit the poor.





Name: Loredana Agius Age: 16 Location: Ghajnsielem Short Bio: From the age of 4, I started my vocal coaching. Growing up I learnt various singing techniques and the beauty of the voice. I participated and won various singing festivals both locally and abroad. I won the Trixie International Festival in Bulgaria and the Tra La La Festival in Macedonia. I placed 2nd at the Carpathians Star Festival in Romania and in the Prishtina Kids Festival in Kosovo. Locally I was a finalist in Sanremo Junior Malta and in the Entertainers Singing Challenge, which were shown on local TV stations. Every weekend I sing during Holy Mass. I also play the piano and soon will be completing my theory and practice exams with the Trinity Guidhall College, London.





Name: Jean Carl Muscat Age: 16

Location: Munxar

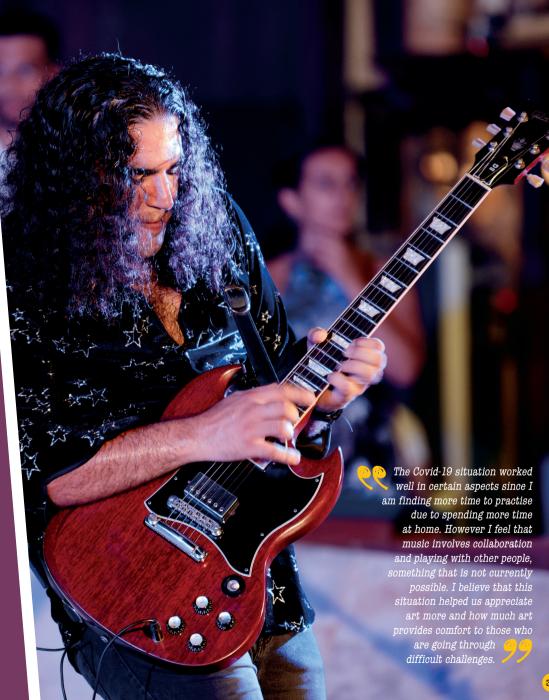
Short Bio: I have been playing the piano for the last 8 years. I started learning this instrument at the Gozo Visual and Performing Arts School. I have always loved music and it was my wish since I was very young to learn the piano. Since piano lessons are held once a week I found that it was important to practice daily at home for a number of hours so I can improve my skill. Apart from the piano I also play the trombone, which I have been playing for almost 3 years.





Name: Joseph Azzopardi
Age: 32
Location: Nadur
Short Bio: Although I started
playing the guitar at 16 years of
age, music is an integral part of
my life. Not a day passes that I
don't pick up my guitar or try to
create a new melody. Music gives
me satisfaction and helps me
confront beautiful experiences
as well as less pleasant ones.
Through music I gained

confidence and managed to build a circle of friends and contacts also from abroad. I am currently very anxious to release my first album with my band Upper Lip as well as to work on new music projects.





Name: Mark Laurence Zammit
Age: 28
Location: Sannat
Short Bio: My work entails serving
in different capacities, as a journalist,
TV producer, presenter, writer and
composer. My work is focused on
creating a free and safe space in a
democracy where people can voice
their opinions and discuss the
present and future of their country,
a place where people are able to ask
questions and hold elected authorities
to account. It is also a space where

we fight for social justice.





Name: Eve Elizabeth Cassar

Age: 11

Location: Xewkija

Short Bio: I started drawing and painting at a very young age after being inspired by my father who is also an artist. I like to experiment with various media including acrylic paint, watercolour and fabric paint. I participated in various art competitions and won various prizes. I am lucky to have my own studio area at home and I already had my first mini persona exhibition thanks to Gozo College Middle School, where I attend. Art for me is an expression of my feelings. My favourite artists are Claude Monet, Vincent Van Gogh and Leonardo da Vinci. I especially like Northern American landscape painting in the style of Bob Ross. I hope to continue studying art and become a professional artist on an interior designer.





Name: Charlene Attard
Age: 31

Location: Ghajnsielem

Short Bio: From a young age I wanted to become a teacher. I used to play with my dolls, pretending that I am their teacher. When I grew older, I became more fascinated by the teaching profession. I discovered the German language in Secondary School and was soon attracted to the beauty of the language as well as the county's culture.





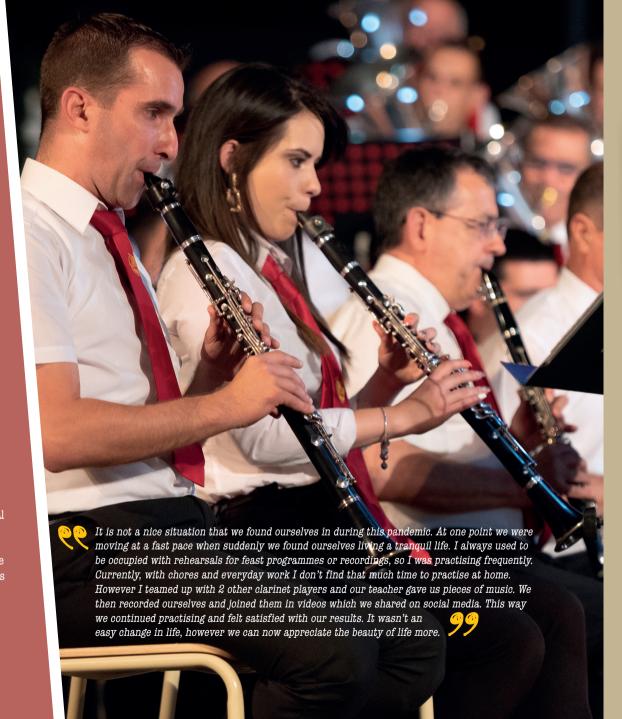
Age: 16 Location: Nadur Short Bio: I am a student and will be starting my first year at continue my studies in science subjects. I play the clarinet and my journey as a musician started when I used to see my sister playing the flute with Socjetà Filarmonika Mnarja - Nadur. In 2011 I started studying music theory with the same band with Mro Dr Joseph Grech. I then started practising the clarinet for the first time with my teacher Marvin Grech. I have been learning this instrument for around 6 years now. It wasn't an easy journey but as with all things, with commitment and courage, everything is possible.





Name: Fiona Formosa Age: 25 Location: Gharb

Short Bio: I am passionate about music. At 6 years of age I started learning theory with Socjetà Filarmonika Mnarja – Nadur. I decided to study the clarinet. Two years later I started playing with Mnarja Band. I also play with other Gozitan bands which fills up my summers. I participated in several programmes and concerts as well as with orchestras under different bandmasters. I also took part in a local opera in Gharb. For 2 years I formed part of an orchestra for this opera which is part of a yearly festival 'Make Music Great'. These are all experiences which help me in my musical journey and build my self-confidence. I highly encourage people of all ages to join local bands through which they will also be contributing to the local communities.



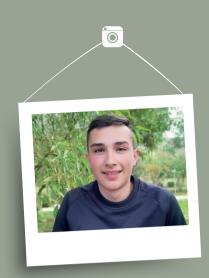


Name: Marielise Abela

Age: 23
Location: Gharb

short Bio: Music was always present in my life since my father was also a musician, so I started loving music from a very young age. At age 7, I attended the Gozo School of Music and later started playing the clarinet with Ghaqda Mużikali Viżitazzjoni Gharb where I've been involved for 15 years. I started studying the clarinet under the direction of Mro. George Debono, continued with Mro. George Apap. and finally with Mr. Marvin Grech. It is a hobby which requires a lot of responsibility, determination and practise. I try to practise every day even if only for a few minutes. It always fills me with satifaction when I manage to play a new piece or when I play in





Name: Darren Cassar Age: 16

Location: Nadur

Short Bio: Since my dad is a photographer, I was always fascinated by cameras and the gear he uses. I helped him a lot when I was young, setting up lights and testing them on me. One day in 2015 we went to the now dismantled Marsa Power Station. He brought along a simple camera and I loved taking photos that day. I then got interested and started helping him out. He would take me along to his shoots/events and teach me. I would also spend every free minute I had on YouTube looking up information and teaching myself. I now form an active part in our family business, assisting my dad and even shooting my own events and managing my own clients.





Name: Mark Attard Age: 14 Location: Xewkija Short Bio: I am a Form 4 student at the Sacred Heart Minor Seminary. I have always loved our culture and traditions. When I realized that many children and young people do not have knowledge about Maltese and Gozitan legends I started buying books about these traditional stories and reading them. In an effort to keep these stories alive I decided to start a programme on Radju Prekursur, our community radio in Xewkija. As a young person, I feel it is my responsibility to keep all cultural aspects alive and to pass them on to our generation.





Name: Matthew Attard Age: 20 Location: Xewkija

Short Bio: I am a Seminarian, currently in my second year of formation. This pandemic led to the necessity of finding creative ways of communicating with the people around you. My brother came up with the idea of creating videos in which we read an excerpt or book with the aim of promoting the importance of reading, especially during this difficult time. My work in this project consisted of shooting the video and editing it.





Name: John Henry Meilak Age: 27 Location: Victoria Short Bio: I graduated at the Australian Institute of Fitness. achieving Certificate 3 in Fitness (Group Instructor), Certificate 4 in Fitness (Personal Trainer), Master Trainer Certificate and also achieved Punch Fit Certificate (Boxing Basics). I'm also a Men's Physique competitor which helped me further my experience. My goal is to help others achieve their own personal fitness goals, (Fat/ Weight Loss, Resistance/Strength Training, Hypertrophy Training/ Muscle gain etc.) by offering them a fun, well organized and professional service. My wish is to make them feel part of something bigger and to help them become entrenched in the world of fitness which will hopefully allow them to enjoy their life to the fullest.





Name: Maria Camilleri Age: 20 Location: Nadur

Short Bio: I have been interested in anything artistic from when I was young, I always had Art as a main subject at school, but for the last 3 years, I started experimenting with Digital Art since my B.A degree is mainly based on this type of media. Apart from school assignments, I do multiple freelance jobs, mainly logo creation and branding, posters and Ads, App and Web design and development and so on.





Name: Eman Borg Age: 25 Location: Victoria Short Bio: I started

Short Bio: I started activism at a young age through broadcasting. At age 15, I co-founded the first Rugby Club in Gozo and 4 years later founded LGBTI+ Gozo. In 2016, I was elected within the National Youth Council of Malta in which I also served as Secretary-General. In 2017, I was awarded the Queen's Young Leaders Award and I had the honour to meet Her Majesty. Through this engagement, I am now a youth advisor within the Queen's Commonwealth Trust and the Maltese Youth Ambassador for the Commonwealth.





Name: Fabian Galea Age: 34 Location: Nadur

short Bio: I started singing at an early age and took up classical voice studies at the Johann Strauss School of Music with mezzo-soprano Claire Massa and later on with Bulgarian Soprano Andriana Yordanova. I have ventured in various local musical theatre productions. I am a member of Animae Gospel Choir directed by Pamela Bezzina, I am also a member of the Chorus Urbanus Choir under the direction of Mro. John Galea and I am also a resident singer within DCapitals Big Band directed by Mro. George Apap. Practice makes perfect however rehearsals for me are the best experience as you learn a lot from them, you have fun with your singing partners and you also feel part of something great. It gives you a sense of belonging and when a performance is done and dusted, the satisfaction is amazing.





Name: Stefan Scerri Age: 17 Location: Nadur

Short Bio: I started cycling training about 3 years ago but since a very young age I always enjoyed riding my bike outdoors just for fun and to meet my friends. I then decided to start training at a competitive level. Today I can say that it was a very good decision I took as I met new people and learned a lot of new things. Apart from cycling I also play the violin. In my opinion it is a very complex instrument to learn to play but really helps you to get more into music and learn about new genres very easily as I have studied a lot of pieces written by different famous composers. Now I am planning to start my diploma in violin studies.





Name: Martha Scerri Age: 17 Location: Nadur

Short Bio: I had driven my mum crazy to let me start piano lessons. I have been playing the piano since the summer I was going into year 2. I was only five years old which means I have been studying theory and practice for 12 years! I have managed to finish Grade 8 in both practice and theory, which was quite challenging, since at times I had to balance studying school material with practising or revising theory. I was really stressed at times, so it was quite difficult for me to finish the grades. Unfortunately, today I do not practise as much as I used to since school work has become so demanding. Practice involves hard work and at times it is quite stressful. However, it is very relaxing when you play for leisure. I enjoy playing pieces of music from movies or popular songs.





Name: Maria Scerri Age: 14 Location: Nadur Short Bio: I started play the piano when

Short Bio: I started learning to play the piano when I was 6 years old and I'm still learning. I am now studying Grade 8 in theory and Grade 7 in practice. I have a lesson once a week. When I was 8 years old I started noticing that I had a lot of time to spare and decided to start learning another instrument. I chose the cello because I really like its relaxing sound. I am now in Grade 6 of my studies and I am looking forward to taking part in more concerts. I also play in the Gozo Youth Orchestra.





Name: Simon Rapa Age: 15

Location: Ghajnsielem

Short Bio: I started editing videos around a year ago by producing some features. Editing is a hobby that requires lots of time and patience until you get the hang of it and learn how to be able to create a final product. Apart from this, I have been studying the piano for the last 8 years. I have also been playing the trumpet for 6 years.





Name: Joseph Mallia Age: 22 Location: Żebbug

Short Bio: I have been a Police Constable for nearly four years. During this time, I have served as an officer in the community working closely with the public, engaging with them and providing support. These duties define what it means to be a policeman. When I first applied to join the force, my knowledge about police work was rather restricted. Nowadays, I understand how vast it is, and I daresay that perhaps people do not always appreciate what we do. A policeman's job is not always easy, and it can be risky but in spite of this, it carries an element of adventure and every day is a new experience.





Name: Elena Attard Age: 17 Location: Fontana

Short Bio: I've always loved reading and losing myself in books. However, growing up I realised the world is different from the one I built in my own imagination, yet still vibrant and interesting. I began to branch out into different genres including non-fiction. Through articles and journals I read, I took an interest in social sciences, and recognized the importance of activism. I looked for programs such as MEP Malta, which provides a platform for youth to express their opinions while learning a variety of skills such as debating and public speaking. Words have the power to change us. I write whenever an occasion takes my interest such as prompts, competitions and events around me. I practise by reading all that I can, conversing with different people and asking many questions.





Name: Samuel Farrugia Age: 23 Location: Victoria

Short Bio: In my art, I've always liked to capture the details of that I could see or touch ever since I held a pencil. Education never worked out for me as I but drawing was the one thing I could feel confident about and actually be good at. I used to like getting detention at school, secretly carve into the table. At age 8, I attended the School of Art in Ghajnsielem with Vince Caruana. I then took lessons at a studio named Graham Gurr. I'm currently a jewellery-maker and designer at my father's shop at





Name: Josianne Cutajar Age: 30

Location: Nadur

Short Bio: From a young age I believed in the importance of activism. Whilst still a law student, I successfully contested the local council elections in my village, Nadur, wherein I served as a Councillor and Minority Leader for two consecutive legislatures. I was also active in various roles within the Labour Party throughout the years. My biggest milestone so far, however, was being elected as Member of the European Parliament. As the first Gozitan to be elected as MEP and as the youngest ever elected from our islands so far, I have a motivational message of empowerment to pass on to our young generation





Name: Christoph Schwaiger Age: 24 Location: Ghainsielem Short Bio: I'm currently working as a journalist with Newsbook. com.mt. I started contributing science-related articles in 2016 and moved on to writing fulltime. My main areas of interest are local politics, health, and education. I enjoy my job as I get to learn about different subjects and I meet interesting people along the way. The Washington Dies in Darkness'. I think this accurately summarises the importance of good, independent journalism. This year Malta ranked 81/180 in the RSF World Press Freedom Index. It's not always easy being a journalist

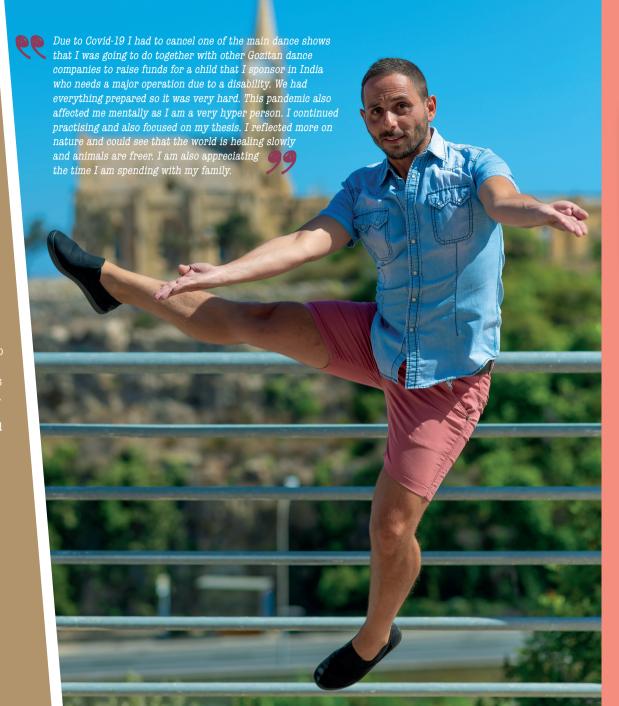
here, but it can be satisfying.





Name: Christian Sacco Xerri Age: 34 Location: Victoria

Short Bio: I am a very positive person, always with a smile and love to support and help others. I always seek to involve myself in performing arts as it gives me satisfaction and I feel alive. I started dancing at a young age with Malta in different shows abroad. I always felt the need to dance as it gave me the opportunity to overcome challenges in life and boosted my self-esteem and self-confidence whilst releasing my anxieties. Four years ago I founded "3Rio Gozitan Dance Company" that represents my family and Gozo. All these gave me the will power to believe more in other individuals and through dancing I started to support other people that might be going through rough times or suffering from mental health distress, problems or illnesses.





Name: Sylvana Cardona Age: 25

Location: Kercem

Short Bio: The challenges that
I was faced with, be it on a
personal and professional level,
have taught me to be disciplined
and perseverant. This has also
strengthened my self-confidence,
which in my opinion has been
pivotal in chasing my dreams.
For instance, being able to
perform and share my talent
in front of an audience, has
always been a challenge. Being
able to share the love I have for
music by overcoming fear and
negative thoughts has been of
great satisfaction. My message to
readers is for them to continue
believing in themselves because
they are worth it.





Name: Jonathan-George Grima Age: 24 Location: Kercem

Short Bio: I had been studying music

theory and playing the piano for about 10 years before I discovered electronic music so I was already familiar with the concepts of keys and tempo which are common to all music styles. I have performed in a number of major clubs in both Malta and Gozo and I was also lucky enough to play in Italy, Slovenia and the UK. There are a lot of factors to consider as a DJ: identifying what the crowd wants, song selection, managing the energy level in a room, and of course, knowing your equipment. Every event is different so djing is as much a combination of practising and building your repertoire of techniques as it is of expecting the unexpected and taking calculated risks. It's a learning curve. Every mistake is also a lesson.





Name: AnnMarie Azzopardi Age: 27 Location: Kercem

Short Bio: From a very young age, makeup interested me as it was something I felt comfortable doing. I was a self-taught make up artist until 2018, when I decided to follow my dream and continue studying about the skin, face and makeup by doing an intensive course. I am now a qualified Vocational Training Charitable Trust (VTCT) professional makeup artist. I am constantly on social media looking for all kinds of inspiration. As a makeup artist, I specialise in special occasion makeup, bridal makeup, natural makeup and more. I try to be as creative and focused as I possibly can. I am extremely professional in my line of work and strive to make my clients happy with the result.





Name: Daphne Delicata

Location: Nadur Short Bio: I started studying piano at the age of 4 with my father, and I loved it straight away. It is hard work and involves a lot of daily practice. I achieved the ARSM diploma at age 10, the LTCL diploma at age 12 and have performed in many countries, including Italy, the UK, Vienna, Russia and Carnegie Hall in New York, both as a solo performer and with an orchestra. I also performed at Teatru Manoel in Valletta and for the President of Malta at San Anton. Last year I auditioned for the Yehudi Menuhin School in the UK and I was very happy when I became the first Maltese ever to be accepted. It is hard being away from my family but the school is a lot of fun and I have met many talented students

from all over the world. I want to become a professional pianist. I also love art and I really enjoy drawing.





lame: Daniel Cassar Age: 16 Location: Nadur Short Bio: I am currently studying Networking at the Gozo MCAST. I started practising music when I was 11 years old. I first started with a cheap mixer and free programmes in my bedroom. I still practise in my room, but I have updated with a newer setup and better programmes. I search for songs, install and edit them or create new material. I have also started doing gigs at parties. I was attracted to djing because I love music and the role of a DJ always fascinated me. It involves lots of patience but I truly enjoy





Name: Lukas Farrugia
Age: 19
Location: Victoria

Short Bio: I started working as a Goldsmith 3 years ago. I used to work during the summer holidays. Last year I stopped attending school to continue this profession like my father. At first I only used to help around a little bit as I was still too young. I used to help my father but then I started learning the craft. The more I work the more I want to try out new things.

My work started improving considerably, and last year I decided to switch to working full time. I work and practise in my father's shop, where he has been doing this work for the past 40 years.



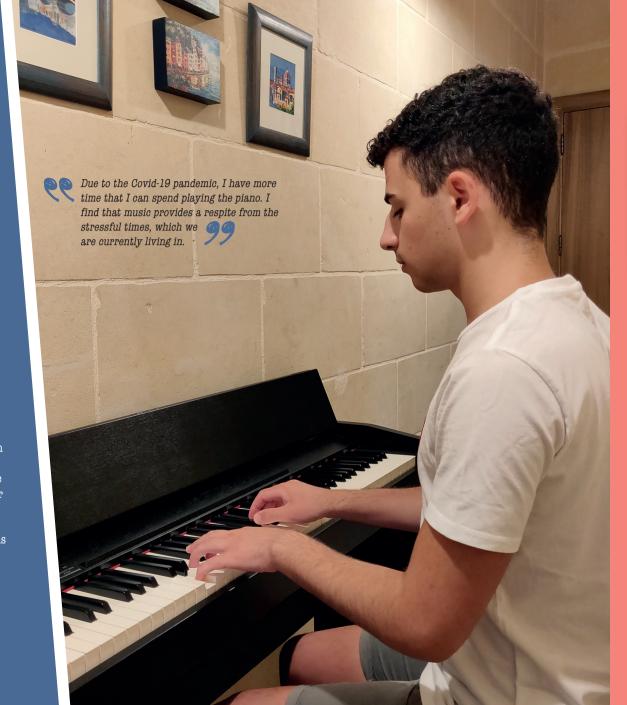


Name: Giuseppina Galea Age: 22 Location: Xaghra Short Bio: I have formed part of the Malta Special Olympics Team for the last 7 years. I started training in Gozo then with Maltese athletes. I made lots of new friends through both groups. After 2 years of training I was encouraged to start cycling training to participate in the Olympic Games in Abu Dhabi. It was a big challenge for me as I had to be very disciplined in my training. It was not an easy journey but the experience in Abu Dhabi was fanstastic! I competed in the 2K Time Trial in which I won a gold medal, the 5K Time Trial and 5K Road Race. I am proud to have represented my country and we were awarded the Medal of the Republic by the President of Malta.





Name: Joseph Grech Age: 18 Location: Victoria Short Bio: I was born in May 2002 and I started learning the piano 9 years ago when I was 8 years old. Music had always been one of my interests and I enjoyed playing with toy instruments. For this reason I then started to attend piano and music thoery lessons and since then I have sat for several exams. Like every other musical instrument, the piano requires a lot of practice. Four years ago I also started learning the clarinet with a local band club. Apart from music, my other passions include drawing, travelling and learning about different cultures.





Name: Nicole Portelli Age: 23

Location: Kercem Short Bio: I started dancing and playing the piano at the age of 5, with these hobbies growing with me over the years as I explored had to reduce my time playing the piano over the years as I moved to Malta to further my studies, yet dancing always remained close to my heart and inspired me to choose the university course I am currently enrolled in. My several opportunities over the It takes a lot of time and energy to maintain these hobbies, but every time I would get on stage to perform, I would realise it was all





Name: Emma Portelli Age: 12 Location: Kerćem

short Bio: I started studying music and dance at the age of five. I can play the piano and the violin and dance ballet and jazz. I also practise other sports, like basketball. I form part of a group of young violinists and we practise together regularly. I really enjoy myself when we get the chance to play in front of an audience. Although I normally lead quite a busy life, and have daily extra curricular activities, I find these help me to manage my time well and I perform better at school.





Name: Peter Aquilina
Age: 18
Location: Nadur
Short Bio: From a young age
I loved drawing, so I started
attending The Wistin Camilleri
School of Fine Arts. I continued
studying Art at Ordinary and
Advanced Levels. Currently I
have taken an interest in clay
sculpture and portraiture. I try
to find time to practise and read
related articles.





Name: The Travellers
Location: Various

Short Bio: Originally starting as a band between friends, The Travellers got together in 2013 to try and create something different in the local music scene at the time.

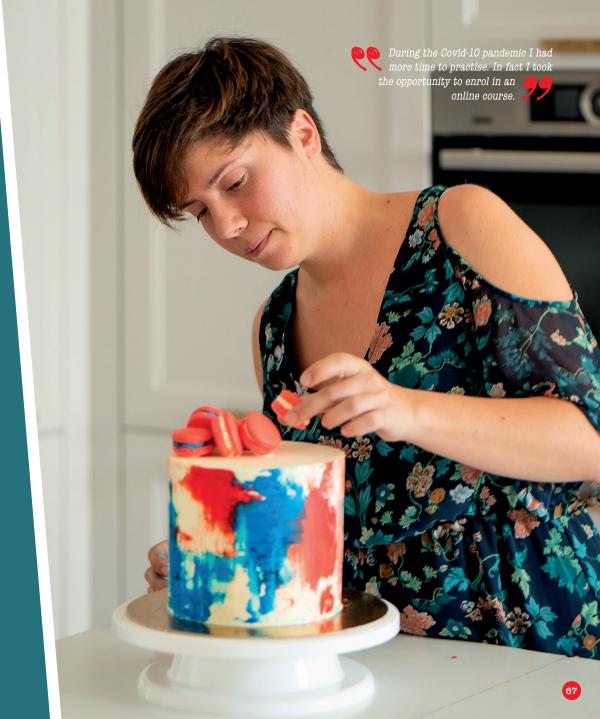
The band started experimenting with working on a mix of contemporary music while incorporating brass and Maltese lyrics. With no pointers and footsteps to follow, they set out to release their debut single 'Semplicità' followed by a number of debut EPs all of which have topped local charts on both radios and the PRS.

Clayton (Bassist), Joseph (Trumpet), Chris (Main Vocals) and Andrew (Guitarist), were the original members who started playing together, while, Sylvano (Saxophone) and Michael (Drummer) joined the rest of the band later on in 2013.





Name: Katya Muscat Age: 31 Location: Victoria **Short Bio:** I started decorating cakes when my daughter was born, as I wanted to do her 1st Birthday cake. I enjoyed it so much that I continued to practise and improve this hobby. There are several cake decorating styles which I have tried and I enjoy them all. However lately I have been focusing more on buttercream covered cakes. I love both the way they look and the taste! As soon as I finish decorating a cake I am already thinking of how I will decorate the next.





Name: Ylainia Zammit Age: 25 Location: Victoria

Short Bio: I have always been interested in photography and everything else related to it. However, my interest developed further when I had my son and I wanted to capture beautiful memories to last a lifetime. I have been practicing photography for over 5 years now, and I am always eager to learn new techniques. I tried exploring different types of photography, however portraiture has always been my favourite, especially when children are featured. It is very satisfying to know that people will be cherishing the photos which I capture for a very long time.





Name: Daniel Mercieca Age: 25 Location: Victoria

Short Bio: From a young age I showed interest in art. I have recently finished my philosophical and theological studies in Rome. My interest in art continued to develop with my studies, as art has the power to communicate a religious message to all people and can be used as a path towards evangelization. In Rome, under the instruction of Professor Luca Morelli, I also studied anatomy. I believe that sacred images are a silent form of language, which have the power to speak loudly, touching the soul of men and women leading them to God. Simplicity and colours act in the same manner as harmony in music touching the inner feelings. I believe that simple images will have a greater power to deliver the substance of the religious message.





<mark>lamo:</mark> Fabian Azzopardi las: 30 weathor: Xewkija

make kites. I'm 30 years old, and kite making is my hobby. When I was younger, my father, my siblings and I used to make kites, and I used to feel amazed every time we managed to fly a kite. We used to do them differently back then with brown paper and glue made from flour and water.

Nowadays, we make more colourful ones. All you need are crepe paper, reeds, tape, scissors and thread, and then let creativity take its course. It takes a lot of time to create just one kite, but in the end, you feel so proud.





Name: Josef Cutajar Age: 24 Location: Ghajnsielem Short Bio: I always appreciated interacting with people. This is partly because of the way I was raised. My parents were very open to everyone. This interaction instilled within me a passion for the media world particularly journalism. When I was around 13. I volunteered at Radju Lauretana, the local community radio of Ghajnsielem. Although it was a small and limited radio it was a space for me where I could experiment and learn from my mistakes. It was in this space that I learnt that dreams can become reality. Currently Gozo is many miles away from me because I am working in Brussels in communications. As much as home can be comfortable one cannot grow hence I encourage young people to experience life abroad.

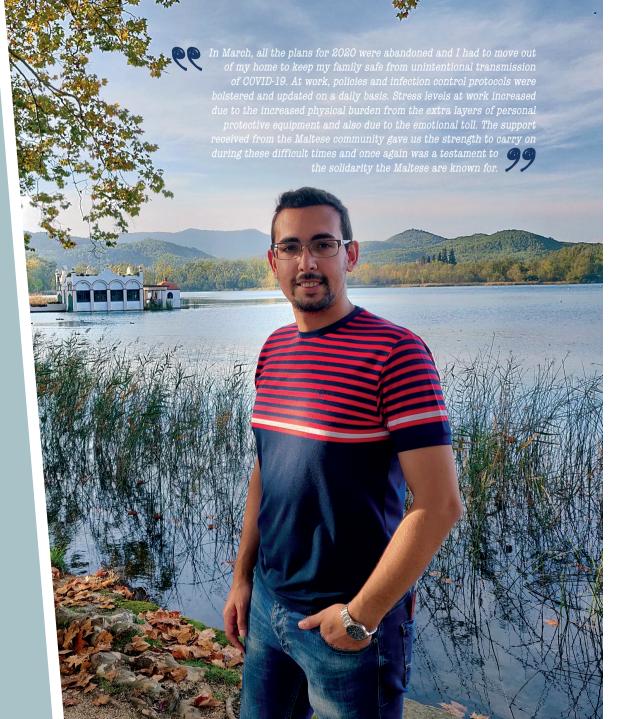




Name: Daniel Said
Age: 28

Location: Żebbug

Short Bio: I started studying for my Degree in Nursing at the University of Malta in 2010 and graduated in 2015 after spending a semester studying in Florence, Italy. I started my Nursing career in an Orthopaedic Ward in Mater Dei Hospital and two years later I was transferred to the Emergency Department where I started my training to become an Emergency Nurse. The training programme was concluded in mid-2019 after two and a half years. I now attend to all sorts of patients in the pre-hospital and in-hospital setting. My three passions in life are nursing, teaching and travelling. As an Emergency Nurse, I am lucky enough to enjoy the first two passions on a daily basis while at work and I travel whenever I'm not working.



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