

TO-DO LIST

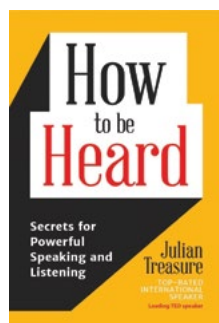
PODCAST



The Argument

If we want to mature as a society, we need to hear both sides of the debate (and not just the side we agree with). People from both sides of the political spectrum, who often disagree, come together to hash it out on **The Argument** every week.

BOOK



How to be Heard

Have you ever felt that people hear you but don't actually listen? **Julian Treasure**, renown TED Talks speaker suggests how to speak so that people listen, and how to listen so that people feel heard.

MOVIE



The Minimalists: Less Is Now

Is minimalism the solution to the prevalent (and unsustainable) consumerist mindset of the 21st century? **Joshua Fields Millburn** and **Ryan Nicodemus** share how our lives can be better with less.

YOUTUBE CHANNEL

Psych IRL

An ex-research assistant who uses her B.A. in psychology to analyze contemporary themes, pop culture, and the internet.



TV



Midnight Gospel

Who knew psychedelic visuals and philosophical discussions could work so well together? **Midnight Gospel** is the brainchild of **Adventure Time** creator, **Pendleton Ward** and comedian **Duncan Trussell**, and follows the adventures of Clancy Gilroy as he interviews various guests for his space cast.

MUSIC

Rare Changes (EP)

Sit back and unwind to the smooth R&B sounds of DJ turned soul singer, **Mayer Hawthorne**.



INSTAGRAM



joshuaweissman

Food, glorious food! Mouth-watering food porn to inspire your next culinary adventure!