

Table 1. Preventative measures and recycling practices for a sustainable value chain of food.

Preventative measures	Creating 'sustainable' menus	
	Responsible procurement of food items and ingredients	
	Responsible inventory practices	
	Reducing portions	
Recycling practices		Utilizing sharing economy platforms
	Recycling surplus food	Donating surplus food to charities and food banks
		Animal feed
	Recycling food waste	Composting
		Methanation processes

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