

# Raġel fuq l-irgħiel



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Beyond Stereotypes:  
Masculinities & Mental Wellbeing

 19 November 2025  18:00–20:30  Aula Prima, UM Valletta Campus

A meaningful space for open dialogue, reflection, and critical engagement. Join us for a discussion that will explore how different understandings of masculinity shape men's experiences of mental health, while also considering societal challenges and opportunities for fostering healthier, more inclusive models of wellbeing.



REGISTER

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