



**L-Università ta' Malta**  
Centre for Resilience &  
Socio-Emotional Health



## **SUMMER SCHOOL**

### **A systemic whole school approach to social and emotional learning for educational leaders (5ECTS)**

**30th June –3rd July 2026      University of Malta, Malta**

A practical, workshop style summer school for educational leaders and educators by WHO Collaborating Centre on the Promotion and Protection of Mental Health in Schools, University of Malta

#### **About**

This summer school is targeted for educators, policy makers and practitioners who would like to promote and implement social and emotional learning (SEL) in schools and other educational settings. It discusses the role of educational leaders and practitioners in advancing and implementing SEL to promote the positive development of children and young people, providing evidence of how SEL leads to positive social, emotional and academic outcomes. It presents a systemic whole school framework of SEL and discusses how leaders in educational settings may adapt and implement the framework in their respective educational contexts through an interactive approach. The sessions will be organised in the form of experiential, skills based, small group activities.

#### **Learning Outcomes:**

Through experiential practical activities, course participants will be provided with an opportunity to work collaboratively on how a systemic, whole school approach to SEL may be implemented at curricular, contextual and organizational levels, with sessions on curriculum development and delivery, students' active participation, classroom and school climates, collaboration with parents, and educators' own wellbeing amongst others. Participants will also explore the practical implementation of the whole school SEL framework, including needs analysis, action planning and evaluation. By the end of the workshop, course participants will be able to lead and facilitate the implementation of a whole school approach to social and emotional learning within their respective schools and institutions.

## **Course Tutors**

Professor Carmel Cefai, University of Malta

Professor Paul Bartolo, University of Malta

Dr Amanda Bezzina, University of Malta

## **Programme**

### **Day 1 29th June (Public Holiday)**

Social programme (for international students)

### **Day 2 30th June 8.30-1.30**

A systemic, whole school approach to social and emotional learning (SEL)

- SEL for academic, social and emotional learning and wellbeing- research-evidence
- SEL activities for group creation (knowing each other) and operation (ground rules)
- Experiential learning
- Framework for a systemic, whole school approach to SEL

### **Day 3 1st July 08.30-1.30**

Effective communication, conflict management, empathy, relationship building and collaboration

### **Day 4 2nd July 08.30-1.30**

Self-awareness and emotional literacy and management strategies

### **Day 5 3rd July 08.30-1.30**

Educators' wellbeing: Resilience building, stress management and mental health promotion

A whole school SEL implementation framework- drawing the roadmap for one's educational institution

NB. The summer school has a value of 5 ECTS credits

For registration please [click here](#). *Malta residents participating in this program are eligible for a 70% rebate on registration under the **Get Qualified Scheme**.*