

From: Dario Pirotta
Director, MATSEC

To: College Principals
Heads of School

Subject: SEC 32 Physical Education Activities Form

Date: 7th December 2022

Heads of school are kindly requested to bring this notice to the attention of P.E. teachers and SEC P.E. candidates.

SEC PE candidates will be receiving an email containing a link to fill out a Google form in order to indicate their choices of activities for SEC PE Main Session 2023, thus finalising their application for the subject. The Google Form is to be submitted by **Friday 16th of December 2022 at noon.**

Candidates are advised to read and follow the instructions carefully, and to ensure that the correct personal details and desired options are filled in before submitting the Form. Candidate will first be asked to fill out their personal details: email address; ID number; name; and surname.

Then, they will need to choose activities from **THREE different areas.** Candidates, are also advised to pay careful attention as some areas require them to choose more than one activity.

Please find hereunder instructions how to submit a successful google form.

Activities Table

Area 1*	Area 2**	Area 3***		Area 4****
Hockey	Artistic Gym	Running		Breaststroke
Handball	Educational Dance	Middle Distance (800m)	Sprint (100m)	Butterfly
Basketball		Jumping		Backstroke
		Long Jump	High Jump	Front Crawl
		Throwing		
		Discus	Shot put	

*If choosing Area 1, candidates may choose **TWO** options, these will count as **TWO different areas from the required three.**

If choosing Area 2, candidates must choose only **ONE activity.

***If choosing Area 3, candidates must choose **ONE activity from each of the following:** running, jumping and throwing.

****If choosing Area 4, candidates must choose **TWO strokes** from the list.

For any queries, you may contact MATSEC offices either via email on registrations.matsec@um.edu.mt or by phone on 23402814/5.