









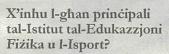




L-EDUKAZZJONI FIZIKA U L-ISPORT BHALA KARRIERA

DR ANDREW DECELIS -

Direttur tal-Istitut tal-Edukazzjoni Fiżika u Sport fl-Università ta' Malta u senior lecturer fl-istess istitut u fil-Fakultà tal-Edukazzjoni. Huwa kellu diversi rwoli fl-isport, inkluż ta' plejer tal-futbol u l-futsal, kowć, kif ukoll amministratur. Huwa ghallem I-Edukazzjoni Fiżika fl-iskejjel Maltin għal 10 snin shah u huwa l-President tal-Assocjazzjoni Maltija tal-Edukazzjoni Fiżika. Dr Decelis huwa wkoll il-Vici President tal-Assocjazzjoni Maltija tal-Handball, u membru f'diversi ghaqdiet Ewropej dwar I-Edukazzjoni Fiżika, I-attività fiżika u l-isport. Huwa kien Chairman ta' diversi kummissjonijiet dwar l-isport, u introduća diversi inizjattivi li jkattru kultura t'attività fiżika u sport f'Malta. Dr Decelis għandu Masters fl-Edukazzjoni Fiżika u l-Isport mill-Università ta' Malta, u Dottorat fl-Ezercizzju u s-Saħħa mill-Università ta' Bristol fl-Ingilterra, fejn hadem ukoll bhala ricerkatur. Ir-ricerka tieghu tiffoka fuq l-attività fizika u l-obezità fit-tfal Maltin u l-fatturi assocjati maghhom.



Il-vizjoni tal-Istitut tal-Edukazzjoni Fizika u l-Isport fl-Università ta' Malta hija li tizviluppa aktar nies kwalifikati ghall-impjiegi fl-isport. Dan qed isir bl-ghan li jiżdied in-numru ta' nies kwalattività fizika u b'hekk jistghu jintlahqu aktar partecipanti ta' kull età u abbiltà. Dan ghandu jsarraf f'titjib fis-servizz li jinghata lill-isportivi, li ghandu jwassal biex joghla l-livell tal-isport f'Malta.

X'inhuma l-oqsma differenti fl-edukazzjoni fiżika u l-isport li l-istitut ikopri?

tal-ghalliema tal-Edukazzjoni il-kors B.Ed (Hons). Fizika kienet il-prijorità f'dan zzjoni ilha mill-1978 tipprovdi bhall-Masters in Sports Mandawn il-korsijiet. Però l-ghan li agement, b'kollaborazzjoni malghalih twaqqaf l-Istitut, kien li Fakultà tal-Ekonomija u l-Mannilhqu wkoll oqsma ohra fl-is- agement. Il-pjan hu li nifthu port. L-istitut jipprovdi kors ta' Masters f'kull qasam tal-isport, u Bacellerat fix-Xjenza (B.Sc) fl-Is- wara noffru programm ta' Dottoport u l-Attività Fizika full-time, u rat ukoll. part-time (li ma jiftahx kull sena),

trazzjoni, il-Psikoloģija, is-Socjoloģija u l-Filosofija, ix-Xjenza Sportiva, in-Nutrizzjoni, il-Midja u t-Teknoloģija, l-Inkluzjoni, il-Pedagoģija, il-Promozzjoni ta' stil ta' saħħa san, u r-Riċerka, fost ohrajn. Dan il-kors jinkludi wkoll ifikati li jistghu jaghtu s-servizz placement ta' kull sena, fejn l-istaghhom f'kull qasam tal-isport u tudenti jkollhom cans japplikaw dak li jitghallmu b'mod prattiku fi klabbs u assocjazzjonijiet sportivi u b'hekk ikunu ppreparati ahjar ghad-dinja tax-xoghol.

Wara li jattendu ghal dan ilkors, l-istudenti jistghu jaghżlu li jispecjalizzaw f'diversi Masters. Fost dawn, matul din is-sena stess, se jibda jigi offrut il-Masters in Teaching and Learning fl-Edukazzjoni Fiżika mill-Fakultà biex iżomm ruhu aggornat Ghal hafna snin, il-preparazzjoni tal-Edukazzjoni, li se jiehu l-post mal-ahhar informazzjoni?

Qed nahdmu wkoll biex noff- F'kull qasam tal-edukazzjoni,

Ghal dawn l-ahhar 13-il sena,

port bil-hsieb li barra dan l-assocjazzjonijiet jipprovdu korsijiet ohra fit-teknika u t-tattika tal-isport rispettiv taghhom. Matul is-sena li ghaddiet, hadna dan ilkors Ghawdex ghall-ewwel darba

Bhalissa qeghdin nahdmu wkoll biex noffru korsijiet ohra ta' introduzzjoni, pereżempju Certifikat fl-Amministrazzjoni u l-Management tal-Isport u iehor fil-Midja tal-Isport, fost hafna ohrajn. Ghal dan tal-ahhar, diga qed niddiskutu mal-Ghaqda Gurnalisti Sport

L-Istitut kemm qieghed jghin lil min hu kkwalifikat diga

il-qasam u l-Fakultà tal-Eduka- ru Masters ohra f'diversi oqsma mhuwiex biss importanti li ggib kwalifika, imma trid iżżomm ruhek aggornat. Ghal dan il-ghan, qeghdin noffru sensiela ta' seminars ta' saghtein kull wiehed dwar suggetti varji ta' interess ghal kull min jahdem fl-isport jew ghandu interess fl-isport. L-assocjazzjonijiet qed jużaw dawn is-seminars Il-kultura f'Malta qieghda tin-

il-licenzja.

Hemm biżżejjed regolarizzazzjoni f'Malta ghal dawk involuti fl-isport? Ghandu jinghata xi tip ta' warrant biex tassikura aktar professjonalità?

F'Malta hawn diversi assocjazzjonijiet li ghandhom struttura organizzata ta' regolarizzazzjoni. Però, hafna assocjazzjonijiet ohra ghad m'ghandhomx rizorsi biżżejjed biex jorganizzaw korsijiet u joholqu struttura ta' livelli ta' kwalifika u licenzji. Il-kors fil-kowcing li semmejt qabel, inholoq proprju ghal dan il-ghan. Il-bżonn li f'Malta jigi regolarizzat il-qasam tal-isport, kif qed isir fl-impjiegi kollha, ilu jinhass, dan il-process jibda.

Sfortunatament, I-ewwel haġa li jwaqqfu t-tfal waqt l-eżamijiet, huwa l-isport. X'jista' jsir biex tinbidel din il-mentalità?

li jipprepara l-istudenti fl-oqs- l-Istitut ipprovda wkoll kors kull bhala mod kif jaggornaw lill-kow- bidel, però ghad hawn genituri ma kollha relatati mal-isport li sena fil-kowcing, li jinkludi units cis u n-nies li jahdmu maghhom u li jahsbu li l-isport se jtellef litjinkludu I-Kowcing, I-Amminis- fix-xjenza u I-pedagoģija tal-is- f'čerti każi anke biex iģeddulhom tfal mill-istudju, jew li I-iskola

biss hija importanti, jew li t-tfal jistghu joqoghdu bilqieghda jistudjaw tul il-ģurnata kollha. Tajjeb nifhmu però, li mhux it-tfal kollha kapači jqassmu l-hin sew biex ilahhqu, u li mhux kollha ghandhom bzonn l-istess sighat ta' studju, jew kapaći jaqilbu minn haġa ghal ohra faċilment, u rridu nghinuhom jitghallmu jqassmu l-hin. Hemm ukoll atleti li anke ta' età żghira jiddedikaw hafna sighat ghall-isport taghhom, perezempju l-ghawwiema, li anke jkollhom żewġ sessjonijiet ta' tahriġ kuljum, u ghal dawn l-isfida li jibbilancjaw il-hin hija ikbar. Però, l-isport jghin biex l-istudenti kollha imorru ahjar fl-iskola u biex jiffokaw iktar. Fi studju li ghamilt ricentament, gbart informazzjoni minghand l-istudenti tal-Year 6 u u saru diversi diskussjonijiet biex l-istess tfal meta waslu f'Year 10 (Form 4) biex nara jekk ir-riżultati (fl-eżami tal-Benchmark u talahhar tal-Year 10) tat-tfal li huma attivi u sportivi humiex differenti minn tal-ohrajn, u qed nippjana li nippublika dawn ir-rizultati fil-futur grib. Diversi kulleģģi u skejjel ohra ged jiffokaw ukoll fug id-dual career tal-istudenti atleti u qed jaghtuhom hafna sapport.

L-Università ta' Malta qed tahdem bis-shih ukoll biex tghin lill-istudenti li huma wkoll atleti. Din is-sena gie varat programm li fih kull student-atleta ghandu sport mentor, lecturer fil-fakultà rispettiva biex jiggwidah/a f'dak li jkun hemm bżonn. L-Università tahdem ukoll biex tara li l-eżamijiet ma jahbtux ma' xi avveniment sportiv importanti.

X'inhuma l-kummenti tieghek dwar il-protezzjoni tat-tfal fl-isport?

Kull tifel u tifla ghandhom iddritt li jippartecipaw fl-isport u fl-attività fizika minghajr ebda riskju ta' abbuż ta' ebda tip, li jigu mharrga minn nies kwalifikati u li jiehdu pjačir f'ambjent sportiv. Xi snin ilu, flimkien ma' rappreżentanti minn kull qasam tal-protezzjoni tat-tfal f'Malta, hlogna dokument, li wara gie ppubblikat bhala linji gwida. F'dan id-dokument, wiehed jista' jara x'inhu accettabbli u x'mhuwiex fl-isport, u x'ghandu jsir f'kaz ta' suspetti ta' abbuż. Fl-IPES, l-istudenti jigu mharrga wkoll dwar dan issuggett. F'diversi pajjizi ohra, qabel ma tkun ircevejt tahrig dwar il-protezzjoni tat-tfal, ma tibdiex

X'kollaborazzjonijiet ghandu l-Istitut ma' entitajiet ohra biex jippromwovi l-attività fiżika u l-isport?

L-Istitut jahdem regolarment ma' diversi skejjel, klabbs, assocjazzjonijiet u anke kunsilli lokali biex jippromwovi kulturà ta' attività fizika u sport. Waqt il-kors, diversi studenti jorganizzaw attivitajiet sportivi u ta' attività fizika fl-iskejjel, fil-komunità, u anke fi djar tal-anzjani. Nahdmu wkoll ma' xi assocjazzjonijiet u klabbs fl-organizzazzjoni ta' korsijiet ghall-kowcis taghhom, jew xi lectures dwar xi suggett tal-ghazla taghhom. Isiru wkoll diversi tahditiet ghall-genituri fuq stedina tal-klabbs.

L-Istitut jikkollabora wkoll ma' diversi universitajiet ohra fl-Ewropa u jippartecipa f'diversi progetti tal-Erasmus. L-ahhar progetti li hadna sehem fihom kienu dwar leadership training u dwar is-sapport li ghandhom jinghataw studenti universitarji li huma atleti. Bhalissa ghaddej progett European Sport Leaderiharrgu studenti ohra gewwa l-università f'diversi sports, filwaqt li jkollhom ukoll is-sapport ta' mentors mill-kamp tax-xoghol biex ighinuhom jiżviluppaw il-kapacitajiet li ghandhom bżonn biex jahdmu.

X'ghandu jkun l-irwol tal-genituri fl-iżvilupp sportiv ta' wliedhom?

Filwaqt li hemm genituri li jinvolvu ruhhom hafna hemmohrajn li ma tantx jappoģģjaw jew jaghmlu Min jista' japplika kuraģģ lil uliedhom. Nishaq dwar l-importanza li ģenitur jitkellem mat-tfal dwar l-involviment Kull min ghandu l-kwalifici taghhom fl-isport. Huwa importanti li t-tfal mhux biss jiehdu pjaćir iżda li jinsistu u jirnexxu. Madankollu kull genitur irid joqghod attent li bl-imgiba u bl-agir tieghu ma jnaffarx lit-tfal mill-isport. Pressjoni żejda twassal ghal ansjetà u stress. U dan iwassal sabiex l-istess tfal ma jhossuhomx komdi, ma jehdux aktar pjaćir u jispiccaw biex jieqfu milli jipprattikaw l-isport. Nenfasizza wkoll b'mod partikolari, l-importanza ta' komunikazzjoni pozittiva bejn il-genituri u l-kowcis rispettivi dwar x'inhu l-ahjar ghat-tfal.

Xi whud jistghu jhossu li dan il-qasam ta' edukazzjoni mhux importanti ghax mhux relatat ma' suġġett tradizzjonali u ma jwasslek imkien hlief ghal dawk li jixtiequ jsiru ghalliema. X'tahseb?

tikkowcja, u f'Malta ghandu jsir Huwa fatt li l-maggoranza tal-impjiegi relatati mal-isport f'Malta huma fl-iskejjel bhala ghalliema tal-Edukazzjoni Fiżika. L-ghalliema jużaw l-isport bhala ghodda biex jedukaw lit-tfal u biex irawmu fihom kultura sportiva u attiva u hajja sana. It-tfal kollha obbligati jattendu l-iskola, u allura hemm l-ikbar numru ta' klijenti regolari. Però, diversi assocjazzjonijiet u klabbs qed jimpjegaw persuni full-time biex imexxu b'mod aktar professjonali. Hemm bżonn li aktar persuni kwalifikati jigu impjegati full-time f'kull qasam iehor, kemm bhala sport development officers fil-kunsilli, jew f'kull regjun, kif ukoll biex imexxu l-facilitajiet sportivi, ghall-kowcing, u fic-centri ta' fitness.

X'inhuma l-pjanijiet tal-Istitut ghall-futur ghall-korsijiet u r-ričerka?

L-iskop tal-istitut hu li jkollu korsijiet f'kull livell. L-ewwel f'livell ta' B.Sc, u wara f'livell ta' Masters f'diversi oqsma relatati mal-attività fizika u l-isport, kif ukoll programm ta' PhD biex tiżdied ir-ricerka fl-isport ship Programme fejn, flimkien u l-attività fizika lokali. Nixtiequ ma' erba' universitajiet ohra qed wkoll nibqghu noffru korsijiet nizviluppaw sport leaders biex part-time kemm f'dawn il-livelli, kif ukoll korsijiet ta' introduzzjoni, biex nolqtu persuni li digà ghandhom xoghol full-time.

Bhalissa, diversi lecturers fl-istitut qed jirricerkaw oqsma differenti bhall-Psikologija tal-Isport, is-Socjoloģija, it-tagħlim tul il-hajja, l-attività fizika u l-obeżità u ohrajn. Qed nippjanaw li l-oqsma tar-ricerka jiżdiedu u jkollna aktar studenti jirricerkaw dwar l-isport.

ghall-korsijiet taghkom?

necessarji biex jidhol l-Università jista' japplika, imma interess u passjoni lejn l-isport huma importanti hafna. Persuni li japplikaw ghall-korsijiet taghna normalment ikunu attivi u involuti f'xi sport bhala atleti, kowcis jew amministraturi. Studenti li ghandhom 'il fuq minn 23 sena u m'ghandhomx il-kwalifici kollha nečessarji, jistghu japplikaw bhal studenti maturi, u l-kwalifici fl-isport u l-esperjenza li ghandhom jistghu jigu kkunsidrati wkoll.

Kif jista' l-isport jghin lill-persuna holistikament?

Il-partecipazzioni fl-isport ghandha hafna beneficcji. L-isport jghin fl-izvilupp tas-sahha fizika, socjali, mentali, u emozzjonali. Min hu attiv, normalment kapaći jahdem ahjar fi grupp, kapači jsolvi l-problemi ahjar, ibati ingas minn ansjetà, u jkollu aktar kunfidenza fih innifsu. Ghalhekk, huwa importanti li t-tfal kollha jinghataw l-opportunità li jkunu attivi u li jilaghbu xi sport li jippreferu biex jiżviluppaw f'adulti maturi u persuni li kapaci jaghtu kontribut akbar lis-socjetà.

Min irid aktar informazzjoni jista' jżur is-sit elettroniku tal-Istitut www.um.edu.mt/ipes jew jibghat email fuq l-indirizz elettroniku, ipes@um.edu.mt.



Jobsplus permit no 219/2018

Malta Air Traffic Services Ltd (MATS), the Air Navigation Service Provider for Malta, invites applications from interested individuals to fill the post of Air Traffic Control Officer Trainees with the Company.

Academic Qualifications

Applications will be considered from individuals who satisfy the following minimum academic qualifications:

- A Matriculation certificate awarded of grade C or higher, or,
- 2 A levels and 4 intermediates at grade C or higher, or,
- A Higher National Diploma (MQF 5) awarded.

For licensing purposes, applicants for the post of ATCO must be at least 18 years of age at the time of application.

Assessment test

Applicants who fulfill the academic criteria must attend for an assessment test. This test will be based on the First European ATCO Selection Test (FEAST). Candidates sitting for this assessment will be deemed successful if they obtain an average stanine level 5 or higher and grades of not lower than 4 in any one test.

"Candidates who fail FEAST are allowed to re-apply for the position of Air Traffic Control Officer Trainee and retry the FEAST test only after the lapse of (24) twenty-four months from the date that they have done the initial test. Applicants who apply before the lapse of (24) twenty-four months will not be considered.

Language proficiency

Applicants must attain at least a level 4 in Maltese and English language proficiency as dictated by CAD -TM (the regulator) leading to the qualification of ATCO 1

Medical Fitness

Applicants must be medically fit in accordance with regulatory requirements for duty as air traffic controller (Medical Class 3). Medical examinations will be carried out by a medical officer who is duly qualified to certify air traffic controllers. The result of the medical examination conducted by the said medical officer will be final.

Interview

Successful candidates will proceed for an interview with an interviewing board of selection appointed by the Company.

Candidates must succeed in every part of this selection process as any part is considered as a pass/fail module,

Probation and Training

Applicants who are selected will be engaged by MATS on a definite contract of 15 months during which they will be required to attend and successfully complete the BASIC course and the Rating course. Both courses may be held in Malta or abroad at a training institution selected by MATS.

Candidates who quit any one of the courses will be liable to pay MATS the costs incurred for the course.

On successful completion of the Basic and Rating course, candidates will undergo a period of on-the-job training, followed by a Competency Check for the issue of an Air Traffic Control Officer license.

Candidates who are successful in all the phases mentioned above including the Competency Check, will be awarded an indefinite contract and promoted to an Air

Those satisfying the experience and qualification criteria, and who are interested in filling these posts, are to send a motivational letter with their updated curriculum vitae (in pdf format) via email to our H.R. section on vacancies@maltats.com by not later than Friday the 15th of March 2019.

Interested parties are invited to visit our careers section on http://maltats.com for a more detailed description of this vacancy.

THE SUNDAY TIMES OF MALTA JUNE 28, 2020 \mid 49

SOCIETYANDPEOPLE

Assisting threatened Christians

Aid to the Church in Need releases annual report detailing 2019 projects

Aid to the Church in Need (ACN) last year funded the rebuilding of 2,086 homes on the plains of Nineveh in Iraq. These homes were among those destroyed under ISIS or IS's regime of massacre and terror targeting Christians in the Middle East.

This figure was revelead in ACN's annual report released last week. It details projects carried out in 2019 by its 23 national offices, including ACN (Malta).

Altogether, the charity sponsored 5,230 projects, providing humanitarian assistance for a wide range of needs in 139 different countries, mainly in Africa and the Middle East. Priority countries in Africa included Nigeria, Cameroon, Burkina Faso and Democratic Republic of Congo, where Islamic fundamentalism and jihadist terrorism are wreaking havoc among the faithful.

In addition, ACN has spoken up for persecuted Christians before international organisations such as the UN and the EU, and published reports on the situation of these suffering Christians, using national and international media. It has also invited victims to speak at international meetings, events and conferences enabling them to give personal witness to the situations, which are often unknown or ignored in Europe.

For 2020, and despite the critical economic consequences of the COVID-19 pandemic, the ACN foundation looks to keep up the level of support to priests and religious people and those they



A displaced Christian family in Mzaineh village in Syria who received ACN emergency help in 2019.

serve in some of the poorest countries and remote mountainous and forest regions. Additionally, the charity has organised other emergency aid programmes for suffering Christians, notably in Pakistan.

Apart from sustaining the faith, the circumstances demand that these priests and religious develop other skill sets to assist in community building,

teaching writing and reading, and instilling human values and dignity in the young for the future.

Sometimes, these unique and committed individuals also use their knowledge and experience to help a community in need of building infrastructure or administrative systems.

They also become a point of reference for the poor and the afflicted who have

FACTS AND FIGURES

During 2019, ACN also provided the following aid:

- 266 motor vehicles, 119 motorbikes, 266 bicycles, four buses, three trucks and 12 small vessels for the facilitation of the pastoral and humanitarian missions in remote regions;
- 452 radio and television broadcasts, produced in various languages;
- 1.7 million religious books, produced and distributed;
- supported the mission of 40,096 missionary priests, that is 10 per cent of priests around the world;
- supported 13,862 religious sisters in their mission work;
- supported 16,206 seminarians in their priestly formation: one in every seven seminarians worldwide.

no one else to turn to. In most cases, priests operate on their own while in some instances, they are supported by dedicated lay persons that carry out part of their social workload.

The main pillars of ACN's mission include the financial support for various aid projects, providing information about the situation of Christians in various different countries, and projects focused on emergency and survival aid, especially in Syria and Iraq.







European Sport Leadership Programme (ESLP) Multiplier Event

The Institute for Physical Education and Sport held the European Sport Leadership Programme on-line multiplier event on Monday, 22 May 2020. All local stakeholders in sport attended this dissemination meeting. These included representatives from the Parliamentary Secretariat for Sport & VO, SportMalta, Malta Olympic Committee, National Sport School, MEDE Centre for Physical Education, various sports associations and foreign participants.

The aims of the ESLP project were to improve the governance of University sport across European Universities, to increase student sport participation and to raise awareness of outcomes from the added value of sport and physical activity on the personal and professional development of students, specifically to help enhance graduate employability factors. During this project, five sports were selected and delivered by ten sport leaders, aiming to provide new recreational activities for the university students and targeting those who were either new to that sport, inactive or semi-active.

In this project, Sport Leaders formed part of a Careers and Mentoring programme aimed to enhance their personal and professional development. Training was delivered during four workshops which included preparation for an interview, writing a CV and a covering letter and attending a mock interview. Employer mentors also supported the sport leaders in the different phases of the project. This project was coordinated by Dr Andrew Decelis and Mr Oliver Mallia.

For further information, kindly visit the following link below. https://www.um.edu.mt/ipes/projectsandoutreach/projects