

					Foundations Of Coaching Award 2025 - 2026		
DAY	OCTOBER	Time	DELIVERY	VENUE	Topic/theme/area		Lecturers
Thursday	2nd	6.00pm - 7.00pm	f2f	IPES	Meeting with students		Dr. I.Riolo
Tuesday	7th	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Coaching philosophy & Styles		Prof A. Decelis
Thursday	9th	5.00pm - 8.00pm	VLE PPP		PHE 0101 Injury prevention/ Recovery		Dr. D. Bonello Spiteri
Tuesday	14th	5.00pm - 8.00pm		IPES	PHE 0103 Session & Season planning		Dr. I. Riolo
Wednesday	15th	6.30pm - 7.30pm	Online		PHE 0101 Q&A		Dr. D. Bonello Spiteri
Thursday	16th	7.00pm - 8.00pm	f2f	IPES	PHE 0103 Communication		Prof A. Decelis
Tuesday	21st	6.10pm - 8.00pm	f2f	IPES	PHE 0101 First Aid		Dr. D. Bonello Spiteri
Wednesday	22nd		VLE PPP		PHE 0101 Fitness & Assessment		Dr. D. Bonello Spiteri
Thursday	23rd	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Leadership in Coaching & Code of ethics		Prof A. Decelis
Tuesday	28th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Principles of Training		Mr. L. Calleja
Wednesday	29th		VLE PPP		PHE 0102 Adapting the game		Dr. I. Riolo
Thursday	30th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Strength & Conditioning (S&C)		Ms Brenda Muscat
	NOVEMBER						
Tuesday	4th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Nutrition		Ms. L. Gerada
Wednesday	5th		VLE PPP		PHE 0103 Assessment & profiling		Dr. I. Riolo
Thursday	6th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Learning process/ Domains		Prof A. Decelis
Tuesday	11th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Self Confidence & Esteem		Dr. A. Muscat
Wednesday	12th		VLE PPP		PHE 0101 The Human Body		Dr Bonello Spiteri
Thursday	13th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Using the medium of sport to help build the character		Mr Herman Bugeja
Tuesday	18th						
Wednesday	19th		Online		PHE 0102 Risk Assessment		Prof A. Decelis
Thursday	20th	5.00pm - 8.00pm	VLE PPP		PHE 0102 Practical Coaching		Dr I Riolo
Tuesday	25th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 LTAD theory lecture		Dr Ivan Riolo
Thursday	27th	5.00pm - 8.00pm	f2f	Lotta room	PHE 0102 MGP LTAD (FUNdamental stage) Practical workshop		Dr. I. Riolo
	DECEMBER						
Tuesday	2nd	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Adapted sport		Prof Joseph Grima
Thursday	4th	5.00pm - 7.00pm	f2f	IPES	PHE 0103 Adapted Sport		Prof Joseph Grima
Tuesday	9th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Child Protection		Prof A. Decelis
Thursday	11th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 (MGP) Competitive readiness		Dr. I. Riolo
Tuesday	16th	5.00pm - 8.00pm	f2f	Lotta Room	PHE 0104 Micro coaching session (i) Coaching workshop (Practical)		Dr I Riolo
Wednesday	17th		VLE PPP		PHE 0102 The Child		Dr Bonello Spiteri
Thursday	18th	5.00pm - 8.00pm	f2f	Lotta Room	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids athletics		Ms Charlene Attard
	JANUARY						
Tuesday	6th	5.00pm - 8.00pm	f2f	Lotta Room	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids athletics		Ms Charlene Attard
Thursday	8th	5.00pm - 8.00pm	f2f	2 hrs theory 1 hr practical	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Gymnastics		Ms Juleanne Vassallo
Tuesday	13th	5.00pm - 8.00pm	f2f	Sports Hall	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Gymnastics		Ms. Juleanne Vassallo
Thursday	15th	5.00pm - 8.00pm	f2f	IPES	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Swimming		Ms Isabelle Zarb