

Implications of

working to a goal of fostering

Physical Literacy in All



Motivation



Confidence



Physical Competence



Knowledge and Understanding



Valuing



Taking responsibility

Motivation will be promoted if teachers:-

- **Are enthusiastic**
- **Encourage all learners**
- **Use praise as appropriate with all learners**
- **Facilitate learning by e.g. good organisation, clearly explained learning episodes, use of mastery learning, differentiation, setting appropriate tasks**
- **Ensure sufficient time is given to establish learning**
- **Select and use the most effective feedback to individuals**

Confidence will be promoted if teachers:-

- **Adopt a 'can do' approach to all learners**
- **Are optimistic, and have high (but realistic) standards**
- **Ensure all are appropriately challenged**
- **Recognise/reward achievement, progress, application and effort**
- **Ensure all learners feel secure in the learning environment**
- **Provide opportunities to devolve responsibility to learners**

Movement competence will be promoted if teachers

- **Employ differentiation techniques wherever possible**
- **Use mastery learning approaches**
- **Provide sufficient time for practice**
- **Ensure valid feedback from teacher, partner or self**
- **Use assessment for learning**
- **Always apply skills to an activity context**

With reference to movement -- Knowledge and Understanding will be promoted if teachers

- **Use a wide vocabulary to describe and evaluate movement and encourage learners to use this vocabulary**
- **Create posters and handouts using vocabulary**
- **Use vocabulary appropriate to age/experience of learners**

With reference to the benefits/value of movement -- Knowledge and Understanding will be promoted if teachers

- **Introduce and discuss this information alongside the relevant movement/activity**
- **Tailor information to age/experience of learners**

Valuing Physical Activity will be promoted if teachers ensure that learners:-

- **Experience success, satisfaction, enjoyment**
- **Grow in self confidence and assurance**
- **Have positive/ meaningful experiences**
- **Experience the benefits of physical activity**
- **‘Read’ from the teacher’s self-presentation that physical activity is a worthwhile pursuit**

Taking responsibility will be promoted if teachers:-

- **Provide open ended situations/tasks, e.g. discovery and problem solving situations/tasks**
- **Allow learners to set their own goals**
- **Allow learners to evaluate achievement and progress**
- **Devolve responsibility to learners**
- **Offer and discuss choices**
- **Involve learners in lesson/unit planning and evaluation**
- **Genuinely appreciate the learners' point of view**

Plan/teach

How you present yourself (lesson ambience)