

European Sport Leadership Programme (ESLP) Multiplier Event

The Institute for Physical Education and Sport held the *European Sport Leadership Programme* on-line multiplier event on Monday, 22nd May 2020. All local stakeholders in sport attended this dissemination meeting. These included representatives from the Parliamentary Secretariat for Sport & VO, SportMalta, Malta Olympic Committee, National Sport School, MEDE Centre for Physical Education, various sports associations, and foreign participants.

The aims of the ESLP project were to improve the governance of University sport across European Universities, to increase student sport participation and to raise awareness about the added value of sport and physical activity on personal and professional development of students. During this project, five sports were selected and delivered by ten sport leaders, aiming to provide new recreational activities for the university students and targeting those who were either new to that sport, inactive or semi-active.

In this project, Sport Leaders formed part of a *Careers and Mentoring programme* aimed to enhance their personal and professional development, thus increasing their employability. Training and development was delivered during four workshops which included preparation for an interview, writing a CV and a covering letter and attending a mock interview. Employer mentors also supported the sport leaders in the different phases of the project. This project was coordinated by Dr Andrew Decelis and Mr Oliver Mallia.

