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Lecturer	Areas of Interest	Mobile Number	Email Address
Attard Charlene	Social and business aspect of sports management • Marketing Economics of sport	79303899	charleneattard@gmail.com
Attard Karl	• Professional Development of Teachers • Narrative Analysis • Reflective Practice and its impact on Professional Practice • Mentoring • Teacher Education	79254469	karl.attard@um.edu.mt
Attard Karl	• Strength & Conditioning (in particular physical preparation in football) • Physical Development in Youths • Football (including women's football)		karl.attard@mfa.com.mt
Attard Lucienne	• Sports injuries • First aid • Physiology • Nutrition • Use of supplements in sports • Ergogenic aids • Prevention of injuries • Doping in sports • Female athletes • Women in sports • Pre exercise screening		lucienne.attard@um.edu.mt
Abela Craus Tania	• Mentoring • Physical Education in schools • Netball		taniaac91@gmail.com
Abela Sean	• Neuromuscular Function • Exercise Physiology • Sport Biomechanics • Exercise Therapy		seanabela@icloud.com
Azzopardi Kevin Joseph	• Physical Education		kevin.joseph.azzopardi@ilearn.edu.mt
Azzopardi David	• Sports Management		davidazzo@gmail.com
Bianchi Danica	• Sports nutrition • Nutrition Supplements • Protein • Carbohydrates • Nutrition and training adaptations • Weight management		danica1311@hotmail.com
Borg Doris	• Gymnastics • Assessing Physical Activity in general • PE		dorisorborg@gmail.com
Borg Martin	• Outdoor Education • Water safety		mborg01@um.edu.mt
Borg Norbert	• Physical Activity and Exercise measures -Promotion and intervention. Basketball		nborg@hotmail.com
Bonello Spiteri Danica	• Sports & Exercise medicine • Biomechanics of movement • Injuries and injury prevention • Exercise induced asthma • Triathlon/cycling/running/swimming		danica_spiteri@hotmail.com

Calleja Leandros	<ul style="list-style-type: none"> • Sports medicine and rehab • Sports science including biomechanics • Coaching including periodisation and planning • Physical training including personal training, team Physical Training, etc. 	79400200	leandros.calleja@gov.mt
Calleja Paul	<ul style="list-style-type: none"> • Obesity • Health and physical activity promotion (public health) • planetary health (environmental psychology & green exercise) 	79903340	paulcalleja90@gmail.com
Camilleri Maria	<ul style="list-style-type: none"> •Physical Education in general •Educational Dance 		marca2@go.net.mt
Camenzuli Charles	<ul style="list-style-type: none"> •New media, Challenges and Development •History and Historical Aspect of Sport in Malta •The development of Sport Media in Malta •Aspects of Olympism 		charles.camenzuli@gmail.com
Cassar Pierre	<ul style="list-style-type: none"> •Media and Sports 		pierre.cassar@um.edu.mt
Consiglio John	<ul style="list-style-type: none"> • Economics of Sport •Economic history of Sport 		johnaconsiglio@icloud.com
Chetcuti Angelo	<ul style="list-style-type: none"> • Sport law 	99438281	angelochetcuti@gmail.com
Cortis Karl	<ul style="list-style-type: none"> •Physical Education in Schools •Outdoor Education •Assessment •Formative Assessment 		karlcortis@gmail.com
Cassar Jeremy	<ul style="list-style-type: none"> • Football at Grassroots Level • Competitive Football • Coaching • Use of Technology in PE • Teaching PE in Secondary Schools (General / SEC) 		jcassar@stellamaris.edu.mt
Chircop Ramon	<ul style="list-style-type: none"> • Hockey 		rchir02@um.edu.mt
Dapi Genc	<ul style="list-style-type: none"> • Athletics 		g.dapi73@gmail.com
Darmanin Andrew	<ul style="list-style-type: none"> • PE teaching in schools 	79204770	adarm01@um.edu.mt
Decelis Andrew	<ul style="list-style-type: none"> • Physical activity measurement, promotion and intervention • Sedentary Behaviour • Obesity prevalence • Physical literacy and fundamental movement skills • Physical Education teacher training 	99451314	andrew.decelis@um.edu.mt
Desira Ennio	<ul style="list-style-type: none"> •Ball games •Teamwork •Collaboration •Primary •Secondary PE 		ennio.desira@ilearn.edu.mt
Dimech Roseann	<ul style="list-style-type: none"> • Teachers' attitude • Mixed ability teaching • Tennis 	79876935	roseann.dimech@um.edu.mt
Dimech Amanda	<ul style="list-style-type: none"> • Sport psychology • Sport psychology and intellectual disability •Special Olympics and paralympics • Qualitative research • Unified Sports •Inclusion in Sports 	79465741	afarrugia5@gmail.com
Falzon John	<ul style="list-style-type: none"> •Assessment for learning in Physical Education •Leadership and change •Addressing barriers in the implementation of Physical Education at micro, macro and meso levels •Establishing Professional learning communities 		falzonjas@gmail.com

Farrugia Nicholas	<ul style="list-style-type: none"> •Sport Psychology •Athletic Success & Achievement •Talent Development •PE in Schools • Outdoor Education •Sporting Values & Holistic Development • Foundations of Athletic Programs (from grassroots to elite) • Student-Athletes 	77001011	nicholas.farrugia.18@um.edu.mt
Fenech David	<ul style="list-style-type: none"> • Exercise Physiology • Lab and Field Testing in Sports • PE Teaching • Football and Physical Training. 		fenechdavid@hotmail.com
Formosa Ramon	<ul style="list-style-type: none"> •Physical Education within the primary sector •How to include core subjects within the PE curriculum •Models based practice 		ramonsprint@gmail.com
Formosa Rosanne	<ul style="list-style-type: none"> •Resilience & Mental Toughness •Social Identification and Sports •Psychological Interventions and topics in Applied Sport & Exercise Psychology •Performance under pressure • Mental Skills for Sports and Exercise 	79827483	rosanneformos@yahoo.co.uk
Galea Dermot	<ul style="list-style-type: none"> • Endurance • Periodisation • Peaking • Sports Management (through experience) • Exercise Physiology 	99280282	cycmosta@yahoo.com
Galea Romina	•Sports Nutrition/Exercise Science	79210686	romina.galea@um.edu.mt
Gatt Rose Ann	<ul style="list-style-type: none"> • Dance • Health Related Fitness • Fitness 	79408547	jazzdance08@gmail.com
Gatt Anna Maria	<ul style="list-style-type: none"> • Professional development for P.E. teachers and teachers • Differentiated teaching • Teaching games and teaching gymnastics • Teaching examined physical education • Teaching PE at primary level 	79680066	agatt11@hotmail.com
Gerada Lara	• Nutrition		Laragerada@hotmail.com
Grech Andy	<ul style="list-style-type: none"> • Marketing in Sport • Elite Sport • Sport Culture • Sport Policy and Governance • Sociology of Sport • Sport Strategy and Development 	99018557	andy.grech7@gmail.com
Grima Godfrey	<ul style="list-style-type: none"> • Research related to football (soccer) • Research related to human anatomy • Research related to sports performance 	99469017	biggona@yahoo.co.uk
Lia Michela	<ul style="list-style-type: none"> • Competitive anxiety/choking • Mental resilience • Mental skills (imagery, goal-setting, self-talk, mindfulness, relaxation, coping styles) • Motivation • Self-Determination Theory • Transitions in sport • Personality in sport • Social support in sport • Team cohesion • Psychology of Sport Injuries • Exercise psychology (benefits of engaging in exercise) 		michela.lia1997@gmail.com

Mallia Sharon	<ul style="list-style-type: none"> •Functional exercise training •Diversity, Inclusion and Adapted Coaching •Exercise and Physical Activity in older adults 		sharon.a.mallia@gov.mt
Mamo Rachel	Student-athletes and dual career experiences Mental skills training Athlete well-being and performance enhancement Gymnastics		rachelmamo@icloud.com
Micallef Stafrace Kirill	<ul style="list-style-type: none"> • Exercise prescription for health/ exercise is medicine • Sport injury prevention and management • Sports nutritional supplements and performance • Physical inactivity and obesity pandemic 		kirill.micallef-stafrace@um.edu.mt
Muscat Adele	<ul style="list-style-type: none"> • Sport psychology (In particular football psychology) • Migration of athletes • Dual careers in sport • Socio-psychological perspectives in sport 	99403166	amusc01@um.edu.mt
McCarthy Nigel	•Strength and Conditioning		nigelmccarthy89@gmail.com
Micallef Erika	<ul style="list-style-type: none"> •PE in Primary and Secondary Education • Gifted Education (Gifted and talented students and Physical Education) •Twice-exceptional Learners in PE (students who are both gifted and challenged simultaneously) •Special Needs •Dyspraxia • Cross-curricular learning • Outdoor Play 		fesfes@hotmail.com
Mifsud Maria	<ul style="list-style-type: none"> • Event organisation • Grassroots development strategies • Social responsibility programs 	79468517	mariamifsud20@gmail.com
Mifsud Ralph	<ul style="list-style-type: none"> • Athletics • Fitness 		ralph.mifsud@um.edu.mt
Portelli Matthew	Exercise Psychology Stress and performance anxiety in sport Pressure and coping mechanisms in sport Mental Wellbeing in Sport Performing under pressure and skill breakdown (Clutch vs Choking) Coaching		mattport281@gmail.com
Porter Mariella	<ul style="list-style-type: none"> • Sports Nutrition • Paediatric Nutrition • Food allergies and Intolerances • Eating Behaviour •Disordered Eating 	79334628	m.mariella.porter@gmail.com
Riolo Ivan	<ul style="list-style-type: none"> • Physical Education & Pedagogy • Social aspects of sport • Examined PE (SEC & IM) •Children and sport •Value based teaching and Learning 	79486255	ivan.riolo@um.edu.mt
Sammut Luigi	• Exercise Physiology / Sports Science	79990219	luigi.sammuto@um.edu.mt
Sant Bernice	<ul style="list-style-type: none"> • Performance anxiety • Mindfulness • Resilience • Injuries • Rehabilitation • Acceptance-commitment-therapy • Physical activity motivation and behaviour • Behaviour change • Self-reflection and self-determination theory 		bernice.sant@hotmail.com

Sciberras Joe	• Nutrition (In particular Ergogenic Aids)		sciberras.n.joseph@gmail.com
Sciberras Nathan	Football/Competitive Football Football at Grassroots level Sports Psychology (football related) Mental skills for sport and exercise (imagery, goal setting, self-talk, relaxation, mindfulness, coping styles) Psychological interventions in applied sport and exercises psychology Mental resilience The influence of parents on children in grassroots football		nathan.sciberras@hotmail.com
Spiteri Martha	Sport and Exercise Psychology The Student-Athlete Experience and dual career management Performance under pressure and psychological resilience The Coach's impact on athlete development and wellbeing The use of psychological interventions (i.e. visualisation and self-talk) to enhance performance Motivation and goal-setting in individual sport (athletics in particular)		martha.spiteri2002@gmail.com
Spiteri Marvin	• Physical Education • Behaviour Management • SEBD Social, Emotional, Behaviour Difficulties • Teaching in Primary Schools		marvin.spiteri@ilearn.edu.mt
Tabone Samantha	• Skill acquisition in sport • Sport Psychology which entails various topics such as imagery, concentration, self-talk, competitive anxiety, concentration and relaxation etc... • Physical activity and self-esteem • Models of behaviour change • Physical activity and mental health • Mini basketball and basketball • Sport Fans	79290352	samantha.tabone@yahoo.com
Tonna Grima Lara	• PE Curriculum and Schooling • Primary Physical Education • Physical Literacy • Movement in the Early Years • PE-for-Health Pedagogy • PE and Sport Policy • Teaching Diverse Learners and Inclusive Education • Olympic Education • Historical Aspects of PE, Sport & Leisure • Youth Development • Volunteering • Leadership • Enhancing Education through Multiple Intelligences	99452602	lara.tonna@um.edu.mt
Tonna Ian	• Physiological Exercise Testing • Sports Injuries: Scientific Basis of Prevention and Rehabilitation - especially ACL • Ergogenic Aids for Exercise Performance • The World Class Athlete in maximising Performance. • GPS systems (especially in football) to maximise performance and reduce injuries.	99253724	ian_tonna@hotmail.com

Triganza Scott Andrew	<ul style="list-style-type: none"> • HR • Management • Communications • Marketing • Planning 	99262674	atscott@hotmail.com
Vella Leona	<ul style="list-style-type: none"> • Student centred/ Player centred pedagogies in education and/or in sports activities. • Assessment for learning in primary education and/or physical education. • Primary Physical education in government schools. 		leona.vella.820@gmail.com
Vella Michelle	<ul style="list-style-type: none"> • Daily Mile project in Maltese schools (B.Sc and MTL dissertations) • Coaching and judging Artistic Gymnastics • Educational gymnastics • PE in Primary schools (gaining experience in an all-girls primary school) • Physical activity initiatives in schools 		michelle.vella20@gmail.com
Vella Fondacaro Daniel	<ul style="list-style-type: none"> • Sports and exercise in young people • Interventional psychological studies in athletes • Service development in sports and exercise psychology 		dan.vella.fondacaro@gmail.com
Zammit Ronald	<ul style="list-style-type: none"> • Strength and Conditioning • Fitness 		ronzammit@gmail.com
Zarb Isabelle	<ul style="list-style-type: none"> • Swimming (pool and open water: competitive, participation or leisure) • Coaching • Teaching 	79829391	izzyzarb64@gmail.com