

UNIVERSITY OF MALTA
INSTITUTE FOR PE AND SPORT
Dissertation Committee

Supervisors and Areas of Interest

Updated: 23.02.24

Lecturer	Areas of Interest	Mobile Number	Email Address
Attard Charlene	<ul style="list-style-type: none"> • Social and business aspect of sports management • Marketing • Economics of sport 	79303899	charleneattard@gmail.com
Attard Karl	<ul style="list-style-type: none"> • Professional Development of Teachers • Narrative Analysis • Reflective Practice and its impact on Professional Practice • Mentoring • Teacher Education 	79254469	karl.attard@um.edu.mt
Attard Karl	<ul style="list-style-type: none"> • Strength & Conditioning (in particular physical preparation in football) • Physical Development in Youths • Football (including women's football) 		karl.attard@mfa.com.mt
Attard Lucienne	<ul style="list-style-type: none"> • Sports injuries • First aid • Physiology • Nutrition • Use of supplements in sports • Ergogenic aids • Prevention of injuries • Doping in sports • Female athletes • Women in sports • Pre exercise screening 		lucienne.attard@um.edu.mt
Andolfi Erica	<ul style="list-style-type: none"> • Inclusion 		exm@onvol.net
Abela Tania	<ul style="list-style-type: none"> • Mentoring • Physical Education in schools • Netball 		taniaac91@gmail.com
Abela Sean	<ul style="list-style-type: none"> • Neuromuscular Function • Exercise Physiology • Sport Biomechanics • Exercise Therapy 		seanabela@icloud.com
Azzopardi Kevin Joseph	<ul style="list-style-type: none"> • Physical Education 		kevin.joseph.azzopardi@ilearn.edu.mt
Azzopardi David	<ul style="list-style-type: none"> • Sports Management 		davidazzo@gmail.com
Bianchi Danica	<ul style="list-style-type: none"> • Sports nutrition • Nutrition Supplements • Protein • Carbohydrates • Nutrition and training adaptations • Weight management 		danica1311@hotmail.com
Borg Doris	<ul style="list-style-type: none"> • Gymnastics • Assessing Physical Activity • PE in general 		dorisborg@gmail.com
Borg Martin	<ul style="list-style-type: none"> • Outdoor Education • Water safety 		mborg01@um.edu.mt
Borg Norbert	<ul style="list-style-type: none"> • Physical Activity and Exercise. 		nborg@hotmail.com

Bonello Spiteri Danica	<ul style="list-style-type: none"> • Sports & Exercise medicine • Biomechanics of movement • Injuries and injury prevention • Exercise induced asthma • Triathlon/cycling/running/swimming 		danica_spiteri@hotmail.com
Calleja Leandros	<ul style="list-style-type: none"> • Sports medicine and rehab • Sports science including biomechanics • Coaching including periodisation and planning • Physical training including personal training, team Physical Training, etc. 	79400200	leandros.calleja@gov.mt
Calleja Paul	<ul style="list-style-type: none"> • Obesity • Health and physical activity promotion (public health) • planetary health (environmental psychology & green exercise) 	79903340	paulcalleja90@gmail.com
Camilleri Maria	<ul style="list-style-type: none"> •Physical Education in general •Educational Dance 		marca2@go.net.mt
Camenzuli Charles	<ul style="list-style-type: none"> •New media, Challenges and Development •History and Historical Aspect of Sport in Malta •The development of Sport Media in Malta •Aspects of Olympism 		charles.camenzuli@gmail.com
Cassar Pierre	<ul style="list-style-type: none"> •Media and Sports 		pierre.cassar@um.edu.mt
Consiglio John	<ul style="list-style-type: none"> • Economics of Sport •Economic history of Sport 		johnaconsiglio@icloud.com
Chetcuti Angelo	<ul style="list-style-type: none"> • Sport law 	99438281	angelochetcuti@gmail.com
Cortis Karl	<ul style="list-style-type: none"> •Physical Education in Schools •Outdoor Education •Assessment •Formative Assessment 		karlcortis@gmail.com
Cassar Jeremy	<ul style="list-style-type: none"> • Football at Grassroots Level • Competitive Football • Coaching • Use of Technology in PE • Teaching PE in Secondary Schools (General / SEC) 		jcassar@stellamaris.edu.mt
Chircop Ramon	<ul style="list-style-type: none"> • Hockey 		rchir02@um.edu.mt
Dapi Genc	<ul style="list-style-type: none"> • Athletics 		g.dapi73@gmail.com
Darmanin Andrew	<ul style="list-style-type: none"> • PE teaching in schools 	79204770	adarm01@um.edu.mt
Decelis Andrew	<ul style="list-style-type: none"> • Physical activity measurement, promotion and intervention • Sedentary Behaviour • Obesity prevalence • Physical literacy and fundamental movement skills • Physical Education teacher training 	99451314	andrew.decelis@um.edu.mt

Desira Ennio	<ul style="list-style-type: none"> •Ball games •Teamwork •Collaboration •Primary •Secondary PE 		ennio.desira@ilearn.edu.mt
Dimech Roseann	<ul style="list-style-type: none"> • Teachers' attitude • Mixed ability teaching • Tennis 	79876935	roseann.dimech@um.edu.mt
Dimech Amanda	<ul style="list-style-type: none"> • Sport psychology • Sport psychology and intellectual disability • Special Olympics and paralympics • Qualitative research • Unified Sports • Inclusion in Sports 	79465741	afarrugia5@gmail.com
Falzon John	<ul style="list-style-type: none"> • Assessment for learning in Physical Education • Leadership and change • Addressing barriers in the implementation of Physical Education at micro, macro and meso levels • Establishing Professional learning communities 		falzonjas@gmail.com
Farrugia Nicholas	<ul style="list-style-type: none"> • Sport Psychology • Athletic Success & Achievement • Talent Development • PE in Schools • Outdoor Education • Sporting Values & Holistic Development • Foundations of Athletic Programs (from grassroots to elite) • Student-Athletes 	77001011	nicholas.farrugia.18@um.edu.mt
Formosa Ramon	<ul style="list-style-type: none"> • Physical Education within the primary sector • How to include core subjects within the PE curriculum • Models based practice 		ramonsprint@gmail.com
Formosa Rosanne	<ul style="list-style-type: none"> • Resilience & Mental Toughness • Social Identification and Sports • Psychological Interventions and topics in Applied Sport & Exercise Psychology • Performance under pressure • Mental Skills for Sports and Exercise 	79827483	rosanneformos@yahoo.co.uk
Galea Dermot	<ul style="list-style-type: none"> • Endurance • Periodisation • Peaking • Sports Management (through experience) • Exercise Physiology 	99280282	cycmosta@yahoo.com
Galea Romina	<ul style="list-style-type: none"> • Sports Nutrition/Exercise Science 	79210686	romina.galea@um.edu.mt
Gatt Rose Ann	<ul style="list-style-type: none"> • Dance • Health Related Fitness • Fitness 	79408547	jazzdance08@gmail.com

Gatt Anna Maria	<ul style="list-style-type: none"> • Professional development for P.E. teachers and teachers • Differentiated teaching • Teaching games and teaching gymnastics • Teaching examined physical education • Teaching PE at primary level 	79680066	agatt11@hotmail.com
Gerada Lara	<ul style="list-style-type: none"> • Nutrition 		Laragerada@hotmail.com
Grech Andy	<ul style="list-style-type: none"> • Marketing in Sport • Elite Sport • Sport Culture • Sport Policy and Governance • Sociology of Sport • Sport Strategy and Development 	99018557	andy.grech7@gmail.com
Grima Godfrey	<ul style="list-style-type: none"> • Research related to football (soccer) • Research related to human anatomy • Research related to sports performance 	99469017	biggona@yahoo.co.uk
Lia Michela	<ul style="list-style-type: none"> • Competitive anxiety/choking • Mental resilience • Mental skills (imagery, goal-setting, self-talk, mindfulness, relaxation, coping styles) • Motivation • Self-Determination Theory • Transitions in sport • Personality in sport • Social support in sport • Team cohesion • Psychology of Sport Injuries • Exercise psychology (benefits of engaging in exercise) 		michela.lia1997@gmail.com
Mallia Sharon	<ul style="list-style-type: none"> • Functional exercise training • Diversity, Inclusion and Adapted Coaching • Exercise and Physical Activity in older adults 		sharon.a.mallia@gov.mt
Micallef Stafrace Kirill	<ul style="list-style-type: none"> • Exercise prescription for health/ exercise is medicine • Sport injury prevention and management • Sports nutritional supplements and performance • Physical inactivity and obesity pandemic 		kirill.micallef-stafrace@um.edu.mt
Muscat Adele	<ul style="list-style-type: none"> • Sport psychology (In particular football psychology) • Migration of athletes • Dual careers in sport • Socio-psychological perspectives in sport 	99403166	amusc01@um.edu.mt
McCarthy Nigel	<ul style="list-style-type: none"> • Strength and Conditioning 		nigelmcCarthy89@gmail.com

Micallef Erika	<ul style="list-style-type: none"> • PE in Primary and Secondary Education • Gifted Education (Gifted and talented students and Physical Education) • Twice-exceptional Learners in PE (students who are both gifted and challenged simultaneously) • Special Needs • Dyspraxia • Cross-curricular learning • Outdoor Play 		fesfes@hotmail.com
Mifsud Maria	<ul style="list-style-type: none"> • Event organisation • Grassroots development strategies • Social responsibility programs 	79468517	mariamifsud20@gmail.com
Mifsud Ralph	<ul style="list-style-type: none"> • Athletics • Fitness 		ralph.mifsud@um.edu.mt
Pulis Paul	<ul style="list-style-type: none"> • History and Philosophy of Sport 	79619876	paul53pulis@gmail.com
Riolo Ivan	<ul style="list-style-type: none"> • Physical Education & Pedagogy • Social aspects of sport • Examined PE (SEC & IM) • Children and sport • Value based teaching and Learning 	79486255	ivan.riolo@um.edu.mt
Sammut Luigi	<ul style="list-style-type: none"> • Exercise Physiology / Sports Science 	79990219	luigi.sammuto@um.edu.mt
Sant Bernice	<ul style="list-style-type: none"> • Performance anxiety • Mindfulness • Resilience • Injuries • Rehabilitation • Acceptance-commitment-therapy • Physical activity motivation and behaviour • Behaviour change • Self-reflection and self-determination theory 		bernice.sant@hotmail.com
Sciberras Joe	<ul style="list-style-type: none"> • Nutrition (In particular Ergogenic Aids) 		sciberras.n.joseph@gmail.com
Spiteri Marvin	<ul style="list-style-type: none"> • Physical Education • Behaviour Management • SEBD Social, Emotional, Behaviour Difficulties • Teaching in Primary Schools 		marvin.spiteri@ilearn.edu.mt
Tabone Samantha	<ul style="list-style-type: none"> • Skill acquisition in sport • Sport Psychology which entails various topics such as imagery, concentration, self-talk, competitive anxiety, concentration and relaxation etc... • Physical activity and self-esteem • Models of behaviour change • Physical activity and mental health • Mini basketball and basketball • Sport Fans 	79290352	samantha.tabone@yahoo.com

Tonna Lara	<ul style="list-style-type: none"> •PE Curriculum and Schooling • Primary Physical Education •Physical Literacy •Movement in the Early Years •PE-for-Health Pedagogy •PE and Sport Policy •Teaching Diverse Learners and Inclusive Education •Olympic Education •Historical Aspects of PE, Sport & Leisure •Youth Development •Volunteering •Leadership •Enhancing Education through Multiple Intelligences 	99452602	lara.tonna@um.edu.mt
Tonna Ian	<ul style="list-style-type: none"> • Physiological Exercise Testing • Sports Injuries: Scientific Basis of Prevention and Rehabilitation - especially ACL • Ergogenic Aids for Exercise Performance • The World Class Athlete in maximising Performance. • GPS systems (especially in football) to maximise performance and reduce injuries. 	99253724	ian_tonna@hotmail.com
Triganza Scott Andrew	<ul style="list-style-type: none"> • HR • Management • Communications • Marketing • Planning 	99262674	atscott@hotmail.com
Vella Michelle	<ul style="list-style-type: none"> • Daily Mile project in Maltese schools (B.Sc and MTL dissertations) •Coaching and judging Artistic Gymnastics •Educational gymnastics •PE in Primary schools (gaining experience in an all-girls primary school) •Physical activity initiatives in schools 		michelle.vella20@gmail.com
Vella Fondacaro Daniel	<ul style="list-style-type: none"> • Sports and exercise in young people • Interventional psychological studies in athletes • Service development in sports and exercise psychology 		dan.vella.fondacaro@gmail.com
Zammit Ronald	<ul style="list-style-type: none"> • Strength and Conditioning •Fitness 		ronzammit@gmail.com
Zarb Isabelle	<ul style="list-style-type: none"> • Swimming (pool and open water: competitive, participation or leisure) • Coaching • Teaching 	79829391	izzyzarb64@gmail.com
Porter Mariella	<ul style="list-style-type: none"> • Sports Nutrition • Paediatric Nutrition • Food allergies and Intolerances • Eating Behaviour • Disordered Eating 	79334628	m.mariella.porter@gmail.com