L-Università ta' Malta
Institute for Physical Education & Sport

					Foundations Of Coaching Award 2026 - 2027	
DAY	**OCTOBER**	**TIME**	**MODE**	**VENUE**	**Topic/theme/area**	**LECTURERS**
TUESDAY	6th	6.00pm - 7.00pm	f2f	IPES	Meeting with students	Dr. I.Riolo
THURSDAY	8th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Principles of Training	Mr. L. Calleja
MONDAY	*12th*	*5.00pm - 8.00pm*	*VLE PPP*		*PHE 0101 Injury prevention/ Recovery*	*Dr. D. Bonello Spiteri*
TUESDAY	13th	5.00pm - 8.00pm	*F2F*	IPES	PHE 0103 Session & Season planning	Dr. I. Riolo
WEDNESDAY	*14th*		*VLE PPP*		PHE 0101 Fitness & Assessment	*Dr. D. Bonello Spiteri*
THURSDAY	15th	7.00pm - 8.00pm	f2f	IPES	PHE 0103 Coaching philosophy & Styles	Prof A. Decelis
TUESDAY	20th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 First Aid	Dr. D. Bonello Spiteri
WEDNESDAY	*21st*	*5.30pm – 6.30pm*	*Online*		*PHE 0101 Online Q&A*	*Dr. D. Bonello Spiteri*
THURSDAY	22nd	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Communication	Prof A. Decelis
MONDAY	*26th*	*7.00pm - 8.00pm*	*Online*		*PHE 0101 ONLINE Q&A*	*Dr Bonello Spiteri*
TUESDAY	27th	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Leadership in Coaching & Code of ethics	Prof A. Decelis
THURSDAY	29th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Strength & Conditioning (S&C)	Ms Brenda Muscat
Observations	***Nov- Feb***					
	NOVEMBER					
MONDAY	*2nd*		*VLE PPP*		*PHE 0102 Adapting the game*	*Dr. I. Riolo*
TUESDAY	3rd	5.00pm - 8.00pm	f2f	IPES	PHE 0102 (MGP) Competitive readiness	Dr. I. Riolo
THURSDAY	5th	5.00pm - 8.00pm	f2f	IPES	*PHE 0103* Sport Integrity (AIMS)	Mr A. Grech
TUESDAY	10th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Self Confidence & Esteem	Ms Samantha Tabone
THURSDAY	*12th*	*5.00pm - 8.00pm*	*VLE PPP*		*PHE 0102 Risk Assessment*	*Prof A. Decelis*
MONDAY	*16th*		*VLE PPP*		*PHE 0101 The Human Body*	*Dr Bonello Spiteri*
TUESDAY	17th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Learning process/Domains	Prof Andrew Decelis
THURSDAY	19th	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Adapted sport	Prof Joseph Grima
TUESDAY	24th	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Nutrition	Ms. L. Gerada
WEDNESDAY	25th		VLE PPP	IPES	PHE 0102 Practical Coaching	Prof A. Decelis
THURSDAY	*26th*	*5.00pm – 8.00pm*			*PHE 0103 Using the medium of sport to help build character*	*Mr Herman Bugeja*

	DECEMBER					
TUESDAY	1st	5.00pm - 8.00pm	f2f	IPES	PHE 0101 Principles of training	Mr Leandros calleja
THURSDAY	3rd	5.00pm - 8.00pm	f2f	Lotta room	PHE 0102 MGP LTAD (FUNdamental stage) Practical workshop	Dr. I. Riolo
TUESDAY	15th	5.00pm - 8.00pm	f2f	IPES	PHE 0104 Micro coaching session (i) Coaching workshop (Practical)	Dr I Riolo
THURSDAY	17th	5.00pm - 8.00pm	f2f	Sports Hall	PHE 0104 Introduction to use of technology in Sport	Mr Karl Cortis
	JANUARY					
TUESDAY	5th	5.00pm - 8.00pm	f2f	IPES	PHE 0102 Child Protection	Prof A. Decelis
THURSDAY	7th	5.00pm - 8.00pm	f2f	IPES	PHE 0103 Adapted Sport	Prof Joseph Grima
TUESDAY	12th	5.00pm - 8.00pm	f2f	IPES	PHE 0104 Practical coaching (mini games & young participants Theory)	Dr Ivan Riolo
THURSDAY	*14th*		*VLE PPP*		*PHE 0102 The Child*	*Dr Bonello Spiteri*
TUESDAY	19th	5.00pm - 8.00pm	f2f	Lotta Room	PHE 0111 Teaching & Coaching Kids athletics	Ms Charlene Attard
WEDNESDAY	*21st*		*Online*		*PHE 0101 ONLINE Q & A The child and and The Human Body*	*Dr Danica Bonello*
THURSDAY	21st	5.00pm - 8.00pm	f2f	Lotta Room	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids athletics	Ms Charlene Attard
TUESDAY	26th	5.00pm - 8.00pm	f2f	2 hrs th 1 hr pr	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Gymnastics	Ms Juleanne Vassallo
THURSDAY	28th	5.00pm - 8.00pm	f2f	Sports Hall	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Gymnastics	Ms. Juleanne Vassallo
	FEBRUARY					
TUESDAY	2nd	5.00pm - 8.00pm	f2f	IPES	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Swimming	Ms Davina Mangion
THURSDAY	4th	5.00pm - 8.00pm	f2f	Sports Hall	PHE 0111 Practical Coaching & Placement Teaching & Coaching Kids Swimming	Ms Davina Mangion